

## After-School Activities (ASA)

### TASIS Portugal 2025-2026 Winter Term

#### 1) Sign-Up

- The number of spaces available for each activity is limited. Places are organized on a first-come, first-served basis.
- Parents must register students through the official school form on the [Parent Portal](#). (Click on the SOCS icon.)
- Students can only attend the activities for which they have signed up.
- Please note that not all activities will be available to all year groups.
- Only sign your child up for a sport or activity if they are interested.
- Before signing up, please note that paid activities are non-refundable, and once you've committed, you will be responsible for the associated fees.
- Take note of the off-site pick-up locations before signing up. All paid activities are off-site, except Dance Academy, Tile Painting, and The Inventors.
- Activities or sports may be withdrawn if participant numbers fail to meet established minimums.
- **For any academy-related queries, please contact the relevant coordinator directly:**
  - **Music Academy: Diogo Gomes – [diogo.gomes@tasisportugal.org](mailto:diogo.gomes@tasisportugal.org)**
  - **Dance Academy: Kim Pothoff – [danceacademy@tasisportugal.org](mailto:danceacademy@tasisportugal.org)**
  - **Language Academy: Camille Adam – [camille.adam@tasisportugal.org](mailto:camille.adam@tasisportugal.org)**

#### 2) Payment and Cancellation Policy for ASA

- When making bank transfers, please state the invoice number, student ID number, or student's name as a reference to facilitate payment reconciliation.

Payments can be made with a credit card in the School Shop or by bank transfer to:

**A/C Name: TASIS-The American School in Portugal S.A.**

**IBAN: PT50 0010 0000 59664730001 22**

**SWIFT/BIC: BBPIPTPL**

To make a payment via Flywire: <https://tasis-portugal.flywire.com>

Flywire Customer Support: <https://help.flywire.com>

- If you have any payment questions, please contact Margarida Oliveira at [accounts@tasisportugal.org](mailto:accounts@tasisportugal.org).
- Note that the following activities are paid directly to the external providers, and billing will be handled directly by these suppliers: Cascais Routes, Surfing, Tile Painting, Tennis
- **Cancellation of an activity can be done at any time during the Term. Once students have committed and enrolled in an ASA, we do not refund the term, regardless of the day you cancel the activity.**
- To cancel your child's enrollment in a sport or activity, email this request to the Director of Sport and After-School Activities at [candice.vanrooyen@tasisportugal.org](mailto:candice.vanrooyen@tasisportugal.org).

#### 3) Recess Clubs

- Homeroom teachers will enroll students in recess clubs, which take place during lunchtime.

After-School Activities and Sports  
WINTER TERM 2026

**Art**

Students will work in a variety of art media and techniques such as painting, drawing, printing, modeling, and sculpture in themed or open-ended projects.

**Basketball**

Basketball is a seasonal sport that runs during the Winter term. The competitive season for the girls takes place during this term. Students will master the fundamentals of basketball through essential ball-handling skills, drills, and interactive games. To be considered for team selection, students must demonstrate excellence and commitment by consistently attending practices. Selected teams will have the opportunity to compete in tournaments and interschool competitions. Please refer to this [document](#) for specific tournament dates.

**Book Club**

Is your child an avid reader? Do they long for someone to share their thoughts on the books they devour? Your search ends here — welcome to the TASIS Portugal Book Club. Come aboard as we select a captivating book every month, embark on a shared reading journey, and engage in vibrant discussions about our current literary adventures.

**Cascais Routes**

A unique multidisciplinary program offering students the possibility to practice the following activities: kayaking, surfing, rock climbing, mountain biking, hiking orientation, stand up paddle, and surf skate. Connecting with nature and facing challenges outdoors contributes significantly to a child's holistic growth. By joining our program, your child not only learns new skills but also builds friendships and resilience in a safe and nurturing environment. We empower children to overcome obstacles, discover their strengths, and thrive. Click the [link](#) to discover where adventure meets growth! **This is a paid activity. For pricing, please click on the link above for further information.**

**Cheerleading**

Get ready to bring the spirit and spread the cheer! Our Cheerleading Club for grades 3-5 is where young enthusiasts come together to learn the art of pep, pom-poms, and teamwork. From energetic chants to dazzling routines, our little cheerleaders develop confidence, coordination, and a whole lot of team spirit. Join us in creating a vibrant atmosphere filled with positivity, high-fives, and cheers that echo through the hallways.

