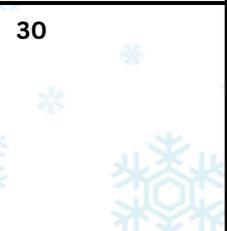


Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Italian Dunkers or Dill Flavored Chicken Patty Sweet Potatoes Fries	2 General Tso Chicken Bowl or Ham & Cheese Panini Steamed Broccoli	3 Lasagna Roll Ups w/ Sliced Bread or Boneless Wings Mixed Vegetables	4 Hot Turkey Sandwich w/ Gravy or Chicken Tenders w/ Sliced Bread Mashed Potatoes w/ Gravy	5 Beef & Cheese Loaded Fries or Popcorn Chicken w/ Rice Refried Beans
8 Chicken Parm w/ Pasta or Bacon Cheeseburger on a Bun Oven Roasted Carrots	9 Salisbury Steak w/ Gravy & Noodles or Chiptole Chicken Flatbread Mashed Potatoes w/ Gravy	10 BBQ Pork Quesadilla or Buffalo Grilled Chicken Sandwich BBQ Baked Beans	11 Sweet & Spicy Chicken Bowl or Ciabatta Hot Ham & cheese Steamed Corn	12 Baked Penne w/ Garlic Toast or General Tso Chicken sandwich Steamed Green Beans
15 Chicken & Waffles or BBQ Rib on a Roll Crispy Tater Tots	16 Beef & Cheese Nachos w/ Sliced Bread or Buffalo Chicken Panini Refried Beans	17 Popcorn Chicken Bowl w/ Sliced bread or Jalapeno Grilled Cheese Sandwich Golden Corn	18 Baked ham w/ Sliced bread or Hawaiian Burger on a Bun Mashed Potatoes w/ Gravy Chocolate Chip Cookie	19 Pepperoni Pizza Mac & Cheese w/ Garlic Toast or Korean BBQ Dumplings Steamed Green Beans
22  French Toast Sticks w/ Sausage Patties or Italian Sausage & Peppers Flatbread Crispy Tater Tots	23 Walking tacos w/ Beef & Cheese & Sliced bread or Dill Flavored Chicken Patty Refried Beans	24  NO SCHOOL	25  Merry Christmas NO SCHOOL	26  NO SCHOOL
29 	30 	31 	Happy Holidays Always remember that you're a gift to us all.	

THE PIZZERIA

Daily
Cheese Pizza
Pepperoni Pizza

Daily Special
Monday: Hot Honey Pizza
Tuesday: Chicken Bacon Ranch
Wednesday: BBQ Chicken Pizza
Thursday: Buffalo Chicken Pizza
Friday: Stuffed Crust

THE GRILL

Spicy Chicken Patty on a Bun

 Chicken Patty on a Bun

 Cheeseburger on a Bun

GRAB N' GO

Monday: Turkey & cheese Hoagie or wrap

 Tuesday: Fruited Yogurt Parfait w/ Crackers

 Wednesday: Breaded Chicken Wrap

 Thursday: Fruited Yogurt parfait w/ crackers

 Friday: Ham & Cheese Wrap or Hoagie

Daily
Uncrustable w/ cheesestick and crackers

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
 Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk
 *Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate, Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
 Dark Leafy Greens | Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings
 Crisp Apple | Sliced Peaches | Mixed Fruit
 Fresh Orange | Banana | Pineapple Tidbits
 Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
 9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Daily Salad Special
 Monday: Chef Salad w/ Ham & Sliced bread or crackers
 Tuesday: Chef Salad w/ egg & sliced Bread or crackers
 Wednesday: Chef Salad w/ Turkey & Sliced bread
 Thursday: Italian Salad w/ sliced bread or crackers
 Friday: Breaded Chicken Salad w/ sliced Bread

