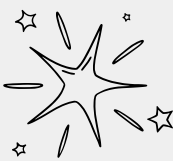


SANDOWN NORTH NEWS



March 2025

MONTHLY NEWSLETTER

Issue 7



A Message from Principal Yacek



Dear Sandown North Families,
The month of March has brought an end to most of our winter after school enrichment clubs. The exciting news is that we will be offering new opportunities this spring! We are looking at hosting a Crazy 8's math club for students in grades 1-4. We will also continue with our after school play club. See the attached flyers for more information.

Our One School, One Book event is off to a great start! Students, staff, & families are actively engaged in reading the book together and participating in the trivia questions and bingo cards! Keep up the excitement.

We are happy to report that Sandown North has raised \$3,448 towards our \$5,000 goal for the American Heart Association. The fundraiser ends today. Thank you to all of our families that have donated toward this important cause.

Grade 5 students will be taking the NH Science SAS on Tuesday, April 8th. Students in grades 3-5 will be taking the NH Math and Reading SAS in May.

Thank you for sharing your children with us each and every day. If you ever have any questions or concerns, please do not hesitate to reach out!

Yours In Education,
Mrs. Yacek, Sandown North Principal

Upcoming Dates:

- April 1 GOTR (Girls on the Run)
- April 2 Early Release 1pm
- April 3 GOTR
- April 4 Paint with the PTA
- April 8 GOTR & 5th Grade Science SAS
- April 9 Craft Club
- April 10 Grade 4 Field Trip to the Stat House & GOTR
- April 15 GOTR & Last day to order Yearbooks for Grade 1-4 Students
- April 16 Craft Club & Beginner Instrument Concert 7pm PAC
- April 17 GOTR
- April 22 GOTR
- April 23 Chorus Concert 630pm PAC
- April 24 GOTR
- April 28-May 2 Spring Break No School



Report to **PARENTS**

Families play a crucial role in reinforcing social studies concepts learned in the classroom. Here are five engaging ways to help your child explore history, geography, and civics at home.

1. Make Reading a Family Adventure

Transform your living room into a time machine with historical fiction and nonfiction books. Choose age-appropriate titles that align with your child's curriculum. During family reading time, discuss the historical context, characters, and events. Encourage your child to imagine life in different eras. For younger kids, picture books about historical figures can spark curiosity. For older children, consider starting a family book club focused on historical novels or biographies.

2. Explore Your Local History Together

Turn your weekends into historical expeditions. Visit local museums, historical sites, and landmarks. Before each trip, research the location's significance together. During the visit, play "I Spy" games to spot historical artifacts or architectural features. Afterward, discuss how your local area has changed over time and how it connects to broader historical events. Consider creating a family scrapbook or digital album of your local history adventures.

3. Bring Current Events to the Dinner Table

Make discussing news a regular part of family meals. Choose age-appropriate topics and ask your child's opinion on current issues. Help them connect today's events with historical patterns they've learned about in school. Encourage critical thinking by asking questions like, "Why do you think this happened?" or "How might this affect people differently?" For younger children, focus on positive news stories and discuss how people help their communities.

5 Fun Ways to Bring Social Studies Home



4. Create Interactive Timelines and Maps

Turn a hallway wall or spare posterboard into a giant timeline. Add important historical events as your child learns about them in school. Use different colors for various subjects, like blue for political events or green for scientific discoveries, for example. For geography, hang a world map and use pins or stickers to mark places you've learned about or want to visit. Make it a game to locate countries in the news or trace the routes of historical explorers.

5. Engage in Cultural Exploration Nights

Designate one night a week for exploring different cultures. Choose a country or region your child is studying and immerse yourselves in its culture. Cook a traditional meal together, learn a few phrases in the local language, listen to music, or watch videos about daily life there. Discuss how the culture's history has shaped its present. This hands-on approach helps children understand diverse perspectives and see connections between geography, history, and modern societies.

The goal is to make social studies relevant and exciting. By integrating these activities into your family routine, you'll help your child develop a lifelong love for learning about our world and its people, past and present.

MARCH NEWSLETTER

Nurse Edition

Breakfast is Important!

Breakfast kick starts the body's metabolism, the process of the body that converts fuel from food into energy.

Eating breakfast gives our bodies a source of refueling it needs.

Kids who skip breakfast can become tired, sluggish, restless and or irritable.

Kids who eat a healthy breakfast to start their day tend to eat overall healthier and are more physically active. It helps maintain attention and memory, kids need this to learn.

Starting the day with a healthy breakfast can help maintain a healthy weight.

Choose breakfast foods rich in whole grains, fruits, or vegetables, and protein while low in added sugar.

National Nutrition Month

Jump start the month with healthy habits! Teaching our children how to make informed food choices is important to their overall health.