**Chess**

**Lower School (Beginner and Intermediate level)**

Students who would like to learn to play chess or develop their skills at the game are welcome to this Chess Club. They will learn the rules, practice the basic moves, and begin to use strategies to play chess against an opponent.

**Middle and High School (Beginner and Intermediate level)**

Students in Middle and High School who would like to learn to play chess or develop their skills at the game are welcome to this Chess Club. They will master the moves and learn to use strategies and tactics to play chess against an opponent.

### **Clay**

Students will explore clay as a creative medium, experimenting for relaxation and gaining confidence in their skills. They will explore hand-building techniques using air-dry clay such as coiling, pinching, and slab-making to create functional and decorative pieces. Once dry, they will add a splash of color to their creations, making each piece truly unique. Don't miss this opportunity for your child to unleash their imagination and bring home their artistic achievements.

### **Climbing**

We are thrilled to introduce an exciting extracurricular opportunity and invite students to discover the thrill of climbing, whether upwards, downwards, or across our amazing indoor rock wall.

### **Coding**

This club teaches fundamental programming skills through fun, interactive projects that inspire creativity and problem-solving. Perfect for young minds eager to explore technology and build their own digital creations.

### **Cross Country**

Our Cross Country program offers something for everyone. Students who want to take running more seriously will have the opportunity to train in a competitive group, focusing on improving performance and preparing for races. At the same time, we also welcome those who simply want to enjoy running as a way to stay fit, be active, and spend time outdoors with friends. Whether your child is aiming for competition or just wants to move and have fun, this program provides a supportive and inclusive environment for all levels.

### **Dance Academy**

Please consult this [document](#) for all the Dance Academy information, such as pricing and genres.

### **ELC Board Games**

Fun board games for our youngest students to develop a variety of skills that will prepare them for more complex games, such as chess. Through board games children will learn a powerful learning tool, that problem-solving ability is like a muscle: it can be strengthened with practice and learning.

### **ELC Construction**

Children will have an array of building materials and toys to develop their natural curiosity about different materials that will guide their own learning. Children can explore mathematical concepts like size, shape, and space and deepen their understanding of these concepts in a way that is memorable, engaging, and fun.

### **ELC Early Literacy Club**

Our Early Literacy Club is designed exclusively for eager little minds, fostering a love for stories and language in a fun and interactive environment. Through enchanting tales, creative activities, and playful learning, we pave the way for the exciting journey of literacy. Join us as we embark on a magical adventure of words, imagination, and early literacy readiness!

### **ELC Mini Football**

Learn football in a fun environment. Our highly experienced coach will stimulate imagination and aid early development skills such as learning colors and numbers, following instructions, and playing as a team.

### **ELC Mini Tennis**

Mini tennis provides children with the perfect opportunity to learn the fundamentals of tennis at an early age. Designed for children aged between 4 and 10, mini tennis utilizes smaller courts, nets, and rackets, as well as lower-bouncing tennis balls to develop vital tennis skills and techniques. **This is a paid activity (€75 per month), invoiced directly by our external partner, FREDGIL Tennis Academy.**

### **ELC Montessori**

This club offers hands-on materials that promote independent learning and problem-solving, each focusing on a single skill for repeated practice and discovery of key learning outcomes.

### **ELC Multisport**

A variety of ball games to develop hand-eye coordination, gross and fine motor skills, spatial awareness, grasping skills, problem-solving skills, balance, and even language and social skills.

### **ELC Music**

Music and movement activities that will encourage creativity, expression, improvisation, and innovation. Children will experiment and play with instruments, sing, move, and play to rhythms. Children will create their own instruments and explore music from different cultures.

### **ELC Portuguese (Beginner)**

This club is like a playgroup for children who want to acquire Portuguese as a foreign language through fun and games. The goal is to develop language communication skills in a fun way, through games, songs, storybooks, and leisure.

### **ELC STEM**

Hands-on creative activities and experiments get children excited and engaged in Science, Technology, Engineering, and Math. In STEM club, children develop lifelong learning skills that include resilience, problem-solving, and strategic awareness.

### **Football**

Football at TASIS Portugal emphasizes the importance of teamwork. For our younger grades, the focus is on encouraging every child to participate, learn the game, and enjoy being active with friends. Training sessions are led by a combination of dedicated school coaches and experienced external coaches, ensuring high-quality instruction for all skill levels. During the Winter Term, we have a competitive season for boys, featuring two practice sessions each week along with interschool matches (please refer to the Sports Page for details about the season).

