



PINE PLAINS CENTRAL SCHOOL DISTRICT
Stissing Mountain JR/SR High School (Grades 6-12)



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
NY Grilled Chicken Cobb Fruit of the Day HVF Milk	Chef Salad Fruit of the Day HVF Milk	Crispy Buffalo Chicken Salad Fruit of the Day HVF Milk	Loaded Baked Potato Salad Fruit of the Day HVF Milk	Crispy Chicken Caesar Salad Fruit of the Day HVF Milk
NY Grilled Chicken Cobb Fruit of the Day HVF Milk	Southwest Taco Salad Fruit of the Day HVF Milk	Asian Chicken Crunch Salad Fruit of the Day HVF Milk	NY Greek Chicken Salad Fruit of the Day HVF Milk	NY Grilled Chicken Cobb Fruit of the Day HVF Milk
NY Grilled Chicken Cobb Fruit of the Day HVF Milk	Mediterranean Chickpea Salad Fruit of the Day HVF Milk	Chicken Bacon Ranch Salad Fruit of the Day HVF Milk	Crispy BBQ Chicken Salad Fruit of the Day HVF Milk	Italian Chop Salad Fruit of the Day HVF Milk
Winter Cobb Salad Fruit of the Day HVF Milk	Seasonal Fruit & Yogurt Salad Fruit of the Day HVF Milk	NY Hard Boiled Egg Garden Salad Fruit of the Day HVF Milk	Roast Turkey & NY Apple Salad Fruit of the Day HVF Milk	Chicken Bacon Ranch Salad Fruit of the Day HVF Milk
NY Grilled Chicken Cobb Fruit of the Day HVF Milk	Grilled Honey Mustard Chicken Salad Fruit of the Day HVF Milk	Dumpling Salad Fruit of the Day HVF Milk	Chicken Bacon Ranch Salad Fruit of the Day HVF Milk	Cheeseburger Salad Fruit of the Day HVF Milk



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Makes meal payment convenient and simple! Scan the code below to go to the website: You can manage your student's account and make payments online.

SANDWICH BAR!!!

Check out our Sandwich of the Day

Or

Have your sandwich custom ordered!!

NY SALAD BAR!!!

Featuring a variety of locally grown items!!

Meal Prices

1st Breakfast: Free

1st Lunch: Free

Hudson Valley Fresh Milk: \$0.60 (Free with 1st meal)

Lunch:

Protein 2 oz

Whole Grain 2 oz

Vegetable 1 cup

Fruit 1 cup

Milk 8 oz

650-850 Calories

Local & Buy American This Month

Greg Farms

Highland Farms

I.G.O.P.

Chefs Garden Farmer

Lee Jones

Hudson Valley Fresh

Red Barn

Hudson Valley Egg

Slate Foods

Happy Valley Meat Co.

QUESTIONS

COMMENTS??

Please call /email Michael Dandola, FSD 518.398.7181 ext. 1351 m.dandola@ppcsd.org

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