



Savor the Season

December is a time of celebration, reflection, and heartwarming moments that bring our school communities closer. As the year winds down, it's also a chance to slow down, connect, and enjoy the comforting flavors that make this season so special.

For our students and families, it's a month filled with festive traditions, cozy meals, and meaningful memories. We're proud to serve nourishing dishes that not only warm hearts and support healthy habits, but also help create wonderful dining experiences that students will remember.

Let's savor the season together, one bite at a time.



What's on the menu?



Jalapeño Popper Burger



DEVELOPED BY
CULINARY

December's Limited-Time Offer!

We love reimagining classic flavors in fun, kid-friendly ways and this month, we're putting a tasty twist on a kid favorite with the Jalapeño Popper Burger! Our limited-time Jalapeño Popper Burger is a warm and savory creation featuring scratch-made jalapeño cream cheese, a rich cheddar & bacon spread, green onion, and a hint of garlic, all tucked into a hearty whole grain bun.

This crave-worthy burger brings just the right amount of flavor and fun your child's school dining experience. It's only here for December, so encourage your kids to give it a try. We think they'll love every bite!



Nutrition Corner

December is Root Vegetables and Exotic Fruits Month!

This month, we're celebrating the nourishing power of nature's most colorful ingredients, root vegetables and exotic fruits! These vibrant foods are packed with essential nutrients like fiber, vitamins A and C, potassium, and antioxidants that help support strong immune systems, healthy digestion, and lasting energy for growing kids.

We're encouraging students to explore new flavors and fuel their bodies with wholesome choices. This season let's eat well to be well!

10 Stay-Healthy Holiday Tips: Our Dietitians Weigh In

We've entered a season of celebrations! We asked our nutrition experts for their tried-and-true tips to get you through the holidays as healthy as you started them.

www.fyp365.com/10-stay-healthy-holiday-tips-our-dietitians-weigh-in



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