### **French – Advanced (Grade 5 Only)**

This after-school activity is for Grade 5 students who already speak French very well. We will follow the pre-Grade 6 curriculum, therefore this activity is **not** for beginners or students who are still learning the basics. The whole club will be in French, so students need to understand and speak it well. Students will be developing further the four

following skills: Reading, Writing, Listening, and Speaking. While the reading and writing will be focus, students will also have some fun! If you're not sure whether your child is qualified for this activity, please email Mr. Grine at: [mason.grine@tasisportugal.com](mailto:mason.grine@tasisportugal.com).

### **Golf**

Students will learn how to play and understand the game. They will be transported by the School to Penha Longa Driving Range, and pick-up is at the venue at 17:00. **This is a paid activity (€529 for the term).**

### **Gymnastics**

Gymnastics club focuses on helping students grow by developing their strength, flexibility, agility, and coordination in a fun and safe environment.

### **Judo**

In judo, students learn the technique of self-defense and the concept of leverage using your body weight and angles.

### **Kendo**

Kendo is a traditional Japanese martial art, descended from the swordsmanship techniques used by the samurai, that uses bamboo swords (shinai) and protective armor (bogu). The goal is to strike the opponent with the bamboo sword on certain parts of the armor, therefore some call it "Japanese fencing". We will start at TASIS Portugal with a beginners' course during which the students can wear their regular PE uniform (TASIS Portugal will provide the bamboo swords).

The students will hit the teacher, but they will not be receiving any strikes, therefore will not wear a protective armor themselves. Besides being a fun and healthy activity, Kendo teaches students discipline, respect, self-confidence, and resilience. The instructor (sensei) is Rogier van Bijnen, a TASIS Portugal parent who has practiced kendo since 1992, is 5th dan in Kendo and former Dutch champion, and represented the Netherlands in multiple World Championships.

### **Lego**

Fun and enriching activities that develop teamwork and problem solving through guided Lego projects. Opportunities for free play and creativity.

### **Mindfulness & Yoga**

Mindfulness activities are a wonderful way to help children learn to self-regulate, calm, and soothe. It aims to offer students a space of relaxation and attention training. The objective is to help children develop skills such as focusing solely on one task at a time, working collaboratively, following instructions, and speaking and listening. Mindfulness has countless benefits to adults and children alike, ranging from developing emotional control to improving problem-solving skills.

### **MUN (Model United Nations)**

#### **Middle School, grades 6-8**

If your child is in grades 6, 7, or 8 and is interested in global issues, public speaking, and debating, the TASIS Middle School Model United Nations (MUN) is for them. MUNs are simulations of the real United Nations, where participants represent different countries to discuss and debate current and historical global issues such as the environment, human rights, and international cooperation. At TASIS MUN, participants will have the opportunity to practice speaking, research, and thinking skills, and also to become confident with MUN conference rules and procedures. During the academic year,

students will be offered the opportunity to participate in external MUN conferences held in the Lisbon area.

### High School, grades 9-11

If your child is in grades 9 -11 and is interested in global issues, public speaking, and debating, the TASIS Middle School Model United Nations (MUN) is for them. MUNs are simulations of the real United Nations, where participants represent different countries to discuss and debate current and historical global issues such as the environment, human rights, and international cooperation. At TASIS MUN, participants will have the opportunity to practice speaking, research, and thinking skills, and also to become confident with MUN conference rules and procedures. During the academic year, students will be offered the opportunity to participate in external MUN conferences held in the Lisbon area.

### **Sim Racing**

The sessions will take place at Beloura Office Park, a 3-minute drive from the TASIS Portugal campus. Students will step into the world of motorsport through state-of-the-art full-motion simulators that provide a true-to-life driving experience. Each session focuses on training through tips and techniques that support ongoing improvement while helping students build transferable skills that benefit both eRacing and real-track driving. The simulators offer three degrees of freedom for full immersion, and the environment is fun and safe while designed to support skill development and enjoyment. **Please note that transport is not provided to the venue. The address is 13 R Centro Empresarial, Loja 9, 2710 001- Sintra. This activity will be paid directly to the external provider (€300 for the term. Included: 1.5-hour weekly session, snacks, juice and water).**

### **Spanish – Advanced (Grade 5 Only)**

This after-school activity is for Grade 5 students who already speak Spanish very well. We will follow the pre-Grade 6 curriculum, therefore this activity is **not** for beginners or students who are still learning the basics. The whole club will be in Spanish, so students need to understand and speak it well. Students will be developing further the four following skills: Reading, Writing, Listening, and Speaking. While the reading and writing will be focus, students will also have some fun! If you're not sure whether your child is qualified for this activity, please email Mr. Grine at: [mason.grine@tasisportugal.com](mailto:mason.grine@tasisportugal.com).

