



NOVEMBER 30, 2025

LITURGY SCHEDULE

Sunday Mass
9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass
5:00 PM

Confessions
Wednesday 8:15 - 8:35 AM
Saturday 3:00 - 4:30 PM

Weekday Rosary
Monday, Thursday and Friday
8:15 AM
Wednesday
8:00 AM

Weekday Mass
Monday, Wednesday, Thursday and Friday
8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group
Monday 7:00 PM

Weekly Eucharistic Adoration
Thursday 2:00 - 4:00 PM
First Friday of the Month Eucharistic Adoration
9:30 AM - 11:00 AM

Sacrament Preparation
425-454-9536

OFFICE HOURS

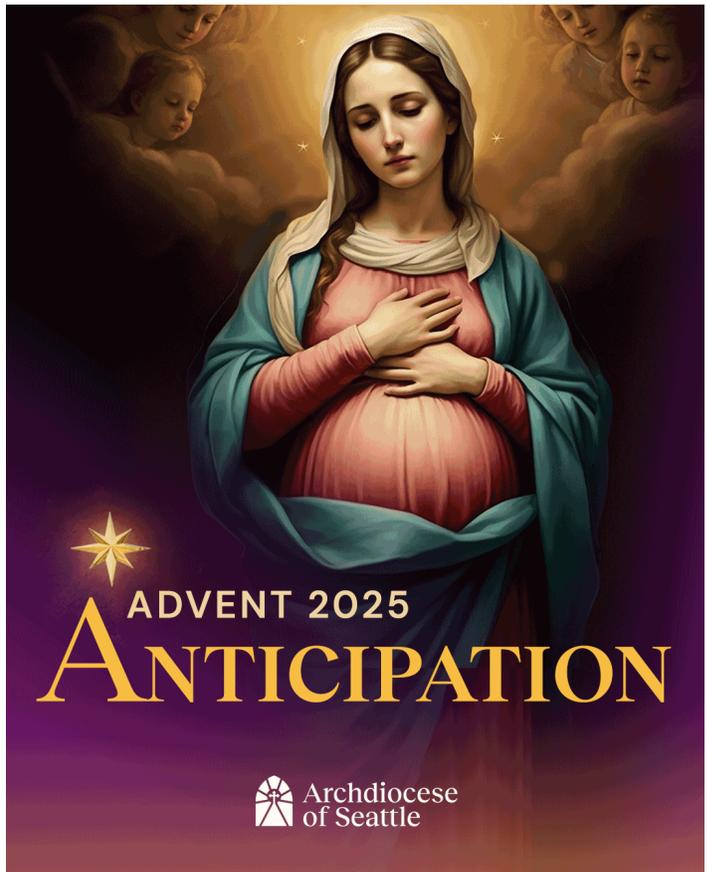
Parish
8:30 AM - 4:00 PM Mon - Fri

School
8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.

1st Sunday of Advent



PARISH CALENDAR

Sunday November 30

FIRST SUNDAY OF ADVENT

9:00 AM **Mass**
 11:00 AM **Mass** - NO CLOW
 12:30 PM NO Sunday School
 5:00 PM **Mass**



Monday December 1

Advent Weekday

8:15 AM Rosary
 8:45 AM **Mass**
 6:30 PM OCIA Group
 7:00 PM Rosary Group

Tuesday December 2

Advent Weekday

10:00 AM Stitches with Heart Group
 7:00 PM Sacred Heart Book Group

Wednesday December 3

Saint Francis Xavier, Priest

8:00 AM Rosary
 8:15 AM Confessions
 8:45 AM **Mass** (school attending)
 4:00 PM Middle School Youth Group at SH
 6:25 PM High School Youth Group at SH

Thursday December 4

Advent Weekday

Saint John Damascene, Priest, Doctor of the Church

8:15 AM Rosary
 8:45 AM **Mass** with Anointing of the Sick
 11:00 AM Carpe Diem Christmas Luncheon
 2:00 PM - 4:00 PM Eucharistic Adoration

Friday December 5

Advent Weekday

7:00 AM First Friday of the Month **Mass**
 8:15 AM Rosary
 8:45 AM **Mass**
 9:30 AM NO First Friday Eucharistic Adoration

