

Pre-Employment Transition Services (Pre-ETS) aims to equip students ages 14-22 who have an IEP, a 504 plan, or a documented disability with skills and knowledge for a successful transition from school to activities like employment and independent living skills. Services include self-advocacy instruction, job exploration, workplace readiness, post-secondary exploration, and work-based learning.

1

Self-Advocacy Training

Students learn how to communicate their strengths, challenges, and accommodation requirements effectively. This skill is essential for navigating educational and professional environments and ensuring that students receive the support they need to succeed.



2

Job Exploration Counseling

Students will explore different career options and understand the skills, qualifications, and responsibilities associated with various jobs. It aims to broaden their awareness of potential career paths and opportunities.



3

Workplace Readiness Training

Students learn essential skills that are crucial for success in a professional setting. This can include skills such as communication, teamwork, time management, problem-solving, and professionalism.



4

Post-Secondary Counseling

Guidance on enrolling in comprehensive transition or post-secondary education programs tailored for students seeking specialized opportunities and support.



5

Work-Based Learning Experiences

Students will be presented with opportunities to gain hands-on experience in real workplace settings. Paid and unpaid work-based learning opportunities helps students develop practical skills and understand the dynamics of the working world.



PRE-ETS CURRICULUM OUTLINE

Pre-Employment Transition Services (Pre-ETS) sessions entail various activities and presentations designed to provide students with the skills, knowledge, and experiences they need to successfully navigate the transition to adulthood and achieve their career and education goals.

1

First Semester

1. Getting to Know ESD 105 and Pre-ETS Program
2. Introduction to Self-Advocacy
3. Understanding My Rights: Workplace, ADA and Beyond
4. Setting and Communicating Personal Goals
5. Practicing Self-Advocacy with Technology
6. What does “Work” mean?
7. Navigating Social Situations: Workplace, Friends, Public Interactions
8. Career Exploration: Discovering Pathways
9. Exploring Post-Secondary Education Options: Is College or Training Right for Me?
10. Building a Resume: Foundations
11. Building a Support Network for Independent Living
12. Hands-on Learning: Internships, Volunteering, and Job Touring

2

Second Semester

1. Advanced Self-Advocacy: Taking Control of My Future
2. Introduction to Workplace Expectations: What Employers Look For
3. Managing Workplace Stress: Coping Strategies for Success
4. Decision-Making Skills: Problem-Solving on the Job
5. Appropriate Workplace Behavior: Professionalism
6. Building Healthy Work Relationships: Teamwork and Cooperation
7. Understanding Paychecks, Benefits, and Deductions
8. Financial Literacy: Smart Spending & Saving
9. Understanding the Job Application Process
10. Interview Skills: Practicing for Job Interviews
11. Developing Good Work Habits: From Attendance to Accountability
12. Summer Opportunities & Goals: Where Do I See Myself?