### **Speed Stacking**

Speed stacking is both an individual and team sport that involves stacking nine or 12 specially designed cups in pre-determined sequences as fast as you can. The benefits include hand-eye and bilateral coordination, body-brain connections, distribution of practice, and fitness.

### **STEAM – Upper School**

A hands-on collaborative approach to technology, including a variety of activities. The students will be using engineering kits to build and experiment with contraptions such as mousetrap-powered cars, elastic-powered cars, wind turbines, wiggle robots, bridges, towers, robotics kits such as KUBO, Sphero Bolt, and LEGO Mindstorms. They'll also be disassembling electronic devices, studying their components, and creating art pieces.

### **Surfing**

The Hooked Surf School offers group surf lessons, kids surf club, surfboard, and wetsuit hire. The choice of different beach breaks, consistent waves, and natural beauty add to

the experience of learning to surf in a safe, fun, and friendly environment. The surf school will transport the students to the location, which can vary between either *Carcavelos* or *Guincho* beach (depending on the waves), and pick-up must be at the location at 18:00. **This is a paid activity invoiced directly by the surf school (at €20 per lesson).**

### **Table Tennis (Ping Pong)**

Welcome to the world of Social Table Tennis – where the thrill of the game meets the joy of social connection! Whether you're a seasoned pro or a casual player, our table tennis community is all about rallying with friends, laughter, and a bit of healthy competition. Join us for some fast-paced fun, make new friends, and unleash your inner ping pong champion.

### **Taekwondo**

Regardless of age and gender, the self-esteem of every child will benefit from learning the basics of self-defense in an entertaining and stimulating environment. Taekwondo is a Korean martial art known for the dance-like gracefulness of its movements. At TASIS, we are privileged that Taekwondo is taught by Grandmaster Ana Paula Silva, a 7th Dan Black Belt and Portugal's highest ranked female practitioner, with over 30 years' teaching experience. Her high-energy classes use games and other fun activities to develop courtesy, discipline, and self-control.

### **TASIS Big Band (Invitation Only)**

TASIS Big Band offers a fantastic opportunity to connect with friends while making music. We will explore a variety of styles, including jazz, pop, and contemporary songs, as well as focusing on learning to improvise. Most importantly, we aim to have fun! This program is open to anyone who has been learning an instrument for at least one term.

### **TASIS Design & Motion Academy**

Welcome to the TASIS Design & Motion Academy, where creativity meets cutting-edge technology. Our dynamic program offers hands-on courses in **animation, filmmaking, graphic design, and digital photography**, taught by experienced industry professionals. Students explore the latest creative tools and software, gaining real-world skills through exciting, project-based learning. Whether you're designing posters, editing films, or animating stories, the Design & Motion Academy inspires innovation, builds confidence, and prepares students for the future of design and media.

#### **- Animation**

Offered in partnership with Associação Topsail, this hands-on animation course introduces students to the art of bringing drawings to life. Using Toon Boom Harmony and Wacom tablets, students explore the creative world of frame-by-frame animation, learning key techniques like squash and stretch, timing, arcs, and anticipation. From morphing shapes to bouncing balls and character movements, participants will discover how animated stories are made and build their own short sequence by the end of the term. Whether you dream of working at Pixar or simply love cartoons, this course is a fantastic way to explore animation fundamentals in a fun and professional setting. **This is a paid club (€148 for the term)**

#### **- Filmmaking**

Lights, camera, action! In this course by Associação Topsail, students will explore the powerful world of visual storytelling. Guided by industry tools and techniques, they'll learn how to operate digital cameras, master shot composition, and edit footage

using Adobe Premiere. Students will plan, shoot, and edit their own short video while exploring different camera angles, visual framing techniques, and cinematic pacing. This course empowers aspiring filmmakers to tell stories through moving images, no prior experience needed. By the end, each participant will have created a short film to share with family and friends. **This is a paid club (€148 for the term)**

