



VHS VIKINGS ATHLETICS BULLETIN

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ON THE HORIZON : WINTER SPORTS



ALL HOME EVENTS WILL BE LIVE-STREAMED ON HUDL FAN:

[HTTPS://FAN.HUDL.COM/USA/CA/FAIRFIELD/ORGANIZATION/3085/VANDEN-HIGH-SCHOOL](https://fan.hudl.com/usa/ca/fairfield/organization/3085/vanden-high-school)

CONTACT US:

SEAN MURPHY
SMURPHY@TRAVISUSD.ORG
707 437-7333

VANDEN.TRAVISUSD.ORG
[@VANDENATHLETICS](https://www.instagram.com/vandenathletics)

EDDIE WILSON
EDWILSON@TRAVISUSD.ORG
707 437-7333

GIRLS' VOLLEYBALL GIVES BACK: VETERANS DAY VOLUNTEERS

MEMBERS OF THE GIRLS' VOLLEYBALL PROGRAM SPENT TIME AT VETERANS HALL IN VACAVILLE HELPING TO FEED U.S. MILITARY VETERANS ON VETERANS DAY. VANDEN TAKES PRIDE IN SERVING THE COMMUNITY, ESPECIALLY WHEN IT INVOLVES HONORING OUR SERVICEMEN AND WOMEN.



VIKING CODE:

A STATEMENT ON THE IMPORTANCE OF STUDENT-ATHLETE CONDUCT ON CAMPUS AND IN THE COMMUNITY

STUDENT-ATHLETES PLAY A VITAL ROLE IN SHAPING THE CULTURE AND REPUTATION OF A HIGH SCHOOL COMMUNITY. BECAUSE THEY ARE HIGHLY VISIBLE AND OFTEN VIEWED AS AMBASSADORS OF THEIR SCHOOL, IT IS ESSENTIAL THAT THEY DEMONSTRATE STRONG CHARACTER, RESPONSIBILITY, AND INTEGRITY IN AND OUT OF THE CONFINES OF THEIR SPORT. THEIR ACTIONS SET THE TONE FOR THEIR PEERS, INFLUENCING HOW THE SCHOOL IS PERCEIVED BY FAMILIES, VISITORS, AND THE BROADER COMMUNITY.

BY MODELING RESPECT, DISCIPLINE, AND GOOD JUDGMENT, STUDENT-ATHLETES DEMONSTRATE TRUE LEADERSHIP. THEY INSPIRE OTHERS THROUGH THEIR DEDICATION, TEAMWORK, AND SPORTSMANSHIP. WHEN STUDENT-ATHLETES UPHOLD HIGH STANDARDS OF BEHAVIOR ON CAMPUS—TREATING OTHERS WITH KINDNESS, FOLLOWING SCHOOL EXPECTATIONS, AND MAKING POSITIVE CHOICES—THEY REINFORCE A CULTURE OF EXCELLENCE AND HELPS CREATE A SAFE, SUPPORTIVE ENVIRONMENT WHERE ALL STUDENTS CAN THRIVE.

ULTIMATELY, THE WAY STUDENT-ATHLETES CARRY THEMSELVES REFLECTS NOT ONLY ON THEIR TEAMS, BUT ALSO ON THEIR PERSONAL VALUES AND FUTURE ASPIRATIONS. THEIR LEADERSHIP TODAY BUILDS THE FOUNDATION FOR STRONG CHARACTER, MEANINGFUL RELATIONSHIPS, AND LIFELONG SUCCESS.

MEET THE VIKES: ATHLETE SPOTLIGHT

ELI BLUNT - BOYS' SOCCER

THE VIKINGS JUNIOR MIDFIELDER IS A 3-YEAR LETTERMAN AND WAS AN ALL-MEL SELECTION LAST YEAR. A HIGH-LEVEL CLUB SOCCER PLAYER THAT ALSO COMPETES FOR OUR TENNIS TEAM, ELI CURRENTLY MAINTAINS A 4.4 GPA AND HAS ASPIRATIONS OF ATTENDING STANFORD UNIVERSITY AND MAJORING IN ENGINEERING.





NAIAJA SIZEMORE SIGNED A NATIONAL LETTER OF INTENT (NLI) TO ATTEND SCHOOL AT OHIO STATE UNIVERSITY WHERE SHE WILL COMPETE FOR THE TRACK+FIELD POWER PROGRAM IN THE NCAA'S BIG 10 CONFERENCE. GO BUCKEYES!

FALL STUDENT-ATHLETES OF THE MONTH



SEPTEMBER

JASMINE VU/JD CARRERA

OCTOBER

TSEYANG LAMA/CONNOR BURRITT



NOVEMBER

JASMINE ROCHELL/DONOVEN SALGADO



**THE FOLLOWING VIKINGS
EARNED ALL-MEL DISTINCTION
FOR THEIR OUTSTANDING PLAY
DURING THE LEAGUE SEASON:**

1ST TEAM

CONNOR BURRITT - LB

JODY CHAVEZ - RB

KIMANI DOKES - TE/LB

CADEN ELISAIA - DL

CALEB JONES - WR/DB

JAYDEN MARQUEZ COOK - LB

CAMREN WILLIAMS - OT

2ND TEAM

BRANDON BROWN - DB

JD CARRERA - C

EAMON LACY - DB

DANTE WARD - OG



MEL ALL-LEAGUE FOOTBALL