



SANDOWN NORTH ELEMENTARY SCHOOL

MONTHLY NEWSLETTER

Hi Sandown North Families,

I cannot believe that we are now into the holiday season! Time does go by fast when we are having fun. Students and staff at Sandown North have had a great month. We had the pleasure of participating in two author visits that students and staff truly enjoyed. We had a great All School Meeting where students were reminded of our school shoe drive, we celebrated student artwork and other talents, and launched our yearbook cover contest. Our after school enrichment clubs started this month and are in full swing. It is wonderful to see the student interest in extracurricular activities and we are happy that our staff are offering these opportunities for our students at North. We had our first Principal's Coffee Hour with families right before the Thanksgiving break. Thank you families for the conversation and collaboration as we continue to make Sandown North and Sandown Central great places to learn and grow.

We have four full weeks of school, until we approach the next holiday break in December. The month of December is one where we plan for holiday dress up days and other fun activities. We are looking forward to what December has in store for us. Please be sure to send your students in to school with winter jackets, gloves and hats on cold days. We have outdoor recess every day, unless the "feels like" temperature is at 20 degrees or below. We know how important the fresh air and opportunities for outdoor recess are for our students. We want to be sure they are prepared for the weather. Thank you for sharing your children with us each and every day. If you ever have any questions or concerns, do not hesitate to reach out!

Sincerely,
Mrs. Yacek, Sandown North Principal

A Message from the School Nurse

Dry Lips, Skin, Noses, and Coughs

Stay hydrated!

Drinking enough water each day boosts your immune system, helps you fight viruses, and relieves dry coughs. Aim to drink enough water to equal two-thirds of your body weight in ounces every day!

Manage Dry Skin!

Cold air and low humidity can cause dry, itchy skin.

Protect your skin by wearing lip balm, using a humidifier in your room, limiting your time in the shower, or bath, and immediately applying lotion after you dry off.

Protect your nasal membranes by applying petroleum jelly especially at bedtime to combat nosebleeds.



UPCOMING EVENTS

- December 4 PTA Meeting Sandown North
- December 6 Early Release Day
- December 8 Bingo for Books/Title One Night
- December 12 Adventurelore Grade 3
- December 25-January 1 Holiday Break





NEWS FROM THE ART ROOM



FIRST AND SECOND GRADE STUDENTS CREATED OIL PASTEL TURKEYS THAT WERE BLENDED TO SHOW TEXTURE THEN CUT OUT TO SHOW THE SHAPE OF THE FEATHERS.



THIRD AND FOURTH GRADE STUDENTS CREATED MATISSE-INSPIRED FALL LEAVES USING COFFEE FILTERS AND WASHABLE MARKERS.



Art Club

Mrs. Currier's Art Club for 4th and 5th graders started on Nov 9th. Students created cardboard sculptures then painted them one color to make them unified.



The holidays are coming!
Please consider donating your
used (without personal
messages) and unused extra
holiday cards to the Innovation
Studio.
Thank you!



Mrs. McCarte and Mrs. LeBlanc's
mixed math class recently made
these "Array Cities" to practice
making arrays for multiplication!



Fall Enrichment

Jazz Dance with Mrs. McKeen



8 Week Session 12/1/23 - 1/26/24

Fridays 3:30-4:30

Come dance with me on Friday afternoons! This session is open to fourth and fifth graders with a limit of 12 students. Please send me an email if your child is interested!

Sandy McKeen

sandra.mckeen@timberlane.net



Dear Parents,

Our Sandown North Fall Read-A-Thon fundraiser has begun! From the flyer - “The Read-A-Thon makes it easy, fun, and rewarding to practice reading at home and at school. Friends and family support your child’s reading efforts by making a donation to their personal Read-A-Thon page”.

Each class has its own code to register, so please make sure you look at the flyer that was sent home last week. Simply go online to www.read-a-thon.com/readers and enter the class code. Or, you can use your mobile device to scan the QR code on the flyer.

Then, share your child’s personal link with friends and family and log your child’s reading minutes online.

Your child will earn prizes while fostering their love of reading and the school will earn funds to help with author visits, materials for the library, and other student needs.

Please feel free to call or e-mail me with any questions and thank you for your continued support of our school.

Laura Ross, library media specialist
Laura.ross@timberlane.net
603-887-8505 x 7542



Yearbook Cover Contest is Here for the 2023-2024 school year!



Mrs. Gurczak would like to announce the yearbook cover contest for grades 3-5.

Please make sure to follow the following directions to be eligible for the cover!

If you are a third, fourth or fifth grader and would like to participate, please use the following guidelines.

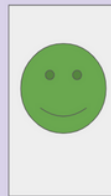
In your design you must include:

- The school year 2023-2024
- The school name Sandown North Elementary School
- Your name first and last on your design (the front, be proud!)
- The school theme: "Individually we are unique, together we are complete" we are all an important piece of the puzzle.
- Spelling is VERY important! Have an adult check!
- To Repeat, Spelling is very important if you want to make the cover.