### - **Graphic Design**

Unlock your creativity in our Graphic Design course. Whether you're a beginner or already love to design, this club is the perfect place to explore your passion. Using industry-standard Adobe Creative Suite tools like Photoshop, Illustrator, and InDesign, you'll learn how to create stunning logos, eye-catching posters, dynamic page layouts, and custom T-shirt graphics. Students will learn the power of typography, color, and composition, helping them bring ideas to life with professional flair. Each session is hands-on and packed with real-world projects that connect creativity with practical skills. From brainstorming concepts to finishing a printed design, students will gain confidence and experience every step of the way. No prior experience needed, just bring your imagination and a love for design! **This is a paid club (€120 for the term)**

### - **Photography**

Photography is more than just clicking a button, it's about seeing the world differently. In this course led by Associação Topsail, students will dive into the essentials of digital photography, exploring camera functions, composition, light, and editing. Using semi-automatic and manual modes, they'll learn how to capture portraits, landscapes, and street scenes with intention and emotion. The course includes hands-on practice, creative challenges, and photo editing using Adobe Photoshop. Each student will build a mini portfolio of themed photos that express their unique perspective. A perfect fit for curious storytellers and visual thinkers! **This is a paid club (€148 for the term)**

### **TASIS Strings**

Join our exciting after-school string ensemble for students from Grade 4 and up! Perfect for students with at least a year of experience on violin, viola, cello, or bass, and those who have good music reading skills. In TASIS Strings, they will have the opportunity to explore a rich repertoire from classical masterpieces to exhilarating film scores and contemporary hits. They will collaborate with fellow musicians, refine their skills, and perform in thrilling concerts.

### **Tennis**

We are excited to announce a new partnership with the FREDGIL Academy, Portugal's premier tennis training program led by former ATP professional Frederico Gil.

Through this collaboration, TASIS Portugal students will have access to:

- High-performance coaching from top professionals
- Small-group training sessions tailored to player development
- A clear pathway toward competitive tennis—all while maintaining balance with academics

Training takes place at the **world-class facilities of Penha Longa Resort**, providing students with an inspiring environment to grow both on and off the court. To support families, **transport services are available to return students to TASIS after training**. For full details on schedules and pricing, please read [this document](#).

### **The Inventors**

Students will embark on a weekly journey where each session unveils a new realm of creative superpowers. They will unleash their imagination while crafting a unique board game, diving into the world of electronic synthesizers, or delving into the artistry of stop-motion filmmaking. These engaging programs are designed to ignite their creativity, offering a spectrum of hands-on experiences that transform each moment into a discovery of their limitless creative potential. **This is a paid activity (€220 for the term).**

### **Tile Painting**

The students enrolled in the tile painting workshop will continue to have the unique opportunity to participate in a collaborative project. They will create a beautiful wall mural that will be permanently displayed at TASIS. All students will have their names included in the design. In addition to learning the skills of tile painting, there are a few ceramic and mosaic projects. Projects include a tile tray, coasters, a decorative plate, and a photo frame. **This is a paid activity invoiced directly by the external provider, Heide Cruz (€230 for the term).**

### **Volleyball**

Volleyball offers dedicated team training for students who want to develop their skills, improve their teamwork and prepare for competitive play. Although the main tournaments take place during the spring term, our training begins now so that players have plenty of time to build confidence, strengthen their technique and learn the tactical elements of the game. These early sessions help create strong foundations and ensure that our teams are ready to perform at their best when the competition season arrives. Students of all experience levels are welcome and encouraged to join.

## TASIS Portugal 2025-2026 Winter Term Recess Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
	Gr 3-5 Choir (12:00)		Gr 1-2 Choir (12:30)	

## TASIS Portugal 2025-2026 Winter Term ELC After-School Activities (ASA) Schedule

### Pre-Kindergarten ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Supervised Play	Portuguese	Hip Hop Kids (€)	Ballet Kids (€)	Supervised Play
Hip Hop Kids (€)	Montessori	Judo	Multisport	
	Construction	Forest School	Gymnastics	
	Ballet Kids (€)	Art & Craft	Board Games	
	Mini Tennis (€)	Music	Early Literacy Club	

## TASIS Portugal 2025-2026 Winter Term ELC After-School Activities (ASA) Schedule

### Kindergarten ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Supervised Play	Gymnastics	STEM	Music	Supervised Play
Hip Hop Kids (€)	Mini Football	Forest School	Judo	
Jazz Kids (€)	Lego	Multi-sport	Art & Craft	
	Ballet Kids (€)	Yoga & Mindfulness	Portuguese	
	Contemporary Kids (€)	Jazz Kids (€)	Contemporary Kids (€)	
	The Inventors (€)	Hip Hop Kids (€)	Mini Tennis (€)	
			Ballet Kids (€)	

