

# MARCH 2026

LUNCH 9-12

## MONDAY

**2** Meatball W/ Spaghetti Sauce (2 oz.)  
WG Spaghetti (1 Cup)  
Buttered Sweet Peas (1 Cup)  
Slice Peaches (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Veggie Meat balls w/ Sauce (2 oz.)**

## TUESDAY

**3** Stewed Diced Chicken (2 oz.)  
Seasoned WG Rice (1 cup)  
Buttered Spinach (1 cup)  
Tropical Fruits (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Stewed Veggie Burger (2 oz.)**

## WEDNESDAY

**4** Stewed Cut up Hamburger (2 oz.)  
WG Macaroni (1 cup)  
Stewed Kidney Beans (1 cup)  
Applesauce (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Stewed Slice Tofu (4.4 oz.)**

## THURSDAY

**5** Sweet N' Sour Chicken (2 oz.)  
Spaghetti (1 cup)  
(Includes Green Pepper, Red Pepper &  
Celery) Carrots (1 cup)  
Mandarin Orange (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Sweet N' Sour Veggie Wings (2 oz.)**

## FRIDAY

**6** Hamburger w/Cheese (2 oz.)  
WG Bun (1 ea.)  
Green Beans (1 cup)  
Slice Pineapples (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Black Bean Burger (2.oz.)**  
Condiments pc mayo & ketchup

**9** Baked Chicken Tenders w/ Gravy (2 oz.)  
WG Cheesy Macaroni (1 cup)  
Fiesta Green Beans (1 cup)  
(Includes Green Pepper, Red Pepper & Celery)  
Mixed Fruit (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Veggie Tofu w/Gravy (4.4 oz.)**

**10** Ground Beef Casserole (2 oz.)  
WG Spaghetti (1 cup)  
Seasoned Carrots (1 cup)  
Slice peaches (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Veggie Burger Casserole (6 oz.)**

**11** Chicken Strips (2 oz.)  
Stir Fry Brown Rice (1 cup)  
Stewed Veggie Beans (1 cup)  
Pears Halves (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Veggie Chicken Tenders (2.oz.)**

**12** Stewed Beef (2 oz.)  
WG Seasoned Macaroni (1 cup)  
Mashed Potatoes (1 cup)  
Fruit Cocktail (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Veggie Chunks (2 oz.)**

**13** Tuna Salad (2 oz.)  
WG Bun (1 ea.)  
Romaine Lettuce (1 cup)  
100% fruit Juice (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Veggie Burger (2 oz.)**  
w/pc Mayo/Ketchup (1 ea.)

**16** Chicken Strips w/Alfredo Sauce (2 oz.)  
WG Spaghetti (1 cup)  
Seasoned Beets (1 cup)  
100% Fruit Juice (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Tofu in Alfredo Sauce (4.4 oz.)**

**17** Stewed Hamburger (2 oz.)  
WG Seasoned Macaroni (1 cup)  
Spanish Kidney Beans (1 cup)  
Tropical Fruit Salad (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Stewed Veggie Burger (2 oz.)**

**18** Curry Chicken Drumsticks (2 oz.)  
WG Rice (1 cup)  
Baked Plantains (1 cup)  
Mandarin Orange (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Veggie Scallop in Butter Sauce (2 oz.)**

**19** WG Cheese /Pepperoni Pizza (4.6 oz.)  
Buttered Carrots (1 cup)  
Sliced Peaches (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. WG Veggie Pizza (4.6)**

**20** Chicken Tenders (2 oz.)  
WG Bun (1 ea.)  
Seasoned Broccoli (1 cup)  
Cinnamon Applesauce (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Veggie Chicken Tenders (2 oz.)**  
Mayo/Ketchup (1 ea.)

**23** WG Pepperoni /Cheese Pizza (4.6 oz.)  
Glazed Carrots (1 cup)  
Pears Pineapple Chunks (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Veggie Pizza (4.6 oz.)**

**24** Stewed Chicken Drumsticks (2 oz.)  
Seasoned Rice (1 cup)  
Sliced Beets (1 cup)  
Mixed Fruit (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Stewed Tofu (4.4 oz.)**

**25** Stewed Ground Beef (2 oz.)  
WG Macaroni (1 cup)  
Stewed Pinto Beans (1 cup)  
Applesauce (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Black Bean Burger (2 oz.)**

**26** Meatball W/ Spaghetti Sauce (2 oz.)  
WG Spaghetti (1 cup)  
Buttered Spinach (1 cup)  
Slice Peaches (1 cup)  
1% White Milk or Assorted Flavored Fat  
Free Milk (8 oz.)  
**Alt. Veggie Burger w/ Spaghetti Sauce  
(2 oz.)**

**27** Fish Fillet (2 oz.)  
WG bun (1 ea.)  
Seasoned Corn (1 cup)  
Tropical Fruits (1 cup)  
1% White Milk or Assorted Flavored  
Fat Free Milk (8 oz.)  
**Alt. Veggie Chicken Nuggets (2 oz.)**  
Tartar Sauce Mayo/Ketchup (1 ea.)