

MEETING MINUTES



SCHOOL HEALTH ADVISORY COUNCIL

DATE:

11/13/2025

TIME:

1:00-2:30 PM

FACILITATOR:

HC Grimet

IN ATTENDANCE

24 attendees

MEET, GREET AND NORMS

This meeting is required to be recorded and posted to the SHAC website within 10 days.

KATY ISD OFF-CAMPUS PHYSICAL EDUCATION

KISD Presenter: Dr. Sanée Bell

Information was shared regarding the Off-Campus Physical Education Program which is a collaboration between Katy ISD and approved sponsoring facilities, designed to support elite athletes in grades 6-12 who are competing at a higher level. This program focuses on individualized sports that allow for personalized scoring and advancement, not team sports. Eligible students must adhere to guidelines set by both Katy ISD and the Texas Education Agency to earn course credit, with participation divided into two categories: Category 1 requires a minimum of 15 hours per week, while Category 2 requires 5 hours per week of training.

KATY ISD HEALTH SERVICES UPDATE

Presenter: Therese Highnote

An overview was provided of the school health services team and the wide range of supports they offer, including medication administration, special procedures, immunizations,

screenings, communicable disease management, emergency response, and medical alerts. SB 12 was explained and its emphasis on parental rights, outlining the distinctions between general caretaking, opt-out health-related services, and opt-in health care services. The session concluded with response protocols, parent notification practices, and key procedures for situations in which consent is withheld.

SPRING BRANCH COMMUNITY HEALTH CENTER UPDATE

Presenter: Paulina Avial-Martinez

Information was shared regarding the organization's mission, vision, and values while outlining clinic locations in the Katy and Houston areas, along with services offered at each site and through the mobile unit. An overview of the variety of patient programs was shared, including Mom Rx, Lifestyle Rx, LP(A) genetic testing, Early Intervention Services (EIS Program), Project Valet, FIT colorectal screening, Project Derm, and the ASK Advise Connect (AAC) initiative. A new volunteer program has been implemented for students to give back to the community.

HARRIS COUNTY PUBLIC HEALTH UPDATE

Presenter: Michelle Cajero

An overview of the services and programs available to the KISD community was shared, highlighting their mission, vision, and the "3 P's": Protect and Promote health and wellbeing, and Prevent disease and injury. It was emphasized that school health, public health, and education all support the same children and families. Details were also presented for a variety of community programs offered, including physical activity and nutrition services, tobacco and vaping cessation, substance abuse prevention, mosquito and vector control, lead poisoning prevention, and diabetes prevention.

REFLECTIONS / QUESTIONS / CLOSURE

None

NEXT MEETING

Thursday, January 15, 2026 from 1:00 p.m. - 2:30 p.m.