

Duke of Edinburgh's International Award – Amity International School Amsterdam



Amity International School Amsterdam is proud to offer the **bronze level of the Duke of Edinburgh's International Award**, a globally recognized programme that empowers young people to develop confidence, resilience, and essential life skills.

Open to students aged **14 - 24**, the Award encourages participants to take ownership of their personal growth by engaging in four key components:

The Four Components of the Award

- **Physical Activity** – committing to regular exercise and building healthy habits
- **Skills Development** – learning or improving a chosen skill or interest
- **Voluntary Service** – contributing positively to the community
- **Adventurous Journey** – planning and completing a group hiking and camping expedition

Students select activities that reflect their interests - such as music, cooking, sport, creative arts, peer mentoring, or community projects - allowing them to design a personalised and meaningful programme.

The journey is a memorable highlight of the Award. Working in small groups, students prepare and complete a supervised expedition that involves:

- Navigating without technology
- Cooking their own meals
- Pitching tents and camping overnight
- Collaborating to overcome real outdoor challenges



Each group also carries a purposeful aim, such as documenting their route creatively or exploring an environmental or cultural question.

The Duke of Edinburgh's International Award supports Amity's mission to inspire excellence, nurture character, and encourage students to make a positive contribution to their world. It also links closely with the **International Baccalaureate programme**, particularly the **Service as Action** component in the MYP and **CAS** in the Diploma Programme, providing meaningful opportunities for students to extend and apply their learning beyond the classroom.

Participants develop teamwork, leadership, independence, and perseverance- skills that stay with them long after the Award is complete.

The impact of participating in the Duke of Edinburgh's International Award at Amity International School Amsterdam is profound. Students gain not only practical abilities but also essential competencies such as resilience, creativity, problem-solving, decision-making, and effective communication. These attributes are vital in today's dynamic world, empowering young people to navigate both academic and future professional challenges.

At Amity Amsterdam, we are committed to providing comprehensive support as students' progress through the Award. Our programme aligns with our educational philosophy of developing well-rounded, compassionate, and proactive global citizens. We encourage students and families to embrace this exceptional opportunity - one that builds character, strengthens independence, and inspires meaningful engagement within the community.

For further information, please contact our **Award Coordinator**, Sarah Thompson, via email at sthompson@amityamsterdam.nl.



Empowering each individual to thrive
and make a positive difference.



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