

December Lunch



PINE PLAINS CENTRAL SCHOOL DISTRICT
Stissing Mountain JR/SR High School (Grades 6-12)



Monday	Tuesday	Wednesday	Thursday	Friday
1 Bosco Sticks Tomato Sauce Caesar Salad (B) NY Salad Bar NY Grain Bar NY Apple Slices w Sun Butter (B) HVF Milk	2 Mini Corn Dogs Funnel Cake NY Corn w/ NY Maple Butter Fresh Orange NY Salad Bar NY Grain Bar HFV Milk	3 NY Beef Tacos Beef Torta Sandwich NY Spanish Style Rice (B) NY Refried Beans Salsa NY Tortilla Chips NY Apple HVF Milk	4 NY Meatball Parm Sub Tomato Sauce NY Maple Balsamic Broccoli w Roasted Grapes, Golden Raisins, and Pepitas. (B) NY Salad Bar NY Grain Bar NY Cherries w Lemon Zest (B)	5 NY Neapolitan style Pizza Fall Chicken Salad Wrap (B) Garden Salad (B) NY Salad Bar NY Grain Bar NY Pear HVF Milk
8 NY Beef Burger w/ Cooper Cheese Smiley Fries NY Salad Bar NY Grain Bar NY Apple HVF Milk	9 NY Chicken Noodle Soup NY Garlic Bread NY Salad Bar NY Grain Bar NY Apple HVF Milk	10 NY Baked Potato Bar NY Venison Chili NY Deli Style Sloppy Joe NY Salad Bar NY Grain Bar NY Apple HVF Milk	11 NY Chicken Ranch Pita Shrimp Po'boy w/ Rodeo Sauce NY Baked Beans NY Salad Bar NY Grain Bar NY Grapes & Pepitas (B) HVF Milk	12 NY Neapolitan style Pizza NY Maple Turkey & Apple Butter Panini Roasted Honey Mustard Broccoli w Grapes & Pepitas (B) NY Salad Bar NY Grain Bar NY Pear HVF Milk
15 Breakfast (Cheese Omelet, Sausage, French Toast or Hash brown) NY Maple Syrup Roasted Red Pepper & Cucumber Salad Orange Wedges w/ Dark Chocolate (B) NY Salad Bar NY Grain Bar	16 NY Roasted Chicken Yellow Rice Garlic Parmesan Broccoli Garlic Toast Roman Style Salad, Romaine, Baby Kale, NY Grapes, Fig, Golden Raisins, NY Apple & Sweet Potato (B) NY Salad Bar NY Grain Bar NY Apple	17 NY Southern Style Baked Mac & Cheese (B) NY Turkey Ruben on House Made Everything Rye Bread NY Baked Beans NY Salad Bar NY Grain Bar NY Pear HVF Milk	18 NY Holiday Roast w/ French Onion Gravy NY Potato Gratin NY Honey Rosemary Carrots NY Salad Bar NY Grain Bar NY Homemade Christmas Cookie HVF Milk	19 NY Neapolitan style Pizza NY Roast beef French Dip Sandwich w/ Black Garlic Aioli NY Salad Bar NY Grain Bar NY Cherries w Lemon Zest (B) HVF Milk
22 Bosco Sticks Tomato Sauce Caesar Salad (B) NY Salad Bar NY Grain Bar NY Apple Slices w Sun Butter (B) HVF Milk	23 <u>1/2 Day Breakfast Only</u>	24 <u>Happy Holidays!!!!</u>	25 <u>Happy Holidays!!!!</u>	26 <u>Happy Holidays!!!!</u>



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SANDWICH BAR!!!

Check out our Sandwich of the Day

Or

Have your sandwich custom ordered!!

NY SALAD BAR!!!

Featuring a variety of locally grown items!!

Meal Prices

1st Breakfast: Free

1st Lunch: Free

Hudson Valley Fresh Milk: \$0.60 (Free with 1st meal)

"If you have a food allergy or intolerance, please notify us."

Lunch:

Protein 2 oz

Whole Grain 2 oz

Vegetable 3/4- 1 cup

Fruit 3/4-1 cup

Milk 8 oz

650-850 Calories

Local & Buy American This Month

Greg Farms
Highland Farms
IGOP-(Brad) Micro green powder
Chefs Garden
Hudson Valley Fresh Red Barn

Slate Foods

QUESTIONS

COMMENTS??

Please call /email
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