WINSTON COUNTY SCHOOLS
PROVIDA FUTURI
EST. 1908

Notes from the Nurses - Welcome back to school!

Welcome back to school Winston County families. We hope you had a fantastic summer and everyone is ready for a new school year. As a reminder to our students and their families, we are providing the following important health information.

1. **When can my child return to school after a fever?** In our district, a fever is considered any temperature above 100.1 degrees. Your child will be sent home from school if they have a temperature greater than 100.1. If your child gets sent home during a school day for a temperature above 100.1, **they may not return to school the next day.** Your child may return to school only after they have had a temperature below 100.1 for at least 24 hours without medication {i.e. Acetaminophen (Tylenol) or Ibuprofen (Motrin, Advil)}.

2. **When can my child return to school after throwing up?** If your child gets sent home during the school day for throwing up, **DO NOT** send them to school the next day. Your child may return to school if they have not thrown up again for at least 24 hours. If your child throws up the night before, **DO NOT** send them to school the next morning. Your child can throw up from a stomach virus without having a fever.

3. **When can my child return to school after having pink eye?** Your child may return to school after they have been seen by a healthcare provider and have been on medication for at least 24 hours. Pink eye is extremely contagious if not properly treated. Red, bloodshot eyes, eye discharge/crusting/yellow "eye boogers" are tell- tale signs of pink eye.

4. **When can my child return to school if they have had head lice?** If your child has had live head lice, they may return to school only after they have been treated with lice killing shampoo and all live lice are gone. Your child may be in school with nits (lice eggs) remaining attached to the hair, but it is very important to remove all nits (lice eggs) as soon as possible to avoid new live lice from hatching. Your child will need to go through nurse to be cleared to come back to school with just nits. Your child will be checked at 1, 2 and 3 weeks to make sure no live bugs are noted. If live bugs are found the process will start all over again. If you have any questions on how to properly treat for head lice, please call your school nurse or your healthcare provider.

5. **What if I don't want my child to go outside or participate in PE?** If there is a medical reason your child can not go outside for recess, please provide us with a Doctor's order. Physical activity, whether inside or outside, is a vital part of the school day for socialization with friends and the opportunity to get fresh air and be outside the walls of the classroom or building. We will keep students inside only if it is advised to do so by a physician.