# TASIS Portugal 2025-2026 Winter Term ES After-School Activities (ASA) Schedule

## Grade 1 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Cascais Routes (Multi Sport) (€)	Judo	Art club	Speed Stack	Cascais Routes (Mountain Bike) (€)
Tennis (€)	Coding	Football	Mindfulness and Yoga	
Jazz Dance Intermediate (€)	Gymnastics	Golf (€)	Climbing	
Hip Hop Intermediate (€) (5-6 pm)	Legó	Jazz Dance Intermediate (€)	Cascais Routes (Water Sports) (€)	
	Surfing (€)	The Inventors (€)	Surfing (€)	
	Tag Rugby	Cascais Routes (Rock Climb & Mountain Bike) (€)	Ballet Intermediate (€)	
	Cascais Routes (Water Sports) (€)	Hip Hop Intermediate (€) (5-6 pm)	Basketball	
	Ballet Intermediate (€)		Contemporary Dance Intermediate (€) (5-6 pm)	
	Contemporary Dance Intermediate (€) (5-6 pm)			

# Grade 2 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
Cascais Routes (Multi Sport) (€)	Football (Boy)	Climbing	Football (Boy)	Cascais Routes (Mountain Bike) (€)
Tennis (€)	Basketball (Girl)	Art Club	Mindfulness & Yoga	
Jazz Dance Intermediate (€)	Coding	Judo	Speed Stack	
Tag Rugby	Gymnastics	Lego	Surfing (€)	
Hip Hop Intermediate (€) (5-6 pm)	Cascais Routes (Water Sports) (€)	Golf (€)	Cascais Routes (Water Sports) (€)	
	Surfing (€)	The Inventors (€)	Ballet Intermediate (€)	
	Ballet Intermediate (€)	Jazz Dance Intermediate (€)		
	Contemporary Dance Intermediate (€) (5-6 pm)	Hip Hop Intermediate (€) (5-6 pm)	Contemporary Dance Intermediate (€) (5-6 pm)	
		Cascais Routes (Rock Climb & Mountain Bike) (€)		

## Grade 3 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
Cascais Routes (Multi Sport) (€)	Climbing	Coding	Speed Stack	Cascais Routes (Mountain Bike) (€)
Tennis (€)	Chess	Clay Club	Art	
Jazz Dance Intermediate (€)	Football (Boy)	Gymnastics	Cheerleading	
Tag Rugby	Basketball (Girl)	Judo	Football (Boy)	
Hip Hop Intermediate (€) (5-6 pm)	Ballet Intermediate (€)	Cascais Routes (Rock Climb & Mountain Bike) (€)	Surfing (€)	
	The Inventors (€)	Golf (€)	Cascais Routes (Water Sports) (€)	
	Cascais Routes (Water Sports) (€)	Jazz Dance Intermediate (€)	Ballet Intermediate (€)	
	Surfing (€)	Hip Hop Intermediate (€) (5-6 pm)	Contemporary Dance Intermediate (€) (5-6 pm)	
	Contemporary Dance Intermediate (€) (5-6 pm)			

# Grade 4 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
Football (Boy)	Climbing	Football (Boy)	Art	Cascais Routes (Mountain Bike) (€)
Kendo	Chess	Basketball (Girl)	Cheerleading	
Basketball (Girl)	TASIS Strings	Clay Club	Judo	
TASIS Big Band	Speed Stack	Gymnastics	Ballet Intermediate (€)	
Tennis (€)	Surfing (€)	Coding	Tile Painting (€)	
Cascais Routes (Multi Sport) (€)	Cascais Routes (Water Sports) (€)	Cascais Routes (Rock Climb & Mountain Bike) (€)	Surfing (€)	
Jazz Dance Intermediate (€)	Ballet Intermediate (€)	Tile Painting (€)	Tennis (€)	
Hip Hop Intermediate (€) (5-6 pm)	The Inventors (€)	Golf (€)	Cascais Routes (Water Sports) (€)	
	Contemporary Dance Intermediate (€) (5-6 pm)	Jazz Dance Intermediate (€)	Contemporary Dance Intermediate (€) (5-6 pm)	
		Hip Hop Intermediate (€) (5-6 pm)		