Saturday December 6

Saint Nicholas, Bishop

8:00 AM Women's Group & Men's Group
 10:00 AM Children's First Reconciliation
 1:00 PM Funeral for Vernon Slagle
 3:00 PM Confessions - Reconciliation Chapel
 5:00 PM Vigil **Mass**

Sunday December 7

SECOND SUNDAY OF ADVENT

9:00 AM **Mass**
 11:00 AM **Mass** with CLOW
 12:30 PM Sunday School
 5:00 PM **Mass**
 6:00 PM Advent by Candlelight Event

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
 frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
 frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
 cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
 japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
 bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
 reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
 lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
 kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
 pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
 solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
 lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
 sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
 aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
 nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
 Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

SACRED HEART NEWS



IMMACULATE CONCEPTION

Solemnity of the Immaculate Conception of the Blessed Virgin Mary

Monday, December 8th

Holy Day of Obligation

Masses at 8:45 AM* and 6:30 PM

*Sacred Heart School students will join us for Mass
and share the annual Shoe Liturgy tradition.

SAVE THE DATE!

Let's Talk Tilma: An Our Lady
of Guadalupe Celebration

Friday December 12th
6:30 - 7:30 PM

Sacred Heart Church Nave

Come celebrate Our Lady of
Guadalupe, the patroness of the
Americas, on her Feast Day! Join
us for veneration, an exhilarating
talk given by Ignacio Davila, and
more!



Sacred Heart
Advent Penance Service
Thursday, December 18th
6:30 PM



Upcoming Funeral



Vernon Slagle, December 6th at 1:00 PM

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



Having heard the Word of God, the explanation given in the *homily* and professed our faith in the *Creed*, we conclude the Liturgy of the Word with the *Prayers of the Faithful* (or the *Universal Prayers*). Tracing back to the early Church (155 AD), we “offer prayers for ourselves...and for all others, wherever they may be, so that we may be found righteous by our life and actions and faithful to the commandments, so as to obtain eternal salvation” (St Justin Martyr). In these intercessory prayers, we utilize our baptismal priesthood to participate in Christ’s intercessions for the Church and the whole world. Jesus says, “Whatever you ask in prayer, believe that you will receive and it shall be given to you” (Mk 11:23-24). With a heart attuned to God’s mercy, we petition our loving God, trusting that He will answer our prayers.

2025

Sacred Heart invites you to join us in celebrating

SIMBANG GABI

SUNDAY, DECEMBER 14TH AT 5PM MASS

See you there!

ADMINISTRATION & STEWARDSHIP

PARISH STEWARDSHIP OF TREASURE.

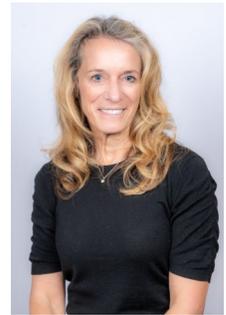
WE ARE CALLED TO SHARE OUR TREASURE WITH OTHERS.



We are very grateful to the many parishioners who have returned a Stewardship of Treasure pledge to the parish. Your generosity directly supports the mission and the ministries of Sacred Heart. There is still time to return commitment cards to the parish office, visit our website to access online giving at sacredheart.org or scan the QR code.



Being thankful is a feeling. Being grateful is an action



Congratulations to Sacred Heart Parishioners Tony and Michelle Audino on Receiving Papal Honors

Congratulations to our longtime and devoted Sacred Heart parishioners, Tony and Michelle Audino, who were recently honored with papal awards by Archbishop Paul D. Etienne. These awards recognize their exceptional service and dedication to the mission of the Catholic Church in Western Washington. The Pro Ecclesia et Pontifice medal is the highest honor given by the Catholic Church to laypeople, clergy or members of religious orders who have committed their lives to supporting the Church's mission. We extend our heartfelt gratitude to the Audinos for their years of dedicated service to our parish community and the Archdiocese of Seattle. You can learn more about these awards and the Audino's service to the Archdiocese, in the Northwest Catholic article at nw catholic.org, or on Archbishop Etienne's blog post at archbishopetienne.com.



Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure Sunday collection totals

July 1 to October 31, 2025, Budget	\$496,176
July 1 to October 31, 2025, Actual	\$442,415
Under budget	(\$53,761)
Prior year actual (July –October 2024)	\$417,268

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 11/30

Isaiah 2:1-5
Psalm 122:1-9
Romans 13:11-14
Matthew 24:37-44

Monday 12/1

Isaiah 4:2-6
Psalm 122:1-9
Matthew 8:5-11

Tuesday 12/2

Isaiah 11:1-10
Psalm 72:1-2,7-8,12-13,17
Luke 10:21-24

Wednesday 12/3

Isaiah 25:6-10a
Psalm 23:1-6
Matthew 15:29-37

Thursday 12/4

Isaiah 26:1-6
Psalm 118:1,8-9,19-21,25-27a
Matthew 7:21,24-27

Friday 12/5

Isaiah 29:17-24
Psalm 27:1,4,13-14
Matthew 9:27-31

Saturday 12/6

Isaiah 30:19-21,23-26
Psalm 147:1-6
Matthew 9:35—10:1,5a,6-8

Sunday 12/7

Isaiah 11:1-10
Psalm 72:1-2,7-8,12-13,17
Romans 15:4-9
Matthew 3:1-12

MASS INTENTIONS

Sunday 11/30

9:00 AM Mass: RIP SUZIE SUGARMAN
by Dottie McGowan

11:00 AM Mass: RIP PATRICIA LANTZY
by Christina Jaramielo

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 12/1

INT HOWARD HENRY by Marian Middleton

Wednesday 12/3

RIP KARI ANDERSON by Marian Middleton

Thursday 12/4

RIP JAMES WOOD by Stephanie Volnie

Friday 12/5

RIP WREN PRATT - BARLOW
by Pratt - Barlow Family

Saturday 12/6

INT THE PARISHIONERS OF SACRED HEART

Sunday 12/7

9:00 AM Mass: RIP TERRY GEERE by Linda Geere

11:00 AM Mass: RIP JAMES CARLSON
by Paulina & Angelina Carlson

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Jean Henn (St. Monica)

The Deceased

Jack Dolan

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - DECEMBER

For Christians in Areas of Conflict

Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation and hope.

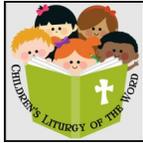
EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



No Sunday School
No CLOW
November 30th



Sunday School and CLOW Resume on December 7th
Grades K—5th, 12:30 to 1:30 PM

HS 6:35 UPCOMING HOLIDAY EVENTS

NOV 20
YOUTH GIVING
MS + HS SOCIAL

6-7:30pm THUR
@ St Monica Church

NOV 23
MASS + DINNER
CHRIST THE KING

5p Mass 6-7p Dinner + Party
@ Sacred Heart Church

DEC 3
YOUTH GROUP
ARE WE THERE YET?

6:35-8:05pm WED
@ Sacred Heart Church

DEC 6
SNOWFLAKE LANE
SKATING + COCOA

6:45-8:45pm SAT
@ Bellevue Square Park

DEC 10
YOUTH GROUP
THE X(MAS) GAMES

6:35-8:05pm WED
@ St Monica Church

DEC 14
COCOA BAR +
SIMBANG GABI

11am SUN @ St Monica &
5pm SUN @ Sacred Heart

DEC 17
ADVENT PRAYER
NIGHT

6-7pm WED
@ St Monica Church

BREAK...

SEE YOU JAN 7TH
FOR OUR SUMMER
INFO MTG!

FOR MORE INFORMATION VISIT THE YOUTH PAGE ON
EITHER PARISH WEBSITE OR CONTACT SHARON VIA EMAIL

SACRED HEART SCHOOL



We are filled with gratitude for each and every parishioner who contributed to our [Fill the Heart](#) campaign in support of the SHS Annual Fund! Your generosity strengthens every part of our school, from exceptional academics and dedicated teachers to vibrant programs and the strong, faith-filled community that makes SHS such a special place for our students, teachers and families. If you would like to make a donation in support of Sacred Heart, there's still time to contribute! Please contact Corey Raney, Director of Development, Sacred Heart School, craney@sacredheart.org. Thank you!



Advent is a season of joyful anticipation as we prepare for the coming of Jesus at Christmas. On a deeper level, anticipation during Advent is about fostering a greater desire for the Lord and his presence in our daily lives.

Go to archseattle.org/advent or scan the code for Advent inspiration from Archbishop Paul D. Etienne, engaging stories from Northwest Catholic and resources to make this your best Advent ever.



YOUNG CATHOLIC PROFESSIONALS
SEATTLE

Door of Hope

ADVENT RETREAT
LED BY ABBOT MARION Q. NGUYEN, O.S.B.

