

**BREAKFAST**

**DECEMBER 2025**  
CMS & PHS

MENU SUBJECT TO CHANGE  
BASED ON AVAILABILITY  
GF-GLUTEN FREE  
DF-DAIRY FREE  
PB-PLANT BASED

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**  
FRENCH TOAST  
TURKEY BACON  
ASSORTED CEREALS  
YOGURT  
FRESH SEASONAL FRUIT  
MILK

**2**  
YOGURT CUP  
LEMON BLUEBERRY BITES  
GF/DF CEREAL-GRANOLA  
ASSORTED CEREALS  
FRESH SEASONAL FRUIT  
MILK

**3**  
FRESH BAKED PUMPKIN SCONES  
HARD BOILED EGG  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**4**  
GREEK YOGURT & GRANOLA  
BANANA SPLIT  
ASSORTED CEREALS  
FRESH SEASONAL FRUIT  
MILK

**5**  
ASSORTED CEREALS  
VARIETY BAGELS  
CREAM CHEESE OR  
PEANUT BUTTER  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**8**  
BREAKFAST BOWL  
ROLL & BUTTER  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**9**  
BANANA BREAD  
HARD BOILED EGG  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**10**  
BREAKFAST BURRITO  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**11**  
ENGLISH MUFFIN  
EGG PATTY  
CHICKEN SAUSAGE  
ASSORTED CEREALS  
YOGURT & GRANOLA  
APPLE JUICE  
MILK

**12**  
YOGURT & GRANOLA PARFAIT  
GF/DF CEREAL-GRANOLA  
ASSORTED CEREALS  
FRESH SEASONAL FRUIT  
MILK

**15**  
HOME BAKED MUFFIN  
STRING CHEESE  
HARD BOILED EGG  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**16**  
SOUTHWEST BURRITO  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**17**  
WAFFLES  
CHICKEN SAUSAGE  
ASSORTED CEREALS  
FRESH SEASONAL FRUIT  
MILK

**18**  
SCRAMBLED EGGS  
CROISSANT & PLANT BUTTER  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**19**  
HOT OATMEAL  
(CRANBERRIES, RAISINS, APPLE)  
NUTS  
ASSORTED CEREALS  
YOGURT & GRANOLA  
FRESH SEASONAL FRUIT  
MILK

**22**  
 WINTER BREAK

**23**  
 WINTER BREAK

**24**  
 WINTER BREAK

**25**  
 WINTER BREAK

**26**  
 WINTER BREAK

**29**  
 WINTER BREAK

**30**  
 WINTER BREAK

**31**  
 WINTER BREAK



ALL MEALS ARE SERVED WITH 1% MILK, OR MILK SUBSTITUTION, 100% WHOLE GRAINS, FRESH FRUIT AND VEGGIES  
ALL MEALS ARE FREE TO STUDENTS  
ADULT MEAL PRICE IS \$6.50 (COMES WITH BOTTLED WATER OR MILK)

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