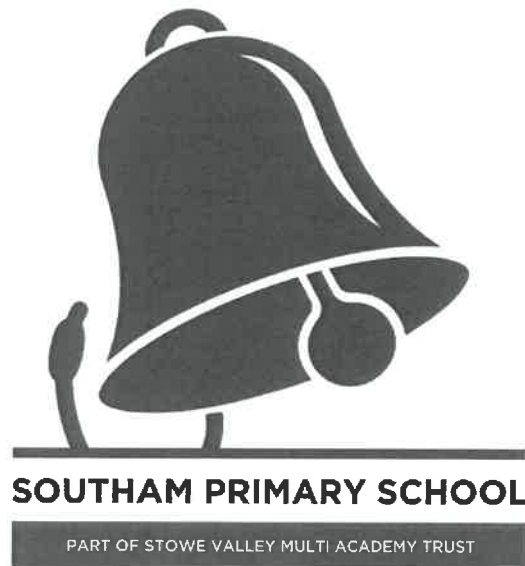


Southam Primary School

PSHE and RSE Policy



Chair of Governors signature

Headteacher's signature

Ratified: October 2025

Review: Autumn term 2026

Person responsible for overseeing the implementation: Headteacher



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Southam Primary School PSHE and RSE Policy

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment---

Rationale

Personal, Health and Social Education (PSHE) is at the heart of Southam Primary School. We believe children's attitudes to themselves and others must be healthy if they are to be happy and successful learners. Our curriculum promotes pupils' spiritual, moral, social and cultural development and prepares them for the opportunities, responsibilities and experiences of life in modern Britain.

Through high quality teaching and learning, we aim to help our children develop into healthy, safe and responsible citizens, equipped for adulthood in a diverse and changing world.

We place a strong emphasis on:

- pupil wellbeing and resilience;
- digital and media literacy;
- online safety and influence;
- understanding and respect for diversity and protected characteristics;
- meaningful pupil voice and participation.

Aims

At Southam Primary School, children are at the centre of all we do. Our PSHE curriculum aims to:

- Provide pupils with the knowledge, understanding, attitudes, values and skills they need to reach their potential as individuals and as members of society.
- Encourage pupils to participate in a wide range of activities and experiences, contributing fully to the life of our school and wider community.
- Teach pupils to recognise their own worth, work well with others and take increasing responsibility for their own lives.
- Promote positive mental health, emotional wellbeing and resilience.
- Help children develop empathy, tolerance, and respect for others, including those with different beliefs, abilities, or backgrounds.

- Enable children to form healthy, safe and respectful relationships, both on and offline.
- Prepare children for life in modern Britain by promoting British Values and developing media and digital literacy.

British Values

British Values are embedded across our curriculum and are a key part of our PSHE provision:

- Democracy
- The rule of law
- Individual liberty
- Mutual respect and tolerance for those of different faiths and beliefs

We actively promote these values through whole-school assemblies, curriculum subjects, pupil leadership opportunities, and community engagement. We help pupils to make connections to these British Values through using real life examples.

Pedagogical Content Knowledge

We use the Jigsaw PSHE programme to deliver a structured, progressive and mindful PSHE curriculum from EYFS to Year 6. We ensure that our high quality teaching is adaptive to cover experiences that are relevant to our pupils.

The Jigsaw PSHE curriculum:

- Fully meets the statutory Relationships Education and Health Education requirements;
- Embeds opportunities to discuss safeguarding, online safety and digital wellbeing;
- Promotes emotional literacy and resilience;
- Reflects the Equality Act 2010 and is inclusive of all pupils;
- Is sequenced and mapped to show progression in knowledge and skills.

We also teach:

- Protective Behaviours (Spring Term);
- NSPCC Speak Out Stay Safe for KS1 and KS2;
- Pantosaurus for EYFS.

Our curriculum includes updated content on:

- Online influence and social media pressure

- Consent and bodily autonomy
- Challenging harmful gender stereotypes
- Understanding the impact of unrealistic body ideals (taught sensitively and age-appropriately)
- Managing friendships and peer influence both offline and online

Content Knowledge

Jigsaw is delivered weekly in all year groups, with each half term focusing on a key theme (Puzzle). All children study the same theme at the same time to build whole-school cohesion. Each year builds on key knowledge and skills to allow pupils to revisit and embed key concepts.

Term	Puzzle Name	Coverage
Autumn 1	Being Me in My World	Belonging, responsibilities, class charters
Autumn 2	Celebrating Difference	Diversity, anti-bullying, inclusion
Spring 1	Dreams and Goals	Aspirations, resilience, achievement
Spring 2	Healthy Me	Physical and mental health, safety, choices
Summer 1	Relationships	Friendships, families, communication
Summer 2	Changing Me	Puberty, reproduction, transitions linked to changing school and/or year group

Digital wellbeing, influence and online safety are woven throughout all units, with clear links to our **Computing** and **Safeguarding** curriculum.

Assessment for learning

- Assessment is continuous and based on observations, pupil voice, Jigsaw tasks and self-reflection opportunities.
- Formal assessment tasks are built into each unit (Puzzle Piece 6), and recorded using the O-Track tool at the end of the academic year.

Safeguarding and Disclosures

All staff are trained to recognise that PSHE lessons may lead to disclosures. In line with our Child Protection policy:

- All disclosures are referred to the Designated Safeguarding Lead (DSL).
- We create a safe space where children feel able to speak, while always upholding our duty of care.
- Curriculum planning includes safeguarding themes, including online safety, peer-on-peer abuse, consent and recognising unhealthy behaviours.

Staff Training and Leadership

- The PSHE Lead supports all staff with planning, training, and delivery.
- All staff receive annual safeguarding and RSE training, including how to handle sensitive topics.
- Curriculum leaders monitor subjects through:
 - Lesson observations
 - Work trawls and journal sampling
 - Pupil voice and surveys
 - Parent feedback

Parental Involvement

We value strong partnerships with parents and carers. We provide:

- Regular updates via Class Dojo, newsletters, and our website;
- Access to this policy and statutory guidance;
- Opportunities for discussion during curriculum events and parent workshops.

External Visitors

We enhance PSHE with input from:

- Local police and fire services;

- E-safety and mental health specialists;
- Charities (e.g. NSPCC);
- Parent volunteers (e.g. healthcare professionals).

All visitors follow our safeguarding protocols.

Links to Other Policies

This policy links with:

- Child Protection & Safeguarding Policy
- Behaviour Policy
- Equality and Inclusion Policy
- Computing (Online Safety) Policy
- Science & RE Curriculum

Confidentiality

Staff do not promise confidentiality but handle disclosures sensitively and in line with safeguarding procedures. Pupils are always made aware when information cannot be kept confidential and are supported appropriately.

This policy is reviewed annually or in line with statutory changes.