

CCSC Curriculum & Pacing Guide

COMPONENTS

Period: In general, each map will cover a quarter/grading period (any deviation from this must be approved by a curriculum lead and administrator). In this column, identify the expected time that incorporates the delivery of the associated standards and skills, suggested activities and resources, critical vocabulary, and assessments that will occur. The skills, activities, and assessment should guide the determination of the length of a period. The duration should not be smaller than a week or much larger than a few weeks. For courses with longer units, generally secondary, consider periods covering unit introductory, developmental, and summative activities.

Standards and Skills: Identify the standards and skills by providing the standard code number along with the key summary of the standard including the essential components used to unpack the content (nouns), skills/processes (verbs), vocabulary, and assessments. The content provides the focus and/or subject matter such as key ideas (ex: textual support, number sense, measurement, point of view, cellular structure, etc.). The skills provide what students will learn through the instruction and activities and will be assessed. Reference [Performance Level Descriptors](#) when unpacking the standard to the skills/processes students are expected to learn to be at or above proficiency.

We currently prioritize standards as critical, important, and additional and also include those that the IDOE has identified as Standards in Essential Need of Support ([SENS](#)). Critical standards should be in ***bold and italics*** and SENS should be **highlighted**. Critical standards are essential standards that all students will have the opportunity to master throughout the entire school year. The teacher will ensure that students engage with the content and skills within these standards in each unit. Grades 3-8 will consult ILEARN information and test outcomes to determine Critical Standards. Grades 9-12 will consult the IDOE and SAT/College Board resources. Important standards are necessary for the scope and sequence of the course to facilitate the mastery of Critical Standards and to provide spiraling throughout the course and across the vertical alignment. Additional standards are assumed as mastered or to be met throughout the course. The SENS are IDOE-determined standards that “contain content and skills essential for student success and for which data indicate students are performing significantly below expectations. SENS are both data-driven and content-driven, so they are updated every school year based on updated information about student performance” (IDOE website).

Suggested Activities and Resources: List suggested activities and resources that will be used in the instruction of listed standards and skills. Reference [IDOE Literacy Framework](#) when creating activities.

Critical Vocabulary: Identify vocabulary that will be new and critical to the content and skills -- include both academic and content and assessment vocabulary. Reference [IDOE Literacy Framework](#) when identifying critical academic vocabulary.

Assessments: List specific, performance-based assessments for measuring student learning which may include diagnostic (pre-tests), formative (progress-oriented), interim/benchmark (department-wide, grade-level based, or other assessments used to compare groups of students), and summative (test/paper/project).

8th Grade (High School) Health | Crawfordsville Middle School

Period	Standards and Skills (<i>Critical - Bold & italicized / SENS - highlighted</i>)	Suggested Activities and Resources	Critical Vocabulary	Assessments
Quarter 1 Map				
Weeks 1-2	1.12.1-1.12.3, 1.12.5-1.12.7, 2.12.1-2.12.10, 3.12.1, 3.12.2, 3.12.3, 3.12.5, 4.12.1-4.12.4, 5.12.1, 5.12.2, 5.12.3, 5.12.4, 5.12.6, 5.12.7, 6.12.1, 6.12.3, 6.12.2, 6.12.4, 7.12.1-7.12.3, 8.12.2, 8.12.3	Teacher facilitates Introductions, Procedures, & Expectations -What is Health? Questionnaire -Power Point Chp. 1 Notes -Compare and Contrast Lab Comparison Shopping -Video Clips-Advertising Techniques-Healthy Consumer -P 22 1-6, 11-16, 20-25 Vocabulary: → Identify the health triangle and how each side of the triangle correlates to one another.	<ul style="list-style-type: none"> ● Health ● Wellness ● Environment ● Media ● Risk Behaviors ● Abstinence ● Lifestyle Factors ● Values ● Decision Making Skills ● Goals ● Health Consumer ● Refusal Skills ● Conflict Resolution ● Comparison Shopping 	Curriculum Based Assessments: Pre-Test (final) <ul style="list-style-type: none"> ● Open book test chapter ½ ● P 22 review questions
Weeks 3-4	1.12.1, 1.12.2, 1.12.5, 1.12.7, 2.12.1-2.12.5, 2.12.7-2.12.9, 3.12.1, 3.12.2, 3.12.4, 3.12.5, 4.12.1-4.12.4, 5.12.1, 5.12.3, 5.12.4, 6.12.1-6.12.4, 7.12.1-7.12.3, 8.12.1-8.12.4,	Mental & Emotional Health Notes -Music and Emotions Lab -Video Clips Stress and Effects on Body -Relaxation Techniques and Stress Management (12 min audio) -Mental disorder discussion Notes -Howie Mandel OCD 20/20 episode (12min) -Depression Ted Ed Video -Anxiety Ted Ed Video -Kahoot Review	<ul style="list-style-type: none"> ● Mental and Emotional Health ● Resilient ● Self Esteem ● Competence ● Personal identity ● Role Model ● Character ● Constructive Criticism ● Emotions ● Hormones ● Empathy 	Curriculum Based Assessments: <ul style="list-style-type: none"> ● Open Book Test Chp 3,4,5 ● Kahoot

