

RANCHO SANTA FE SCHOOL DISTRICT

Board Policy No. 5004: HEALTH EXAMINATIONS

- A. To determine the health status of pupils, facilitate the removal of handicaps to learning, determine whether special adaptations of the school program may be necessary, and in accordance with State law, the District shall require that periodic examinations be conducted which include tests for vision, hearing and scoliosis. All personnel employed to examine pupils shall exercise proper care of each pupil being examined and shall ensure that the examination results are kept confidential.
1. A parent/guardian may annually file a statement with the Principal withholding consent to any physical examination of his/her pupil. The pupil shall be exempt, but shall be subject to exclusion whenever there is good reason to believe that the pupil is suffering from a suspected contagious or infectious disease. The pupil shall be sent home and not permitted to return until the school authorities are satisfied that any contagious or infectious disease does not exist.
 2. The Principal shall notify parents/guardians of the rights of pupils and parents/guardians relating to health examinations.
 3. The Board may, from time to time, require reports regarding the number of pupils found to have physical problems and the effort made to correct them.
- B. Vision and Hearing
1. During the kindergarten year or upon first enrollment or entry in the District, and in grades 2, 5, and 8, a pupil's vision shall be appraised by the school nurse or other authorized person under Education Code section 49452.
 2. A pupil whose first enrollment or entry occurs in grade 4 or 7 shall not be required to be appraised in the year immediately following the pupil's first enrollment or entry.
 3. The appraisal shall include tests for visual acuity, including near vision, and color vision; however, color vision shall be appraised once and only on male pupils, and the results of the appraisal shall be entered in the health record of the pupil. Color vision appraisal need not begin until the male pupil has reached the first grade.
 4. A pupil's vision may be appraised by using an eye chart or any other scientifically validated photoscreening test. Photoscreening tests shall be performed, under an agreement with, or the supervision of, an optometrist or ophthalmologist, by the school nurse or a trained individual who meets requirements established by the California Department of Education.
 5. Defects found as a result of the vision examination shall be reported to the parent/guardian with a request that remedial action be taken to correct or cure the defect. The District shall adhere to the procedures in Education Code section 49456.

C. Scoliosis Screening

The District shall arrange for scoliosis screening for female students in grade seven and male pupils in grade 8.

D. Oral Health Assessment

Kindergarten pupils, and first year pupils not previously enrolled in kindergarten shall, by May 31 of the school year, present proof of having received an oral health assessment by 11 a licensed dentist or other licensed or registered dental health professional within 12 months prior to the date of the pupil's initial enrollment. The District shall notify parents or guardians of the oral health assessment requirement. Such notification shall include the following information:

1. An explanation of the oral health assessment requirement.
2. Information on the importance of primary teeth and the importance of oral health to overall health and to learning.
3. A toll free number to request an application for Healthy Families, Medi-Cal, or other government subsidized health insurance program and contact information for the county health department.
4. A statement of privacy.
5. A section in which the parent or guardian can indicate the reason why an assessment could not be completed including that completion of an assessment poses an undue financial burden, lack of access to a licensed or registered dental health professional, or that the parent or guardian does not consent to an assessment.

E. Informational Materials for Parents/Guardians

1. In accordance with Education Code section 49452.6, the District shall provide type 1 diabetes informational materials to the parent or guardian of a pupil when the pupil is first enrolled in elementary school, or with the information provided pursuant to Education Code Section 48980. The information sheet may include, but is not limited to, the information set forth in Education Code section 49452.7.
2. In accordance with Education Code section 49452.7, the District shall provide an information sheet regarding type 2 diabetes to the parent or guardian of incoming seventh grade pupils. The information sheet shall include the information required by Education Code section 49452.7.

Legal Reference:

Education Code sections 49450-49457, 49452.7

Date Policy Adopted By The Board: September 6, 1990

Dates Policy Revised By The Board: January 13, 2005; May 17, 2007, June 5, 2008, March 1, 2012; June 4, 2015, October 14, 2022