ST. ROSE ELEMENTARY SCHOOL

Tobasko Times

Shonda H. Harris, Principal

Maggie Boos, Annette Blanchard, & Tiffany Walsh

230 Pirate Dr.
St. Rose, LA 70087
Phone: 504-464-9254
Fax: 504-468-8064
School Office Hours: 8:15-4:30

December 2025

Principal's Message

St. Rose Dragon Families and Community,

Holiday Greetings, Dragon families!

It is hard to believe the first half of the year is almost over. Our children have worked tirelessly this past semester to meet the rigorous standards put before them. I am ecstatic about the learning I am observing in the classroom everyday! Our children continue to amaze me as they persevere and "**finish strong**!"

Many thanks to our awesome teachers, faculty and staff for your unwavering efforts to make sure every student matters and every moment counts because **WE ARE ALL IN EVERYDAY!** Your hard work is appreciated and cherished by all!

Lastly, parents and families, we thank you for your continued support and look forward to continuing our partnership in the spring. We have so much to celebrate! There are a lot of events planned for the month of December. Take some time to look at the calendar and please join us as we spread holiday cheer!

Parents, please encourage your child to read a book or magazine; they can also read the directions to assemble a new toy, over the Christmas Holidays. Always remember to ask them questions about what they are reading. Students can practice their math facts as well as work on Amira and Zearn to stay sharp over the break! There is also more helpful information in this month's newsletter. Thanks for what you can do-every little bit helps.

Have a Merry Christmas and a prosperous New Year!

Shonda Honor-Harris
Principal

SRE Pledge

As an SRE Dragon, I am proud to say.
I'll be positive and safe each and every day.
I'll be responsible, cooperative, focused, and kind.
SRE Dragons are the best you'll find.

January 2026

01/05-Student Holiday-No School
01/06-Quarter 3 Begins
01/06-Classes Resume
01/08-Playgroup 10 am
01/08-ACM-SRE Skate Night 6-8
01/15-Playgroup 10 am
01/19-MLK Day-No School
01/22-Playgroup 10 am
01/26-3rd-5th Awards
01/27-100th Day of School
01/28-Volunteer Day
01/29-Playgroup 10 am
01/30-Spirit Day-Favorite Jersey

OUR SCHEDULE!

Arrival Window	Start Time	Dismissal Window	Bus Departure
8:30-8:40	8:40	3:35-3:50	3:50

Lunch Schedule

11:00-11:25	2nd
11:15-11:40	K
11:30-11:55	5th
11:50-12:15	4th
12:10-12:35	Pre-K
12:20-12:45	3rd
12:40-1:05	1st

art

Enrichment Schedule

10:00-10:50	3rd
10:50-11:40	1st
11:40-12:30	2nd
11:40-12:10	Pre-K
12:55-1:45	5th
1:50-2:40	Kindergarten
2:40-3:30	4th

Important Dismissal Information

*The bus zone is closed to thru traffic between the following times: 8am-9:30am AND 3pm-4:15 PM

If a student is to be checked out of school, the parent must be in the office with ID by 3:30 pm (by 12:15 pm on early dismissal days) or the student will be dismissed according to his/her daily routine. Thank you for your cooperation.

FOLLOW US ON SOCIAL MEDIA
St. Rose Elementary School

facebook.com/stroseelementaryschool

twitter.com/StRose_Dragons

instagram.com/strose

#DragonsStayConnected

Good Character

Pre-K-2nd

3rd-5th

St. Rose Family Center

Tips for Transforming the Language at Home to Foster a More Positive Environment:

STEPS TO CHANGING LANGUAGE

1. BE AWARE OF WHAT YOU SAY JUST BY LISTENING/HEARING.
2. SET A REASONABLE GOAL.
3. WHEN YOU SAY SOMETHING THAT YOU DON'T MEAN, PRACTICE IN THE MOMENT BY REPLACING THE WORDS.
4. BE PROACTIVE BY TAKING A MOMENT BEFORE YOU SPEAK.
5. USE SIGNALS TO GET ATTENTION INSTEAD OF WORDS.

DON'TS OF RESPONSIVE LANGUAGE

- USE BLAME, SHAMING, AND HUMILIATING LANGUAGE AND STATEMENTS (NO PUT-DOWNS)
-BE SARCASTIC ("EXCUSE ME?")
- SINGLE OUT ONE CHILD'S GOOD BEHAVIOR TO THE OTHER CHILD
- BE AFRAID TO BE FIRM AND EXPRESS DISAPPROVAL

DOS OF RESPONSIVE LANGUAGE
DO...