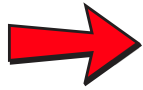
Eat Healthy with MyPlate



Contact Info

Email:
Shannon.Nastasia@Timeberlane.net

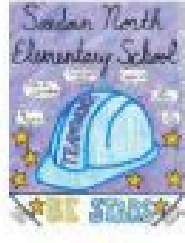




****Thanks to the PTA, 5th Graders will receive a yearbook at no charge in June!! No need to order one for them.****



Order your Yearbook Today!



Deadline to order **4/15/25**

\$18.00ea



Sandown North Elementary School

Order now, just follow these steps:

1. Go to coffeepond.com
2. Click on the "Order Yearbooks" button
3. Enter your school's password: **SNYearbook** and select online ordering and continue
4. Enter your child's name and grade and book quantity.
5. Enter your email under contact and select add to cart.
6. If you have another child to order for, please select "order for another child" . If not, you can finish checking out.

Not sure if you already ordered?

Follow the first two steps in the instructions. Scroll down past the option to enter the password and you will see the option to search for an order by email.

Contact coffee pond: lifeguards@coffeepond.com (508) 907-6633 ext. 0

This event/fundraiser and/or materials are neither sponsored nor endorsed by the Timberlane Regional School District, the Timberlane Regional School Board, the Superintendent, or any TRSD school.

DISTRICT-WIDE
BEGINNER
I N S T R U M E N T A L
CONCERT

FEATURING:

**3RD GRADE STRINGS
&
4TH GRADE BAND**

04.16.2025 7:00PM

@ THE PAC



Sandown North Shoe Drive



Mrs. DiBenedetto is running the NYC Marathon in 2025 for Girls on the Run. To help her reach her fundraising goals we are collecting gently used shoes.

The goal is to collect 2,500 pairs of shoes, and our Sandown North Community wants to help!

Please send in your gently used shoes.

We can use shoes of all types and in all sizes!

Boots, sneakers, sandals, Crocs, dress shoes etc. but **no shoes with holes, please.** If the shoes have laces, please tie them together.

Deadline for donations is April 25th.

Donations can be put in one of the yellow buckets.



If you have questions, contact
Mrs. DiBenedetto at
melissa.dibenedetto@timberlane.net





March 26, 2025

Crazy 8s is nothing like your usual math club. It is a club geared towards students in grades 1-4 with get-up-and-move activities that will level up your kid's math skills. There's no grading or homework review - just fun with friends. We're making math the cool thing to do after school!

Here are 3 reasons why your child should join:

1. **It's collaborative:** Each week's activity gets kids working together and moving around together so they can bond over math in a whole new way.
2. **It's hands-on:** Our high-energy activities explore the math behind kids' favorite things like treasure hunts, card games, puzzles - even secret spy codes!
3. **It's proven:** Crazy 8s reduces kids' math anxiety after only 8 weeks in the club and boosts their confidence in the classroom.

Clubs will meet on Tuesdays at 3:30pm,

from April 8 - June 3, 2025

These fun clubs will be coached by Mrs Siuda & Mrs Mittica

For more information, contact melissa.siuda@timberlane.net



*****PLEASE FILL OUT AND RETURN*****

Student name _____ Grade _____

Guardian's name(s) _____

Contact number(s) _____

Email _____

YES! My child may participate in Crazy 8s Math Club after school!

Guardian's signature _____

NOTE to PARENTS: Spaces are limited. Spots are first come, first serve. Students will be notified by April 4th if they have secured a spot in this fun filled math experience. 😊



Letter Home to Families

Dear Parent/Guardian:

Our school is about to take part in a special, communitywide shared reading event. Every family will receive a copy of the same book and will be asked to read it together at home over the course of 10 weeks. I am personally asking if you could make the time, so that your family can participate in this special activity.

Reading aloud at home is valuable because it better prepares your child to be an effective reader, and it is also a fun, worthwhile family activity. With this school-wide event, we aim to build a Community of Readers at our school. Everyone – students, parents, teachers, even administrative staff – will all be following along together.

Your child received a copy of our book at a special schoolwide assembly introducing the book. Along with the book, you will receive a reading schedule so that you can keep up at home. Generally, you will be asked to read about 15 minutes each night.

In school and in our community, your child will be invited to answer trivia questions to encourage and reward attentive listening. You will soon find that your child will take pride in knowing and anticipating the details of the story. In class, students will explore the book through activities and discussion. You will want to make sure your family keeps up so that your child can be included. At home, you will also be provided a Bingo card with suggested activities that are connected to the book's reading and theme.