Period	Standards and Skills (<i>Critical - Bold & italicized / SENS - highlighted</i>)	Suggested Activities and Resources	Critical Vocabulary	Assessments
			<ul style="list-style-type: none"> ● Defense Mechanisms 	
Weeks 5-6	1:12:1, 1:12:3-1:12:5, 1.12.7-1.12.9, 2. 2.12.1-2.12.5, 2.12.7-2.12.10, 3.12.2-3.12.5, 4.12.1-4.12.4, 5.12.1-5.12.7, 6.12.1, 6.12.4, 7.12.1-7.12.3, 8.12.1-8.12.5	Social Health & Relationships -Discussion Chp 6 intro relationships -PP Notes, Chp 7s -Park Bench (communication) / Refusal Skit -Handout Chp. 6.3 -Handout Chp. 7 test review -Inspiring quote activity -Venn Diagram Conflict -Relationship BINGO -Chp 8 crossword review Vocabulary: Write out critical vocab words and notes	<ul style="list-style-type: none"> ● Relationship ● Interpersonal Communication ● Bullying ● Stereotype ● “I” message ● Role ● Stress ● Abuse (types of) ● Neglect ● Cycle of violence ● Peers ● Prejudice ● Abstinence ● Aggressive ● Passive ● Assertive ● Conflict ● Escalate ● Violence ● Interpersonal Conflicts 	Quiz Unit 3 Handouts Kahoot

Period	Standards and Skills (<i>Critical - Bold & italicized / SENS - highlighted</i>)	Suggested Activities and Resources	Critical Vocabulary	Assessments
Weeks 7-8	1.12.1-1.12.3, 1.12.5, 1.12.7, 1.12.8, 1.12.9, 2.12.2, 2.12.3, 2.12.5, 2.12.7, 2.12.10, 3.12.1, 3.12.2, 3.12.4, 3.12.5, 4.12.1, 5.12.1, 5.12.4, 6.12.1-6.12.4, 7.12.1-7.12.3, 8.12.1- 8.12.4	Nutrition and Body Image -How to read a Nutrition Label -Fast Food journal and look up/discuss -Power Point Notes -P 248 1-5, 9-14, 18-23 -P 274 1-6, 11-17, 24-29, 27-32 -MyPlate Webquest -Video Clips Ted Ed -Fat/artery model demonstration -Notes/Discussion Chp 11 Body Image -REE Resting Energy Expenditure Output -Kahoot Review Nutrition -Nutrition RACE writing	<ul style="list-style-type: none"> ● Nutrition ● Calorie ● Carbohydrates ● Dietary Guidelines for Americans ● MyPlate ● Nutrient-dense ● Metabolism ● Body mass index ● Fad diets ● vegetarian 	Chp 10/11 Open Book Test Kahoot Book Questions Pre-test & Post-test vocab Webquest Kahoot RACE
Weeks 9-10	1.12.1, 1.12.2, 1.12.3, 1.12.5, 1.12.8, 1.12.9, 2.12.3 2.12.8, 5.12.5, 5.12.6, 6.12.1-6.12.4, 7.12.1-7.12.3, 8.12.1, 8.12.2, 8.12.4,	-Physical Activity Notes -Video Clips Muscle Mass/Muscle Endurance -Hygiene Discussion & Personal Care -Hygiene RACE, scenarios, & Infographic -Page 328 1-7, 13-20, 26-34 -Kahoot Review Hygiene -Body Systems Start Notes Ted ed clips, teeth, ears, eyes	<ul style="list-style-type: none"> ● Physical activity ● Sedentary ● Cardiorespiratory endurance ● aerobic/anaerobic ● RHR ● Progression ● Specificity ● Melanin 	Physical Activity Oral Quiz Kahoot Pre-test & Post Test Book questions

