What is GRIT and how can my student reset their mindset?



G	GROW
R	REBOUND
I	IMPROVE
T	TRY AGAIN

Reset Your Mindset

instead of...	think...
i give up	i can try again
i am not ___ enough	i am complete as i am
i can't do this	i can learn
i might fail	i can learn from my mistakes and come out stronger

@reallygreatsite