

Breakfast Menu

FMES

December 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Strawberry Mini Bagel 
Egg and Cheese Sandwich 
100% Apple Juice
Fresh Apple
Unflavored 1% Milk

2 Egg and Cheese Sandwich 
100% Apple Juice
Fresh Apple
Unflavored 1% Milk
Cinnamon Bun 

3 Egg and Cheese Sandwich 
100% Apple Juice
Fresh Apple
Unflavored 1% Milk
Bacon, Egg and Cheese Breakfast Sandwich 

4 Egg and Cheese Sandwich 
Maple Mini Waffles 
100% Apple Juice
Unflavored 1% Milk

5 WG Donut 
Egg and Cheese Sandwich 
100% Apple Juice
Fresh Apple
Unflavored 1% Milk



8 Strawberry Mini Bagel 
Egg and Cheese Sandwich 
100% Apple Juice
Fresh Orange
Unflavored 1% Milk



9 Maple Mini Waffles 
Unflavored 1% Milk
100% Apple Juice
Fresh Orange
Egg and Cheese Sandwich 

10 Whole Grain French Toast Slices 
Unflavored 1% Milk
100% Apple Juice
Fresh Apple
Egg and Cheese Sandwich 

11 Glazed Donut with Cereal Topping 
Fresh Orange 
100% Apple Juice
Unflavored 1% Milk
Egg and Cheese Sandwich 

12 Bacon, Egg and Cheese Breakfast Sandwich
100% Apple Juice
Unflavored 1% Milk
Egg and Cheese Sandwich 

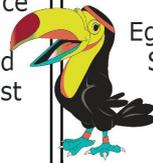
15 Strawberry Mini Bagel 
Egg and Cheese Sandwich 
Unflavored 1% Milk
100% Apple Juice

16 Maple Mini Waffles 
Egg and Cheese Sandwich 
Fresh Orange
100% Apple Juice
Unflavored 1% Milk

17 Soft Filled Cinnamon Toast Crunch Bar 
Egg and Cheese Sandwich 
100% Apple Juice
Fresh Apple
Unflavored 1% Milk

18 Egg and Cheese Sandwich 
Unflavored 1% Milk
100% Apple Juice
Fresh Apple
Bacon, Egg and Cheese Breakfast Sandwich 

19 WG Donut 
Unflavored 1% Milk
100% Apple Juice
Fresh Apple
Egg and Cheese Sandwich 



22 



23 

24 

25 

26 

29 

30 

31 



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

1st Meal no cost
2nd meal \$2.75
Adult \$3.75
Milk:\$0.85

Available Daily

Assorted Reduced Sugar Breakfast Cereals,
Pop Tarts, Muffins, Juice, Milk & Fruits
Fresh Fruit (Apples and/or Oranges)

If you have any questions or would like additional information regarding this menu please contact your food service director

Kathy Coakley at 45-446-4914 ext 2890