- PROVIDE SUPPORT AND ENCOURAGEMENT.
-BE AWARE OF YOUR TONE OF VOICE.
-BE CLEAR AND CONCISE.
-BE AWARE OF MANNERISMS AND BODY LANGUAGE.
-SAY WHAT YOU MEAN AND MEAN WHAT YOU SAY (FOLLOW THROUGH).
-CITE THE SKILL OR SPECIFIC BEHAVIOR THAT YOU ARE ADDRESSING.

SRE PTO EVENTS

2025-2026

UPDATED 8.11.25

AUG

6-Meet & Greet
21-AdventureQuest
26-Open House

SEP

9- Picture Day
11-Back to School Night
19-Pizza Hut Fundraiser

OCT

8-Canes Night
23- Snack Sale
27-First Day of Christmas Catalog Sale
30- Fall Fest

NOV

21- Chuck E. Cheese Fundraiser
27- Last day of Christmas Catalog Fundraiser

DEC

18- Last day for Christmas Catalog Fundraiser Pick-Up
19- Snack Sale

JAN

8- SRE/ACM Airline Skate Night

FEB

5-6- Snack Sale
13- Mardi Gras Parade
10-27- Worlds Finest Chocolate Fundraiser

MAR

20- Pizza Hut Fundraiser
23-30- Lunch on the Lawn

APR

9- Game On Fundraiser

MAY

*ALL DATES AND ACTIVITIES ARE SUBJECT TO CHANGE

December PTO Newsletter

PTO Board Message

As we approach the end of the semester, we want to extend our heartfelt thanks to everyone who participated in our Holiday Catalog Sale and recent Chuck E. Cheese Fundraiser! Your support has made this event a great success, and we are grateful to all the teachers, students, and families who came together to make it possible.

A special shout-out goes to our amazing teachers for encouraging student participation, and to the families who showed up to enjoy a fun-filled night of games and pizza! Your involvement not only helps support our school's programs but also builds the strong sense of community we cherish at St. Rose Elementary.

As we head into Winter Break, we wish you all a joyous and restful holiday season. May this time be filled with warmth, laughter, and quality moments spent with loved ones. We look forward to seeing you in the new year as we continue to work together to make this a fantastic school year!

Thank you once again for your generous support and for making SRE such a wonderful place to learn and grow.

Warm wishes for a happy and healthy Winter Break!

Autumn, Bradie, Nakeeda, Stephanie
Tamara and Valerie

PTO Boletín de la Escuela Primaria St. Rose diciembre

PTO Board Message

A medida que nos acercamos al final del semestre, queremos extender nuestro más sincero agradecimiento a todos los que participaron en nuestra Venta del Catálogo Navideño y en el reciente Recaudador de Fondos de Chuck E. Cheese. ¡Su apoyo ha hecho de este evento un gran éxito, y estamos agradecidos con todos los maestros, estudiantes y familias que se unieron para hacerlo posible!

Un agradecimiento especial para nuestros increíbles maestros por fomentar la participación de los estudiantes, y para las familias que asistieron para disfrutar de una noche llena de juegos y pizza. Su participación no solo ayuda a apoyar los programas de nuestra escuela, sino que también fortalece el sentido de comunidad que tanto valoramos en St. Rose Elementary.

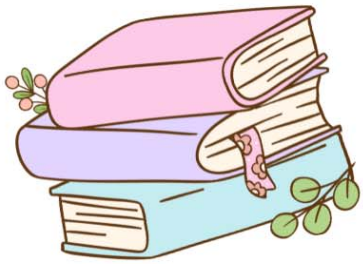
Al acercarnos a las Vacaciones de Invierno, les deseamos a todos una temporada festiva alegre y tranquila. Que este tiempo esté lleno de calidez, risas y momentos especiales con sus seres queridos. ¡Esperamos verlos en el nuevo año mientras continuamos trabajando juntos para hacer de este un año escolar fantástico!

Gracias nuevamente por su generoso apoyo y por hacer de SRE un lugar maravilloso para aprender y crecer.

¡Les enviamos los mejores deseos para unas Vacaciones de Invierno felices y saludables!

Autumn, Bradee, Nakeeda, Stephanie
Tamara and Valerie

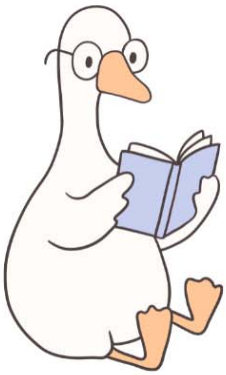
The Wandering Librarian Newsletter



Guardians, please remind your child to keep their library book in their school bag if they are bringing it home. This way it is always at school on the day they have library.

