Meadowridge Athletics
Student-Athlete Code of Conduct

As outlined in the Athletics Policy Manual, student-athletes are expected to model and demonstrate the values of Meadowridge at all times when representing the school and must endeavor to demonstrate the school's mission in all athletic opportunities: ***Learning to live well, with others and for others, in a just community.***

Students who participate in the Meadowridge School athletic program must:

- Demonstrate **sportsmanship** and **respect at all times**, ensuring that their actions are **principled**, **caring** and **reflective**.
- Contribute to developing a **positive community** and **culture** within their team and Gryphon athletics by demonstrating leadership and teamwork and giving their best effort in all athletic events.
- Demonstrate **commitment** to the team by attending practices, team meetings and games in proper Meadowridge athletic dress and arriving on time. In the event they cannot attend, athletes should **communicate** with their coach ahead of time, either in person or via email.
- Show **upstanding character** and represent themselves, their families, their team, our school and our community with pride and dignity. Student-athletes should strive to be **open-minded** and **willing to take risks**.
- Demonstrate **balance** by endeavoring to **meet their academic commitments**. Athletes must keep up to date with homework, communicate regularly with teachers, and attend and participate in all classes regularly.

Failure to uphold these expectations and responsibilities may lead to progressive disciplinary action which could include removal from a team, at the discretion of the coach and Athletic Director. Student-athletes are encouraged to read the Athletic Policy Manual for more information on expectations, roles, and responsibilities of a student-athlete.

By signing below, we acknowledge that we have reviewed the student-athlete and parent codes of conduct (on backside) and agree to do our utmost to uphold these expectations and to be positive and contributing members of Gryphon Athletics.

_____ _____

Student Name Student Signature

_____ _____

Parent/Guardian Name Parent/Guardian Signature

_____

Date

Meadowridge Athletics

Parent Code of Conduct

Meadowridge is committed to ensuring that all athletes have the opportunity to participate in a safe and enjoyable environment that is encouraging to all, enabling athletes to achieve personal best performances, and promoting overall development of sport. We recognize that parents and families play an integral role in this development of athletes and as such, all parents and spectators are expected to conduct themselves in a manner which supports the values of our school and encourages the development of all athletes on and off the competition area.

Parents are encouraged to support their student-athlete in the following ways:

- Promote a positive and welcoming atmosphere for all participants by cheering for all athletes in an encouraging manner, modeling good sportsmanship, and fair play.
- Ensure your child attends practices and games, when possible, and promote consistent communication. In the event of an absence, please ensure you and your child inform the coach in a timely manner.
- Enforce the importance of the team and working with the coaches and others to raise not only their own level, but that of the program.
- Encourage your child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- Teach your child that doing one's best is as important as winning, so that your child will never feel defeated by the outcome of a game/event. Encourage your child to train away from school to help them improve their confidence and improve their level of play.
- Focus on providing praise for competing fairly and trying hard, rather than emphasizing the outcome of the game/event.
- Remember that children learn best by example. Applaud good plays/performances by both your child's team and their opponents and show respect and courtesy for all including but not limited to officials, volunteers, other spectators and opponent athletes and coaches.
- Support all efforts to remove verbal and physical abuse from youth sporting events.
- Respect and show appreciation for coaches who give their time to provide sport activities for your child. If you have concerns you wish to speak to the coach about, ensure that it is done at an appropriate time and in a respectful manner (see Athletic Policy Manual for more detail).
- Thank officials after each event, and ensure your athlete does the same. A handshake goes a long way in the promotion of good sportsmanship.
- Assist with athletics when possible. This may include coaching, scorekeeping or cheering on our teams.
- Share these expectations with any family and friends who will be spectators at your child's game. All spectators are asked to uphold these expectations.

Thank you for your continued support of Gryphon Athletics!