Yearbook Cover Contest Details:

- Please make sure to use an 8.5 x 11 size paper vertically (up and down)



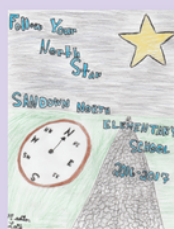
Like This!



Not Like This!

Yearbook Cover Contest Details:

- Please include your class code on the back and your full name on the front
- Return artwork to Mrs. Gurczak by Dec 15th, 2023 for judging! Good Luck!!!



Good Luck!





SANDOWN NORTH HOLIDAY SPIRIT WEEK



DECEMBER 18TH - 22ND

MONDAY



CANDY-CANE DAY



WEAR RED AND WHITE OR STRIPED APPAREL

TUESDAY



HOLIDAY HEADWEAR



WEDNESDAY

UGLY SWEATER DAY



THURSDAY



GRINCH DAY



WEAR GRINCH OR GREEN APPAREL



FRIDAY

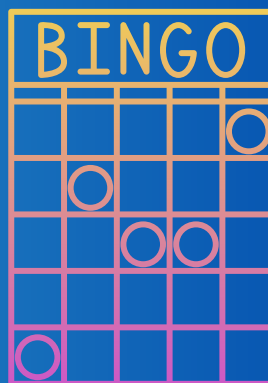


HOLIDAY PAJAMAS





PTA News



BINGO For Books!

Sponsored by The Sandown PTA

**Enjoy a fun family night out playing
Bingo to win books!**

Don't forget to bring pennies to use as markers.

**Friday, December 8th
6:30-8:00pm
Sandown North Gym**



Bingo cards are available for \$2.00 each.

Buy 5 Bingo cards, get a 6th card FREE!

Sandown PTA members receive 4 FREE Bingo cards.

DONATIONS NEEDED

Books: New or gently used books can be donated to either school by Dec. 7th

Concession Snacks: Scan the QR code to sign up or look for our Signup Genius post at SandownPTA.com and facebook.



Volunteers Opportunity!

Return form below to either school - attn: Heidi Chaput.

YES! I can volunteer* at Bingo for Books and would be available to help with:

Name: _____

Phone: _____

Best Time to Reach Me: _____

- ☐ Event Setup
- ☐ Event Cleanup
- ☐ Event Operations

*Volunteers must be approved by TRSD. Forms are available at SandownPTA.com and in the forms section on facebook.

Callers, Checkers & Concessions



Sandown North Shoe Drive



Mrs. DiBenedetto is running the London Marathon in April 2024. To help her reach her fundraising goals we are collecting gently used shoes.

The goal is to collect 7,500 pairs of shoes, and our Sandown North Community wants to help!

Please send in your gently used shoes.

We can use shoes of all types and in all sizes!

Boots, sneakers, sandals, Crocs, dress shoes etc. but **no shoes with holes, please.** If the shoes have laces, please tie them together.

Deadline for donations is December 31st.

Donations can be put in one of the yellow buckets.



If you have questions, contact
Mrs. DiBenedetto at
melissa.dibenedetto@timberlane.net





Place your order online *all year!*

www.sandownnorthspiritwear.com

OVER 200+ PRODUCTS ONLINE

Look For
Weekly
Promotions!!

Shirts & Sweatshirts

DryBlend 50/50 T-Shirt
Adult #8000 • Youth #8000B
Youth run small



Cyclone Tie-Dye T-Shirt
Adult #200CY • Youth #20BCY
Youth run small



Cotton Long Sleeve
Adult #2400 • Youth #5400B
Youth run small



HeavyBlend Crewneck
Adult #18000 • Youth #18000B
Youth run small



HeavyBlend Hooded Sweatshirt
Adult #18500 • Youth #18500B
Youth run small



Ladies

Fanatic 2.0 Tee
Ladies #2914



Classic Funnel Neck
Ladies #E2329



Essential V-Neck Tee
Ladies #E2038



Wicking T-Shirt
Adult #2790 • Youth #2791



Unisex

Sponge Hoodie
Adult #3719 • Youth #3719Y



Extra Soft Tri-Blend T-Shirt
Adult #3065 • Youth #3066



Standard Designs

DESIGN # INK131



DESIGN # INK61



DESIGN # INK116



DESIGN # INK134



DESIGN # INK86



DESIGN # INK105



Glitter Designs

DESIGN # GLT1



DESIGN # GLT6



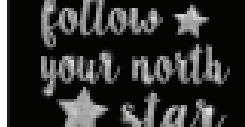
DESIGN # GLT21



DESIGN # GLT32



DESIGN # GLT48



DESIGN # GLT61