# Grade 5 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
Kendo	Chess	Football (Boy)	Surfing (€)	Cascais Routes (Mountain Bike) (€)
TASIS Big Band	Advanced French	Basketball (Girl)	Judo	Volleyball (Friday A)
Football (Boy)	TASIS Strings	Gymnastics	Cheerleading	
Basketball (Girl)	Speed Stack	Clay Club	Tennis (€)	
Cascais Routes (Multi Sport) (€)	Advanced Spanish	Golf (€)	Cascais Routes (Water Sports) (€)	
Surfing (€)	Cross Country	Tile Painting (€)	Tile Painting (€)	
Hip Hop Advanced 1 (€)	Ballet Intermediate (€)	Hip Hop Advanced 1 (€)	Ballet Intermediate (€)	
Jazz Dance Advanced 1 (€) (5-6 pm)	Cascais Routes (Water Sports) (€)	Jazz Dance Advanced 1 (€) (5-6 pm)	Contemporary Dance Advanced 1 (€)	
	Contemporary Dance Advanced 1 (€)			

## TASIS Portugal 2025-2026 Winter Term US After-School Activities (ASA) Schedule

### Grade 6 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	TASIS Strings	Taekwondo	Chess	Volleyball (Friday A)
Kendo	Speech and Debate	Book Club	Table Tennis	
Football (Boy)	Cross Country	Football (Boy)	Graphic Design	
Basketball (Girl)	Film making (€)	Basketball (Girl)	Tile Painting (€)	
Taekwondo	Contemporary Dance Advanced 1 (€)	Animation (€)	Tennis (€)	
Surfing (€)	Golf (€)	MUN	Contemporary Dance Advanced 1 (€)	
Photography (€)	Volleyball (Girl)	Tile Painting (€)	Volleyball (Boy)	
Hip Hop Advanced 1 (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	Hip Hop Advanced 1 (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Jazz Advanced 1 (€) (5-6pm)	Point Work (Invitation Only) (6:15-7pm)	Jazz Advanced 1 (€) (5-6pm)	Point Work (Invitation Only) (6:15-7pm)	
Dance Body Conditioning (€) (5-6 pm)		Dance Body Conditioning (€) (5-6 pm)		
Sim Racing (€)		Sim Racing (€)		

## Grade 7 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	TASIS Strings	Taekwondo	Chess	Volleyball (Friday A)
Kendo	Speech and Debate	Sim Racing (€)	Table Tennis	
Football (Boy)	Cross Country	Football (Boy)	Graphic Design	
Basketball (Girl)	Filmmaking (€)	Basketball (Girl)	Tile Painting (€)	
Taekwondo	Contemporary Dance Advanced 1 (€)	Animation (€)	Tennis (€)	
Surfing (€)	Golf (€)	MUN	Contemporary Dance Advanced 1 (€)	
Photography (€)	Volleyball (Girl)	Tile Painting (€)	Volleyball (Boy)	
Hip Hop Advanced 1 (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	Hip Hop Advanced 1 (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Jazz Advanced 1 (€) (5-6pm)	Contemporary Advanced 2 (6-7 pm)	Tennis (€)	Contemporary Advanced 2 (6-7 pm)	
Dance Body Conditioning (€) (5-6 pm)	Point Work (Invitation Only) (6:15-7pm)	Jazz Advanced 1 (€) (5-6pm)	Point Work (Invitation Only) (6:15-7pm)	
Sim Racing (€)		Sim Racing (€)		
Jazz Advanced 2 (6-7 pm)		Dance Body Conditioning (€) (5-6 pm)		
Hip Hop Advanced 2 (€) (6-7 pm)		Jazz Advanced 2 (6-7 pm)		
		Sim Racing (€)		

## Grade 8 ASA Schedule

€ = PAID

Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Speech and Debate	MUN	Basketball (Girl)	Volleyball (Girl) (Friday B) (Invitation Only)
Taekwondo	STEAM	Taekwondo	Chess	
Kendo	Football (Boy)	Cross Country	Football (Boy)	
Photography (€)	TASIS Strings	Volleyball (Girl)	Cross Training	
Surfing (€)	Basketball (Girl)	Animation (€)	Graphic Design	
Dance Body Conditioning (€) (5-6 pm)	Filmmaking (€)	Tile Painting (€)	Tile Painting (€)	
Hip Hop Advanced 2 (€) (6-7 pm)	Golf (€)	Tennis (€)	Volleyball (Boy)	
Jazz Advanced 2 (6-7 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Sim Racing (€)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Hip Hop Advanced 2 (€) (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
		Jazz Advanced 2 (6-7 pm)		
		Sim Racing (€)		

