

# COUNSELOR CONNECTION



Pittsburg Jr. High- Krystal Kuban

DECEMBER 2025

## A NOTE FROM THE COUNSELOR

December is a busy and short school month. Our classroom lessons will be focused on safety.

### MONTHLY CHARACTER TRAIT

December - Empathy

### PARENT CORNER

8<sup>th</sup> graders will be starting to work with our high school counselors for course selection. Their website has a lot of great information.. [Website](#) You will receive a letter in the mail with information for appointments in January. Please make every effort to attend the parent information night and have conversations with your 8<sup>th</sup> grader about their high school plan.

#### Building Empathy in Teens

- Listen to this [short video](#) to get ideas to continue to grow empathy in our teens

### CLASSROOM LESSONS

#### Senate Bill 9 Safety Lesson

If your child attend the intermediate campus, last fall you had to sign a permissions slip for our lesson on safety. This lesson is coming up on December 5<sup>th</sup>. We will be covering child abuse, human trafficking, family violence, and dating violence by using the Too Good for Drugs and CATCH curriculum. If you have questions about this lesson, please fee free to contact me. and preview [here](#).

Resources:

### PITTSBURG JR. HIGH PROGRAM

Brochure



### SCHOOL HOUR CONTACT INFO

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