



FRESH FRUIT AND VEGETABLE PROGRAM

Nutritional Education

MINI SWEET PEPPER

Mini Sweet Peppers are native to Mexico, Central America, and Northern South America. They are small, thumb size peppers, and come in a variety of colors. The red peppers have more vitamins and nutrients than any of the other colors. You are able to enjoy this nutritious veggie all year long!



*This institution is an equal opportunity provider.