Please remember when completing the reading log, your child should be reading for 20 nights and then turning the log in. This is not meant to be completed in one night.

Please don't forget to check the local library for amazing opportunities. The parish library has a calendar located online for all ages to explore.



St. Charles Parish LIBRARY

ESL CORNER

English as a Second Language Corner

In the month of December our multilingual learners will begin being tested for middle of the year assessments such as:

Imagine Language and Literacy (Imagine Learning),

IPT (Individual Performance Test on listening, reading,speaking and writing skills) &

K-3 DIBELS and Numeracy Screeners-December 8-17th

Have your child practice reading and spelling **sight words** daily from this website. You can use flashcards and powerpoints. Take your child to the library and check out fiction and nonfiction books to read daily. The more they practice reading, they become more fluent and build their vocabulary and English language. Here are some reading passages for first and fifth. Have them study math facts for addition, subtraction, multiplication and division. We are working on writing daily!

What's New?

ESL teachers have been attending conferences to use better practices such as:

LaTESOL

Kagan Strategies

TESOL: English Learner Institute

IMPORTANT DATES

December 9th- First Grade Christmas Celebration @ 6:30

December 11th- Science and Social Studies Fair

December 19th-Quarter 2 Ends, Spirit Day Pajamas **Early Dismissal**

December 22- January 2, 2026- Christmas Holidays/New Year Holidays

English Language LEARNERS

MENTAL HEALTH MATTERS

RESILIENT KIDS ARE BETTER ABLE TO HANDLE LIFE'S UPS AND DOWNS. ONE WAY TO BUILD RESILIENCE IN KIDS OF ALL AGES IS BY TEACHING THEM HEALTHY STRATEGIES FOR COPING WITH EMOTIONS. COPING IS NOT SOMETHING WE'RE BORN KNOWING HOW TO DO. IT'S SOMETHING WE LEARN HOW TO DO WITH PRACTICE. LEARNING HOW TO COPE IS A LIFELONG PROCESS, AND IT'S NEVER TOO EARLY OR TOO LATE TO START.

Tips for developing healthy coping skills with children

• Explain the purpose of coping skills. For example, "Coping skills are tools we can use to feel better.

• Teach and practice a variety of coping skills so kids and teens can develop a toolbox and learn what works best for them in different situations. In some moments, they may need to do something active and in other moments, they may need to do something calming

• Practice coping skills regularly so that they becomes familiar and routine. Practicing coping skills regularly helps kids become more comfortable and confident using them when they need them most

• Suggest coping skills without forcing them, by allowing kids to decide how they'd like to participate and practice them.

• Remember that what works one day might not work the next, and what works for one person may not work for another.

Benefits of coping skills

• Using coping skills proactively can help improve mood, focus, memory, relaxation and sleep.

• Using coping skills during a stressful situation can help decrease impulsivity, aggression and meltdowns.

• Using coping skills can help prevent stress and help make our feelings more manageable so we can better work through challenges.

Reminders

Teach new coping skills when everyone is calm. It's difficult to learn something new when we're anxious, tired or upset, so **be sure to teach and practice new skills when everyone is calm, not in the heat of the moment.**

Model Healthy Coping Skills

Kids learn how to cope from the adults around them. If they see you coping in healthy ways, they're more likely to do the same. Modeling healthy coping strategies helps kids and teens understand that everyone—even adults—need coping skills and encourages them to find what works.

Nurse's Notes

December 2025

Important Announcements

Student immunization records must remain up to date. Notices are being sent for students that have immunizations due now/overdue.

St. Rose Elementary
School Nurse
Sonya Robinson, RN
srobinson@wearescpps.org
504-464-9254

Health Screenings

Health screenings are underway!
Our PK, K, 1st, 3rd and 5th grade students have/will have vision, hearing and blood pressure (*5th graders only)* screenings done here at school. These screenings are vital to your child's health and well-being and help identify possible conditions that may impede your child's academic success.
If your child receives a referral, it is recommended to follow up with a medical provider for further evaluation.
If you have any questions or concerns, please feel free to reach out.

Thank you,
Sonya Robinson, RN
School Nurse
srobinson@wearescpps.org
504-464-9254

Counselors' Corner

Kids experience a wide range of emotions during the holidays, from excitement to anxiety, due to changes in routine, family dynamics, and overstimulation. To support them, parents should maintain routines where possible, communicate openly about expectations, validate their feelings, and create a balance between special activities and downtime.

Communicate openly: Talk to your child about what to expect during the holidays. Create a safe space for them to share their feelings and concerns without judgment.

Validate their feelings: Acknowledge that it is okay for them to feel excited, disappointed, anxious, or sad. Avoid dismissing their emotions, and let them know you understand their feelings.