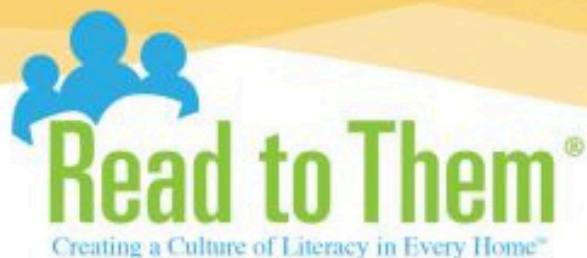
This is a school-wide activity in which children of all grade levels will be reading/listening to the same book. Strange or daring as that may seem, it actually makes sound educational sense. Reading professionals recommend reading material out loud that is beyond a child's own reading level. We also believe that you can and should continue reading chapter books with your older children, even when they are able to read by themselves. We have selected a title that can be followed and understood and enjoyed by younger students, but will still captivate and stimulate older children.

I know that you'll enjoy this special reading time with your children. When a whole school reads a book, there's a lot to talk about. With your help, we can build a Community of Readers at our school.

Yours In Education,
Laura Yacek, Principal

Every Family. Every School. Every Night. ®

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20-Day Reading Schedule for The Wild Robot Escapes

Week 1: 3/17-3/21	pp. 1-30	Chapters 1-10
Week 2: 3/24-3/28	pp. 31-55	Chapters 11-21
Week 3: 3/31-4/4	pp. 56-88	Chapters 22-31
Week 4: 4/7-4/11	pp. 89-112	Chapters 32-41
Week 5: 4/14-4/18	pp. 113-143	Chapters 42-50
Week 6: 4/21-4/25	pp. 144-171	Chapters 51-59
Week 7: 5/5-5/9	pp. 172-195	Chapters 60-66
Week 8: 5/12-5/16	pp. 196-219	Chapters 67-74
Week 9: 5/19-5/23	pp. 220-247	Chapters 75-82
Week 10: 5/27-5/30	pp. 248-273	Chapters 83-Epilogue

Every Family. Every School. Every Night.®

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March Curriculum Update

Grade 1

During the month of March, first graders are working on measuring objects with non-standard units. Students are also learning about 3 dimensional shapes and their attributes. During phonics, students are practicing writing and reading words with certain ending spelling patterns, including -le, y as /i/, and y as /e/.



Grade 2

This month, our second graders have been hard at work and enjoying a variety of exciting learning experiences! In math, the students have been mastering 3-digit addition and subtraction, exploring different strategies to help them solve problems. It's been wonderful to see their confidence grow as they tackle more complex concepts.

We've also kicked off our *One School, One Book* program, and the students are thrilled to continue the story of *Roz*. It's been amazing to see their enthusiasm and the connections they're making as they engage with the book. The discussions and activities surrounding the story have brought our class together in such a positive way.

In science, we've been learning about seed dispersal and what plants need to survive. The students have enjoyed discovering how seeds travel and the different ways plants grow and thrive. It's been a month full of hands-on learning and curiosity, and we're excited to see how the students continue to explore these concepts.



Grade 3

This month, 3rd grade explored mass and volume in math. We will continue to dive deeper into working with fractions next month. We went on our field trip to the NH State House. In writing, we are working hard on informative writing. In reading, 3rd grade is diving deeper into vocabulary and comprehension strategies.

Grade 4

This month, fourth grade completed our unit on 2-digit multiplication and reviewed strategies for long division. We started our fractions unit which includes, first, a review of 3rd grade fractions, and then the introduction and teaching of many new 4th grade skills. In writing, we continue our work on informational writing using several formats and practice sharing our writing pieces with an audience. In science, students continue to learn about energy and its transfer as we prepare for an exciting field trip to the SEE Science Center at the end of May. In social studies, we are continuing our tour of the United States through our study of each region and we have been discussing the branches of government and the role of civics in our lives. In reading, we have participated in DEAR time (Drop Everything and Read) each day and have enjoyed the kick off of *The Wild Robot Escapes* - our One School, One Book shared experience!

March NEWS

Grade 5

Shamrocks are shaking in the 5th grade! In reading and social studies, we are finishing our explorer unit and reading non-fiction articles about the first English colonies in North America. In Science, we are beginning our chemical matter unit and blurring the lines between magic and science by tarnishing pennies with a "magic potion". Finally, in Math, we are dipping our toes into fractions and will soon begin to multiply and divide them.

School Counseling Team

SEL Lesson Topics: Social Awareness/Responsible Decision Making

Grade 1: Size of the Problem: What do you do with a Problem? Read Aloud. Activity

Grade 2: Friendship: The Invisible Boy Read Aloud

Grade 3: Playing Fair: The Big Cheese Read Aloud and Activity

Grade 4: Sticky Friendships and Breathing Tool Craft

Grade 5: Bullying

Samantha can be reached at 603-887-8505 ext. 7525 or at samantha.houlihan@timberlane.net

Leah Poulin School Social Worker

Mrs. Poulin supports students and families at both Sandown North and TLC at Sandown Central and spends half of her time in each building. She provides individual and group counseling and acts as the link between home, school, and community resources. Leah can be reached at 603-887-8505 ext. 7546 or at leah.poulin@timberlane.net.

