

MARCH 2026



LUNCH K-8



MONDAY

2 Meatball W/ Spaghetti Sauce (2 oz.)
 WG Spaghetti (1/2 Cup)
 Buttered Sweet Peas (3/4 Cup)
 Slice Peaches (1/2 cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Veggie Meat balls w/ Sauce (2 oz.)

TUESDAY

3 Stewed Diced Chicken (2 oz.)
 Seasoned WG Rice (1 cup)
 Buttered Spinach (3/4 cup)
 Tropical Fruits (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Stewed Veggie Burger (2 oz.)

WEDNESDAY

4 Stewed Cut up Hamburger (2 oz.)
 WG Macaroni (1/2 cup)
 Stewed Kidney Beans (3/4 cup)
 Applesauce (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Stewed Slice Tofu (4.4 oz.)

THURSDAY

5 Sweet N' Sour Chicken (2 oz.)
 Spaghetti (1/2 cup)
 (Includes Green Pepper, Red Pepper &
 Celery) Carrots (3/4 cup)
 Mandarin Orange (1/2 cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Sweet N' Sour Veggie Wings (2 oz.)

FRIDAY

6 Hamburger w/Cheese (2 oz.)
 WG Bun (1 ea.)
 Green Beans (3/4 cup)
 Slice Pineapples (1 cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Black Bean Burger (2.oz.)
 Condiments pc mayo & ketchup

9 Baked Chicken Tenders w/ Gravy (2 oz.)
 WG Cheesy Macaroni (1/2 cup)
 Fiesta Green Beans (3/4 cup)
 (Includes Green Pepper, Red Pepper & Celery)
 Mixed Fruit (1/2 cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Veggie Tofu w/Gravy (4.4 oz.)

10 Ground Beef Casserole (2 oz.)
 WG Spaghetti (1/2 cup)
 Seasoned Carrots (3/4 cup)
 Slice peaches (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Veggie Burger Casserole (6 oz.)

11 Chicken Strips (2 oz.)
 Stir Fry Brown Rice (1 cup)
 Stewed Veggie Beans (3/4 cup)
 Pears Halves (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Veggie Chicken Tenders (2.oz.)

12 Stewed Beef (2 oz.)
 WG Seasoned Macaroni (1/2 cup)
 Mashed Potatoes (3/4 cup)
 Fruit Cocktail (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Veggie Chunks (2 oz.)

13 Tuna Salad (2 oz.)
 WG Bun (1 ea.)
 Romaine Lettuce (1 cup)
 100% fruit Juice (1/2cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Veggie Burger (2 oz.)
 w/pc Mayo/Ketchup (1 ea.)

16 Chicken Strips w/Alfredo Sauce (2 oz.)
 WG Spaghetti (1/2 cup)
 Seasoned Beets (3/4 cup)
 100% Fruit Juice (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Tofu in Alfredo Sauce (4.4 oz.)

17 Stewed Hamburger (2 oz.)
 WG Seasoned Macaroni (1/2 cup)
 Spanish Kidney Beans (3/4 cup)
 Tropical Fruit Salad (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Stewed Veggie Burger (2 oz.)

18 Curry Chicken Drumsticks (2 oz.)
 WG Rice (1 cup)
 Baked Plantains (3/4 cup)
 Mandarin Orange (1/2 cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Veggie Scallop in Butter Sauce (2 oz.)

19 WG Cheese /Pepperoni Pizza (4.6 oz.)
 Buttered Carrots (3/4 cup)
 Sliced Peaches (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. WG Veggie Pizza (4.6)

20 Chicken Tenders (2 oz.)
 WG Bun (1 ea.)
 Seasoned Broccoli (3/4 cup)
 Cinnamon Applesauce (1/2 cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Veggie Chicken Tenders (2 oz.)
 Mayo/Ketchup (1 ea.)

23 WG Pepperoni /Cheese Pizza (4.6 oz.)
 Glazed Carrots (3/4 cup)
 Pears Pineapple Chunks (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Veggie Pizza (4.6 oz.)

24 Stewed Chicken Drumsticks (2 oz.)
 Seasoned Rice (1/2 cup)
 Sliced Beets (3/4 cup)
 Mixed Fruit (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Stewed Tofu (4.4 oz.)

25 Stewed Ground Beef (2 oz.)
 WG Macaroni (1/2 cup)
 Stewed Pinto Beans (3/4 cup)
 Applesauce (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
Alt. Black Bean Burger (2 oz.)

26 Meatball W/ Spaghetti Sauce (2 oz.)
 WG Spaghetti (1/2 cup)
 Buttered Spinach (3/4 cup)
 Slice Peaches (1/2 cup)
 1% White Milk or Assorted Flavored Fat
 Free Milk (8 oz.)
**Alt. Veggie Burger w/ Spaghetti Sauce
 (2 oz.)**

27 Fish Fillet (2 oz.)
 WG bun (1 ea.)
 Seasoned Corn (3/4 cup)
 Tropical Fruits (1/2 cup)
 1% White Milk or Assorted Flavored
 Fat Free Milk (8 oz.)
Alt. Veggie Chicken Nuggets (2 oz.)
 Tartar Sauce Mayo/Ketchup (1 ea.)