# Grade 9 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Basketball (Girl)	MUN	Basketball (Girl)	Volleyball (Girl) (Friday B) (Invitation Only)
Taekwondo	Football (Boy)	Taekwondo	Chess	
Kendo	STEAM	Cross Country	Football (Boy)	
Photography (€)	TASIS Strings	Book Club	Cross Training	
Surfing (€)	Golf (€)	Animation (€)	Graphic Design	
Volleyball (Boy) (5-6 pm)	Filmmaking (€)	Volleyball (Girl)	Tile Painting (€)	
Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	Tennis (€)	Speech and Debate	
Hip Hop Advanced 2 (€) (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Tile Painting (€)	Volleyball (Boy)	
Jazz Advanced 2 (6-7 pm)		Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Sim Racing (€)		Hip Hop Advanced 2 (€) (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
		Jazz Advanced 2 (6-7 pm)		
		Sim Racing (€)		

# Grade 10 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Football (Boy)	MUN	Basketball (Girl)	Volleyball (Girl) (Friday B) (Invitation Only)
Taekwondo	Basketball (Girl)	Taekwondo	Chess	
Kendo	STEAM	Cross Country	Football (Boy)	
Photography (€)	TASIS Strings	Book Club	Speech and Debate	
Surfing (€)	Tennis (€)	Animation (€)	Graphic Design	
Volleyball (Boy) (5-6 pm)	Filmmaking (€)	Volleyball (Girl)	Tile Painting (€)	
Dance Body Conditioning (€) (5-6 pm)	Golf (€)	Tennis (€)	Volleyball (Boy)	
Hip Hop Advanced 2 (€) (6-7 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	Tile Painting (€)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Jazz Advanced 2 (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Dance Body Conditioning (€) (5-6 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
Sim Racing (€)		Hip Hop Advanced 2 (€) (6-7 pm)		
		Jazz Advanced 2 (6-7 pm)		
		Sim Racing (€)		

# Grade 11 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Football (Boy)	MUN	Basketball (Girl)	Volleyball (Girl) (Friday B) (Invitation Only)
Taekwondo	Basketball (Girl)	Taekwondo	Chess	
Kendo	STEAM	Cross Country	Football (Boy)	
Photography (€)	TASIS Strings	Book Club	Volleyball (Boy)	
Surfing (€)	Tennis (€)	Animation (€)	Graphic Design	
Volleyball (Boy) (5-6 pm)	Filmmaking (€)	Volleyball (Girl)	Tile Painting (€)	
Dance Body Conditioning (€) (5-6 pm)	Golf (€)	Tile Painting (€)	Speech and Debate	
Hip Hop Advanced 2 (€) (6-7 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Jazz Advanced 2 (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Hip Hop Advanced 2 (€) (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
Sim Racing (€)		Jazz Advanced 2 (6-7 pm)		
		Sim Racing (€)		

# Grade 12 ASA Schedule

€ = PAID



Monday	Tuesday	Wednesday	Thursday	Friday
TASIS Big Band	Football (Boy)	MUN	Basketball (Girl)	Volleyball (Girl) (Friday B) (Invitation Only)
Taekwondo	Basketball (Girl)	Taekwondo	Chess	
Kendo	STEAM	Cross Country	Football (Boy)	
Photography (€)	TASIS Strings	Book Club	Volleyball (Boy)	
Surfing (€)	Tennis (€)	Animation (€)	Graphic Design	
Volleyball (Boy) (5-6 pm)	Filmmaking (€)	Volleyball (Girl)	Tile Painting (€)	
Dance Body Conditioning (€) (5-6 pm)	Golf (€)	Tile Painting (€)	Speech and Debate	
Hip Hop Advanced 2 (€) (6-7 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	Dance Body Conditioning (€) (5-6 pm)	Ballet Advanced 1 & 2 (5-6:15 pm)	
Jazz Advanced 2 (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	Hip Hop Advanced 2 (€) (6-7 pm)	Contemporary Dance Advanced 2 (6-7 pm) (€)	
Sim Racing (€)		Jazz Advanced 2 (6-7 pm)		
		Sim Racing (€)		