

Director of Food & Nutrition
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Monday	Tuesday	Wednesday	Thursday	Friday
1 Italian Dunkers Roasted Sweet Potatoes	2 Breaded Chicken Bacon Ranch Panini Steamed Broccoli	3 Lasagna Roll Ups w/ Sliced Bread Mixed Vegetables	4 Hot Turkey Sandwich w/ Gravy Mashed Potatoes w/ Gravy	5 Beef & Cheese Loaded Fries Refried Beans
8 Chicken Parm w/ Pasta Oven Roasted Carrots	9 Salisbury Steak w/ Gravy & Noodles Mashed Potatoes w/ Gravy	10 BBQ Pork Quesadilla Golden Corn	11 Ciabatta Hot Ham & cheese Steamed Mixed Vegetables	12 Baked Penne w/ Garlic Toast Steamed Green Beans
15 Chicken & Waffles Crispy Tater Tots	16 Buffalo Chicken Stromboli Oven Roasted Carrots	17 Jalapeno Grilled Cheese Sandwich w/ Tomato Soup Golden Corn	18 Baked ham w/ Sliced bread Mashed Potatoes w/ Gravy Chocolate Chip Cookie	19 Pepperoni Pizza Mac & Cheese w/ Garlic Toast Steamed Green Beans
22 French Toast Sticks w/ Sausage Patties Crispy Tater Tots	23 BBQ Oven Roasted Chicken w/ Biscuit Steamed Broccoli	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL
29	30	31	Happy Holidays Always remember that you're a gift to us all.	

THE PIZZERIA

Daily
Cheese Pizza
Pepperoni Pizza

Daily Special
Monday: Hot Honey Pizza
Tuesday: Chicken Bacon Ranch
Wednesday: BBQ Chicken Pizza
Thursday: Buffalo Chicken Pizza
Friday: Stuffed Crust

THE GRILL

Spicy Chicken Patty on a Bun
Chicken Patty on a Bun
Cheeseburger on a Bun
Taco Bar

GRAB N' GO

Made to order deli sandwich/hoagie/wraps bar daily Options:
Turkey & Cheese
Ham & Cheese
Italian Combo
Veggie
Tuna Salad

Fruited Yogurt Parfait w/ Crackers

Uncrustable w/ cheesestick and crackers

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate, Fat Free Strawberry

*Pre K milk options: Fat Free White or 1% White

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Daily Bar Special
Monday: Popcorn Chicken Bowl w/ sliced bread
Tuesday: Burrito Bowl w/ Rice
Wednesday: Sweet & spicy Chicken Bowl w/ Rice
Thursday: Orange Chicken w/ Rice
Friday: General Tso Chicken Bowl w/ Rice

Daily Salad Special
Monday: Chef Salad w/ Ham & Sliced bread or crackers
Tuesday: Chef Salad w/ egg & sliced Bread or crackers
Wednesday: Chef Salad w/ Turkey & Sliced bread
Thursday: Italian Salad w/ sliced bread or crackers
Friday: Breaded Chicken Salad w/ sliced Bread