

# Gaston Middle/ HS School

## December 2025

### Lunch Menu

1 Saucy Meatball Sub	2 French Toast w/ Sausage	3 Sweet & Sour Chicken over Rice	4 Chicken Nuggets w/ WG Rolls	5 Taco Joe Burger
8 Bean & Cheese Burrito	9 Grilled Cheese w/ Tomato Soup	10 Fish & Chips	11 Turkey Gravy over Mashed Potatoes	12 Corn Dog
15 Teriyaki Chicken over Brown Rice	16 Chicken Nuggets w/ WG Roll	17 Pork Posole w/ Tortilla Chips	18 Spaghetti w/ Meaty Marinara	19 Glazed Chicken Drumsticks w/ WG Rolls
22 NO SCHOOL Winter Break	23 NO SCHOOL Winter Break	24 NO SCHOOL Winter Break	25 NO SCHOOL Christmas Day	26 NO SCHOOL Winter Break
29 NO SCHOOL Winter Break	30 NO SCHOOL Winter Break	31 NO SCHOOL Winter Break	1 NO SCHOOL NEW YEARS Day	2 NO SCHOOL Winter Break

#### Offered Tuesdays and Thursdays

Choice of Chicken, Refried Beans, Ground Taco Meat, and Jalapeño Cheese sauce on Whole Grain Corn Tortilla Chips or as a Burrito on a Whole Grain Tortilla!

#### EVERYDAY SELECTS



All meals include fresh fruits and veggies and choice of milk

#### Offered: Monday

Choice of Cheese / Pepperoni Pizza or Cheesy Breadsticks

All meals include fresh fruits and veggies and choice of milk

#### FAST TAKES



#### Offered: Daily

Assorted Sandwiches or Salads

All meal include fresh fruits and veggies and choice of milk

#### EVERYDAY GRILL



Wednesday  
**Cheeseburger**  
**Hamburger**  
**Bacon Cheeseburger**  
**Veggie Burger**

Friday  
**Chicken**  
**Spicy Chicken Sandwich**

Served with Tater Tots

All meals include fresh fruits and veggies and choice of milk