Maintain routines: Stick to regular sleep schedules and meal times as much as possible to provide a sense of stability. If a special event runs late, try to return to a normal routine the next day.

Manage overstimulation: Be mindful of how many activities your child is involved in. Schedule downtime for them to relax, and do not be afraid to skip an event if they seem overwhelmed or tired.

Set realistic expectations: Let your child know what to expect, whether it's about gifts or visiting relatives. You can create visual schedules for younger children to help them prepare for transitions.

Involve them in traditions: Create new family traditions, like decorating cookies or making homemade cards. Giving them a role in holiday preparations can help them feel more in control and engaged.

Be a role model: Children often mirror their parents' behavior. By managing your own stress in a healthy way and modeling emotional regulation, you can help your child learn similar coping strategies.

Happy Holidays,
Mrs. Katie and Mrs. Denise

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
1	**2**	**3**	**4** **Teddy Cares Dress Down $1**  **Playgroup 10 am**	**5**
8 **Student Dress Down Days Begin**	**9** SRE 1st Grade Christmas Celebration 6:30	**10**	**11** **Playgroup 10 am** 	**12**
15	**16**	**17** **Volunteer Day** 	**18** **Playgroup 10 am** 	**19** **Early Dismissal 12:35 p.m.** **PTO Snack Sale** **Spirit Day-Pajama Day** 
22	**23**	**24**	**25**	**26**
29	**30**	**31**		

A VERY MERRY CHRISTMAS and Happy New Year !

December 2025 Elementary Menus

St. Charles Parish Public Schools

This institution is an equal opportunity provider. Menus are subject to change.

AVAILABLE DAILY

With all meals
Low Fat White Milk
Fat Free Flavored Milk

Cold Lunch Choice
Monday: Sunbutter Sandwich
Tuesday: Charley Box
Weds.: Deli Sandwich
Thursday: Entrée Salad
Friday: Sunbutter Sandwich

Monday, December 1	Tuesday, December 2	Wednesday, December 3	Thursday, December 4	Friday, December 5
Breakfast Grits w/Sausage Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Red Beans w/Steamed Rice Steamed Carrots Seasoned Mustard Greens Cornbread Peaches	**Lunch** Tacos Steamed Corn Refried Beans Taco Salad Cup Apple Wedges	**Lunch** Shepherd's Pie Broccoli Florets Dinner Roll Banana	**Lunch** Turkey Stew Steamed Rice Candied Yams Steamed Cabbage Strawberry Cup	**Lunch** Fresh Hot Pizza Marinara Sauce Garden Salad Orange Wedges Cookie

Monday, December 8	Tuesday, December 9	Wednesday, December 10	Thursday, December 11	Friday, December 12
Breakfast Pancake on a Stick Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Egg Bites Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Popcorn Chicken Mashed Potatoes & Gravy Cal Blend Veggies Cinnamon Apple Slices	**Lunch** Jambalaya Broccoli Florets Steamed Carrots WW Roll Pineapple Tidbits	**Lunch** Chili, Fritos Garden Salad Steamed Corn Banana Cake *or* Crisp	**Lunch** Fish Nuggets Macaroni & Cheese Green Beans Cucumber & Tomato Salad Pears	**Lunch** Hamburger/Cheeseburger Crinkle Cut Fries Lettuce/Tomato/Pickle Baked Beans Orange Wedges

Monday, December 15	Tuesday, December 16	Wednesday, December 17	Thursday, December 18	Friday, December 19
Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	**Breakfast** Scone Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Chicken Tenders Waffles Green Beans Steamed Carrots Sliced Peaches	**Lunch** Orange Chicken Fried Rice Asian Chopped Salad Edamame Beans Mandarin Oranges	**Lunch** Spaghetti & Meatsauce Italian Salad Broccoli Florets Garlic Bread Banana	**Lunch** Turkey & Sausage Gumbo Steamed Rice Potato Salad Cucumber/Tomato Salad **Christmas Sorbet** (Strawberry Kiwi)	**Lunch** Mini Corn Dogs Tater Tots Carrots w/Ranch Orange Wedges

Schools will be closed
Mon., Dec. 22 ~ Mon., Jan. 5

Classes resume Tues., Jan. 6

See you next year!

monthly celebrations

National Cookie Cuter Week: Dec 1-7
Inclusive schools Week: Dec 5-9
National Handwashing Awareness Week: Dec 5-11
Hanukkah: Dec 25-Jan 2
Kwanzaa: Dec 26-Jan 1
National Pear Month
National Root Vegetable & Exotic Fruits Month
Worldwide Food Service Safety Month