"I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture."
- John 10:9

Saturday, December 6
9:00am-5:00pm

Holy Rosary Parish
630 7th Ave N
Edmonds, WA

Members: FREE
Non-members: \$20

Register

Open to young professions in their 20s and 30s

SACRED HEART PARISH ADVENT GIVING TREE 2025



The Advent Giving Tree tradition at Sacred Heart is continuing this year for the Advent Season. The tree will be displayed in the Narthex through December 14th and an additional tree will also be set up in the school. We invite you to choose one or more ornaments from the tree and follow the instructions on the labels. This year we are supporting the following 8 organizations:

- **Prepares** - pregnancy and parenting support.
- **Jubilee Reach** - supports Bellevue area school kids and families in need.
- **Immaculate Conception** - The oldest standing Catholic church in downtown Seattle, built in 1904, serving a diverse community.
- **St. Francis House** - supports the working poor and homeless in Seattle.
- **Operation Nightwatch** - serves homeless in Seattle.
- **Sophia Way** - serves the Eastside homeless women.
- **St. Francis Mission** - Sacred Heart sister school on the Rosebud reservation in South Dakota.
- **Mary's Place** - a shelter for women and families. They have five emergency shelters in King County.

Please place gifts under one of the trees by December 14th with the ornament attached. Gift cards, with attached ornaments, can be deposited in the Advent Tree collection box, adjacent to the trees. Thank you very much for your support! Questions: Jackie Weeks, Weeksjie4@gmail.com

Sacred Heart Book Club Tuesday, December 2nd at 7:00 PM Parish Conference Room 1

(Located through main entrance of parish office)

Looking for something interesting and mind boggling to read this month? Please join us for a discussion of: ***The Body: A Guide for Occupants*** by **Bill Bryson**, a head-to-toe tour of the marvel that is the human body. Everyone is welcome! Contact Annelies Smith at 425-444-9450 or ybugmom@comcast.net for more information or to be added to the email list.



Rachel's Corner

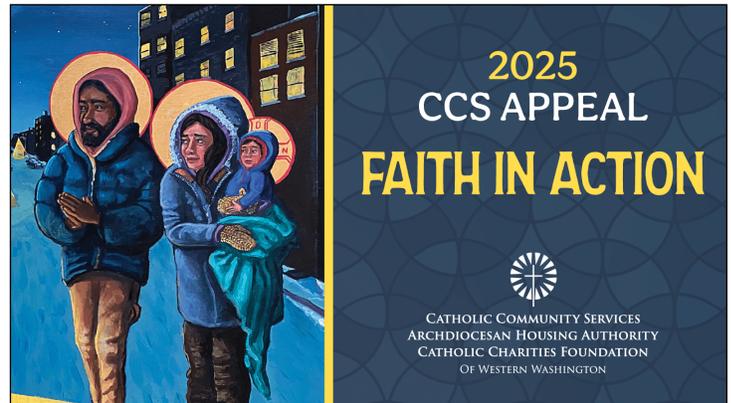
Project Rachel Post Abortion Healing Retreats

English Retreat - Friday, March 6 - Sunday, March 8, 2026

Spanish Retreat - Please call either of our confidential ministry numbers for information.

To leave a confidential message please call:
English: (206) 920-6413, Spanish: (206)-450-7814 Email projectrachel@ccsww.org. Visit us at www.ccsww.org/projectrachel Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



CCS Appeal Next Weekend, December 6th - 7th

Bill Hallerman from Catholic Community Services will visit Sacred Heart Parish next weekend and speak at all Masses. He will share about this year's appeal, **Faith in Action**. For more than a century, CCS has been putting the Gospel values into action, serving our neighbors throughout Western Washington. Please prayerfully consider how you will show your love for our neighbors in need this Christmas season. To learn more about Catholic Community Services and this year's appeal, visit ccsww.org.



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 Parishoners Matt & Christina
 Celebrating with Don!

Our Client Don
 After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Don Lovell
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.
 ❤️🙏👍🙌❤️
 Don Lovell

Matt@TeamSkally.com
 206-661-8624

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 Windermere REAL ESTATE
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 Visit www.sacredheart.org/
 Parish/publications for weekly parish bulletins

A Special Thank you to all of our Sponsors for making this Bulletin Possible