

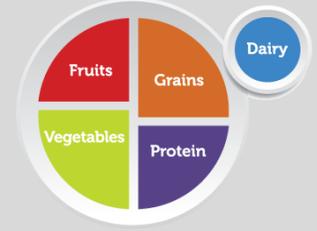


# J.S. Morton Transitional Center Menu December 2025 Breakfast & Lunch

MONDAY DECEMBER 1, 8, 15	TUESDAY DECEMBER 2, 9, 16	WEDNESDAY DECEMBER 3, 10, 17	THURSDAY DECEMBER 4, 11, 18	FRIDAY DECEMBER 5, 12, 19
<b>Winter Break December 22<sup>nd</sup> – January 2<sup>nd</sup>.</b>				
<b>Breakfast includes servings of grain/protein, fruit, and milk.</b>				
<i>Breakfast</i> Kellogg's Cereal Bowl Pack & Fruit Cup  Milk Carton	<i>Breakfast</i> Breakfast Muffin & String Cheese  Milk Carton	<i>Breakfast</i> Morton Breakfast Griddle & Orange  Milk Carton	<i>Breakfast</i> Apple Cinnamon Oatmeal & Doughnut  Milk Carton	<i>Breakfast</i> Kellogg's Strawberry Pop Tart & Banana  Milk Carton
<i>Hot Lunch</i> Oven Fried Chicken Meal	<i>Hot Lunch</i> Walking Taco or Nachos w/ Beef & Cheese	<i>Hot Lunch</i> Hotdog w/ Tater Tots	<i>Hot Lunch</i> Chicken & Broccoli Alfredo	<i>Hot Lunch</i> BBQ Chicken Sandwich w/ Onion Rings
<b>Lunch Sides: Choose a vegetable side and a fruit side.</b>				
Coleslaw Carrots w/ Ranch Fresh Fruit: Apples Mango w/ Tajin & Lime	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Roasted Apples Fruit Juice	Roasted Sweet Potato Coleslaw Fresh Fruit: Bananas Pineapple	Elote Salad Cucumbers w/ Lime Fresh Fruit: Tangerine Roasted Apples Fruit Juice	Coleslaw Carrots w/ Ranch Fresh Fruit: Apples Mango w/ Tajin & Lime

*Offer vs. Served:*  
Each meal must include at least a 1/2 cup serving of fruit or vegetable.  
*Please Note:*  
Menu substitutions may occur due to supply chain disruptions.

## CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

**\*Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast  
And each lunch meal

**Milk Selection**  
1% white

Fat-Free Chocolate

*\*Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.