Period	Standards and Skills (<i>Critical - Bold & italicized / SENS - highlighted</i>)	Suggested Activities and Resources	Critical Vocabulary	Assessments
End of Quarter 1				
Quarter 2 Map				
Weeks 10-11	1.12.1, 1.12.3-1.12.6, 1.12.8, 3.12.2, 4.12.1, 5.12.2, 5:12:3, 5.12.6, 6.12.1, 7.12.1, 7.12.2, 7.12.3, 8.12.1- 8.12.4,	-Skeletal System Notes Chp 14 (1) -Word Search Vocab Chp 14 -Muscular System Notes (1) -Nervous System Notes (1) -P 402 1-7, 13-21, 26-33 -Cardiovascular System notes (artery model explanation) -Cardiovascular Vocab Pair and Share -Respiratory System Notes -Digestive System Notes Show intestine model-explain -Body System guided notes handout -P 436 1-5, 10-15, 20-26, 31-37 -Excretory System Notes -Handout -Endocrine System Notes -Reproduction Notes Male reproductive guided notes Added as of 11/12/25 to meet new state requirements. https://www.youtube.com/watch?v=8BH7WFmRs-E https://www.youtube.com/watch?v=WH9ZJu4wRUE -The life cycle Kahoot game P 501 1-3, P 507 1-3 life cycle questions Ted Ed Video clips muscles, circulatory system, How nerves work, Thyroid function,	<ul style="list-style-type: none"> ● Ossification ● Osteoporosis ● Tendonitis ● Neurons ● Pathogen ● Blood pressure ● Bronchi ● Asthma ● Emphysema ● Trachea ● Diaphragm ● Eggs ● Sperm ● Testes ● Ovaries ● Pituitary gland ● Thyroid gland ● Fertilization ● Genes ● Embryo ● fetus 	Open book test Chp 14, 15, part of 16 Kahoot Book assignments

Period	Standards and Skills <i>(Critical - Bold & italicized / SENS - highlighted)</i>	Suggested Activities and Resources	Critical Vocabulary	Assessments
Weeks 12-13	1:12:1- 1:12:3, 1:12:5, 1:12:7, 1:12:8, 2:12:1- 2:12:3, 2:12:5, 2:12:7, 2:12:9, 2:12:10, 3:12:1-3:12:3, 3:12:4, 3:12:5, 4:12:1-4:12:2, 4:12:4, 5:12:2, 5:12:4, 5:12:6, 5:12:7, 6:12:1, 7:12:1- 7:12:3, 8:12:1, 8:12:2, 8:12:3, 8:12:4,	Finish up Body Systems week 12 (see info above) Start Drugs Unit Drugs/Alcohol/Tobacco/Medicines Unit Notes & Power Point Medicines Drug categories on board Notes & Discussion P 536 1-11, P 618 1-5, 8-13, 17-23 -Guest speaker Opioid Epidemic (date varies) Drug Webquest (1 day) Alcohol Ted ed clips narcotics, opioids, stimulants Guided Notes Drugs handout (fill in) Smokey Sue Tar demonstration Pig Lungs Demonstration Alcohol Bingo Kahoot Review Open book test Drugs/alcohol/Tobacco	<ul style="list-style-type: none"> ● Drugs ● Medicines ● Vaccines ● Side Effects ● Medicine Abuse ● Carcinogens ● Withdrawal ● Overdose ● Tar ● Addictive Drug ● Stimulant ● Depressant ● Psychological dependence ● Alcoholism ● BAC ● Substance Abuse ● Addiction ● Psychological dependence ● Physiological dependence 	Drug Webquest Book Questions Kahoot Open Book Test
Weeks 14-15	See standards above (continuation of unit and standards)	Continuation from above Chapters Drugs/Alcohol/Tobacco	See Above	See Above

Period	Standards and Skills (<i>Critical - Bold & italicized / SENS - highlighted</i>)	Suggested Activities and Resources	Critical Vocabulary	Assessments
Week 16-17	<p>1:12:1-1:12:3, 1:12:5, 1:12:6, 1:12:7, 1:12:8, 2:12:9, 2:12:10, 3:12:2-3:12:4, 4:12:1, 4:12:2, 4:12:4, 5:12:2, 5:12:6, 6:12:1, 6:12:4, 7:12:1-7:12:3, 8:12:3, 8:12:4</p> <p>See Above (continued)</p>	<p>Diseases Notes PP Communicable Diseases Communicable Disease Notes/Handout Disease Webquest Germ Bag activity and discussion STD Discussion Notes Noncommunicable Disease PP Noncommunicable Disease Webquest Ted Ed video clips-malaria, germs, ebola, emerging infections, antibiotic resistance P 568 1-5, 10-15, 20-26, 30-35, Kahoot Review Disease Review Handout Open book test Diseases (communicable & non- communicable) Ryan White Made for TV movie on HIV/AIDS</p>	<ul style="list-style-type: none"> ● Communicable Disease ● Pathogens ● Infection ● Bacteria ● Virus ● Immune system ● Emerging infection ● Epidemic ● Pandemic ● Vaccine ● Antibiotics ● STD's ● Noncommunicable disease ● Cancer ● Hypertension ● Carcinogen 	<p>Handout Book Questions Webquest Kahoot Open Book Test</p>
Weeks 18-19		<p>CPR and First Aid videos (American Heart Association) (as far as time allows) Study guide review guide (prior to week) Comprehensive Final Exam and review</p>	<ul style="list-style-type: none"> ● CPR 	<p>Cumulative Final No Book, No Notes, No Study Guide</p>
End of Quarter 2				