

Prevention Plan



Park City High School

Special thanks to the [Park City Education Foundation](#) for establishing and supporting the Prevention Coordinator position at Park City High School, a role dedicated to enhancing prevention efforts and fostering a positive overall school climate.



Park City High School prioritizes prevention by offering support and services to our students and their families. Some of our everyday efforts, the systems and strategies for supporting our students, are listed below:

Schoolwide Prevention & Wellness

- [Restorative practices](#) during in-school suspension and mediation opportunities
- Monthly prevention campaigns with classroom lessons, lunch tables, bulletin boards, and TV ads
Wellness Wednesday & Murphy Minutes announcements
- [Therapy dogs](#) during lunches and mornings
- Zen Den is located in the school
- Teen Center with food pantry, laundry, kitchen, and shower
- Special Olympics basketball is in place
- Lunch Bunch to welcome
- Birthday emails for all students
- Prevention bulletin board with campaign information
- Posters across the school and community promote campaigns
- Freshman Success/Geography lessons include prevention, resilience, and success topics
- Prevention lunch tables, which are community and student-driven
- Design and deliver lessons to classes on monthly campaigns
- Guest speakers do assemblies
- [MTSS for attendance](#), behavior, wellness, and academics
- School clubs and athletics
- Mental health providers ([school counselors](#), school psychologists, or clinical support)
- District partnership with the Cook Center
- [Health](#) protocols in place
- Prevention Campaign Family Newsletters
- Bright Futures Program
- [Cell phone policy](#) and [Yondr pouches used](#)
- Miner Advantage, Miner Lift, and Study Hall classes are available for support
- Transition activities and lessons to aid in moving from EHMS to PCHS

Student & Community Involvement

- Student Prevention Committee, PBIS/Positive Behavioral Interventions and Supports Committee, and Leadership Clubs ([Student Council](#), [NHS](#), Latinos in Action)
- Community lessons: [Tribe Talk](#), [Live Like Sam](#), [Health Dept.](#), [Peace House](#), [Restorative Justice Collaboration](#)
- Family and community events; coordination with community partners

Monitoring & Feedback

- Monthly student questionnaires; SHARP survey (biennial)
Staff log behaviors in PowerSchool; MTSS/Multi-Tiered System of Supports addresses attendance, behavior, wellness, and academics
- [Attendance interventions](#) (letters, meetings, contracts)
- Prospecting miners/teachers support
- [Safe UT App and Website](#)

Staff & Safety Training

- Regular training on bullying, harassment, suicide prevention, and [trafficking](#)
- The Threat Assessment Team uses C-STAG/Comprehensive School Threat Assessment Guidelines protocols; safety drills are conducted regularly
- On-site police and security officers

Funding & Resources

- Supported by [PCEF](#), PBIS/Positive Behavioral Interventions and Supports funds, and community partners (Live Like Sam, [Utah State Board of Education](#), Health Dept.)

Campaign Topics

- [Alcohol](#), [substance abuse](#), bullying, healthy relationships, attendance, resilience, respect, and the [Five Protective Factors](#)

Bullying Prevention

- Freshman Success lessons
- [USBE Website](#)
- Staff documentation in PowerSchool
- Posters
- [Behavior Flow Chart](#)
- Restorative practices
- Staff are trained regularly on district procedures and policies for bullying, sexual harassment, suicide, and child trafficking
- Dean documentation
- Red Ribbon Week activities
- Live Like Sam week activities
- [Bullying/Harassment Reporting Form](#)
- [Student Handbook Information](#)
- [OCR Resolution Agreement](#)

- [We All Belong](#)
- [Bullying at PCHS Flyer](#)

Suicide Prevention

- Annual staff training (QPR/Question, Persuade, and Refer); Hope Squad meets monthly and trains peers/staff
- [USBE Website](#)
- [Suicide at PCHS Flyer](#)

Violence prevention

- The [school threat assessment team](#), led by the Dean, is trained
- Drills run
- CSTAG used
- Drug docs
- [Standard response protocol](#)
- On-site police officer
- Security and parking officer
- [Violence Prevention at PCHS Flyer](#)
- [Student Handbook Information](#)

Resources:

- [Utah Parent Center Bullying Resources](#)
- [Parent Guidance On Demand Course](#)
- [Helping your Child \(PACER's National Bullying Prevention Center\)](#)
- [Stop Bullying.gov](#)
- [Safe UT](#)
- [Suicide Prevention](#)
- [Counseling Department Resource List](#)
- [Summit County Health Department Prevention](#)
- [USBE Prevention Video Series](#)

Our Partners:





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P.C.H.S. RESPONSE FRAMEWORK FOR BULLYING INCIDENTS

Purpose

The **PCHS** model provides a clear, consistent framework for teachers and staff to respond to bullying incidents in a calm, supportive, and professional manner. It reinforces the school's commitment to maintaining a safe, respectful, and inclusive environment for every student.

Framework

Pause – Stay calm and assess the situation

Collect – Get the facts before reacting or judging

Help - Report the incident to the right staff and make sure the students involved get help.

Support - Follow up. Support both the target and the wider school community. Empower students to stand up and speak out.

**Miners Stand Strong –
We Dig Deep for Kindness.**



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SUICIDE RISK RESOURCES: PARENTS

Prevention and Parent Education:

- **ParentsEmpowered.org** is a media and education campaign funded by the Utah Legislature and designed to prevent and reduce underage drinking in Utah.
- **Parentguidance.org** is a web resource that offers education and therapeutic support to help parents support their child's mental health.
- **[Power of Parents \(MADD\)](http://PowerofParents.org)** is a web resource where parents can find research-proven strategies to prevent underage drinking in their homes and communities. Brought to you by MADD (Mothers Against Drunk Driving).

MENTAL HEALTH SUPPORT:

NAMI-National Alliance for the Mentally Ill provides services to educate and support those who live with mental illness.

CONNECT Summit County is a non-profit organization bringing together those who are loved ones, friends, and colleagues of people struggling with mental illness. Go to connectsummitcounty.org/mental-health-resource-directory.

Mobile Crisis Outreach Teams, or MCOT, can meet people where they are to help de-escalate a crisis.

The Children's Center Utah offers mental health services. And parents can call after-hours at 801-582-5534 for an on-call clinician who can provide support and referrals.

**Talking about suicide will not cause it
– not talking about it might.**



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PARENT BULLYING INFORMATION

Facts

- 2024 study finding that 45% of children in the state reported being cyberbullied
- Bullying is also the second most reported incident on the SafeUT app
- A 2021 Utah survey found that 26.4% of students reported being bullied in the 30 days prior to the survey.

How to Help Your Teen

1. **Start the conversation**
 - Ask open-ended questions like, "How are things going at school and with friends?"
 - Listen without judgment, focus on their feelings, and remind them you are on their side.
2. **Build skills and resilience**
 - Encourage empathy, confidence, and assertiveness.
 - Discuss safe responses – walking away, telling an adult, or supporting others.
 - Talk about respectful online behavior and not sharing harmful content.
3. **Partner with the school**
 - Know your school's bullying policy (Utah law requires one).
 - If bullying happens, document details, contact the student's Assistant Principal and Counselor.
 - Stay engaged, follow up, and request regular updates.

Resources

- Stop Bullying Now: U.S. Department of Health and Human Services
- UABC United Against Bullying Coalition, Stewart Gross, President – stew@stewgross.com
- Bullying Awareness Guidebook
- Bullying and Substance Abuse

The Park City School District is a Zero Tolerance district.