UA NEWSLETTER



March 2025



LIBRARY



This month in the library has been filled with reading a lot of Dr. Suess books for Read Across America. Additionally, **4th grade** has resumed their study of the regions of the US. **5th grade** has begun a unit on cyber safety and digital citizenship.

ART



ALL STUDENTS CREATED ERIC CARLE-INSPIRED COLLAGES.

GR 1 SEA LIFE

GR 2 FARM ANIMALS

GR 3 BIRDS

GR 4 LOTUS FLOWERS

GR 5 LOTUS FLOWERS

MUSIC



All classes are engaged in Music March Madness, where students vote on staff-submitted songs each week, discovering new favorites along the way!

Other highlights:

🎵 Grades 1-2 celebrated St. Patrick's Day with themed songs and activities while building music literacy and rhythm skills.

🎵 Grade 3 is making great progress on the recorder, mastering Hot Cross Buns and other three-note songs with precision.

🎵 Grades 4-5 wrapped up their drum circle unit and are now refining rhythm skills through movement, body percussion, and non-pitched percussion.

INNOVATION



All students continue to apply the Engineering Design Process as they ask, imagine, plan, create, and improve to complete and present various challenges appropriate to their grade level such as:

- Loose Part Art
- Snowflake Challenges
- Iggy Peck Architect inspired building challenges
- Domino Building Challenges
- Snow Castle Challenge

All students continue to develop their collaboration, communication, creativity, and critical thinking skills.

Be sure to check out the rest of the newsletter for photos of our completed school wide collaborative gingerbread village!

HEALTH/PE

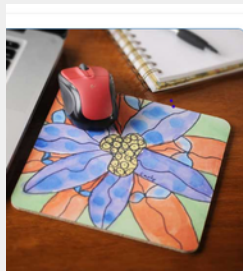
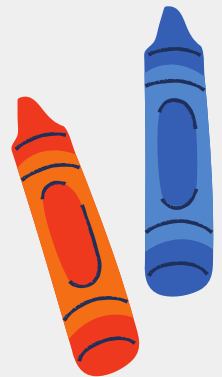


This month in PE we have been working on pillow polo hockey. Next month we will be getting into pickle ball/sticking with a short handed implement. Excited for the third trimester

News from the Art Room

Sundown North and the PTA are currently holding a school-wide fundraiser! Students in grades 1-5 created Eric-Carle-Inspired collages that will be the featured projects on the Square One Fundraiser website. Parents be on the lookout for more information (email) about how you can order your child's artwork on a wide variety of keepsake items. Every student who participates receives a free sheet of stickers with their custom artwork.

SQUARE 1 ART
IT STARTS WITH THE ART!



Mouse Pad



Kitchen Trivet

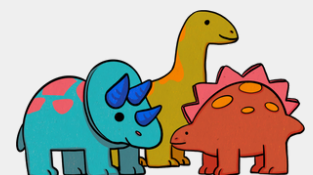
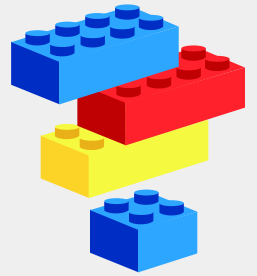
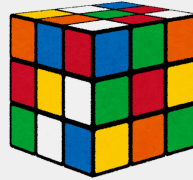


Pot Holders



News from the Art Room

5th grade students will be starting an upcycled toy sculpture project in April. We are in need of any and all discarded plastic toys: legos, dolls, animals, super heroes, etc. Please drop unwanted toys off in the bin inside the art room anytime 😊



Sandown North Innovators

Gingerbread Village Collaborative Project



Sandown North innovators began the gingerbread village project by learning about how gingerbread cookies are made and decorated. Each grade level was challenged to imagine, plan, create, and improve a different type of cookie to add to the village while adhering to the criteria and constraints of the challenge.

Grade 1 ~ trees

Grade 2 ~ people

Grade 3 ~ animals

Grade 4 ~ vehicles

Grade 5 ~ structures

Once all classes completed the challenge, innovators were invited to present their work by placing their gingerbread cookie in the village where they felt it belonged. Our village spans the length of three banquet tables. Isn't it amazing what we can create when we collaborate?

Innovators have been overheard sharing their hope that this becomes an annual project so that they have the chance to create each of the different types of cookies!



Collaboration equals innovation.

~Michael Dell

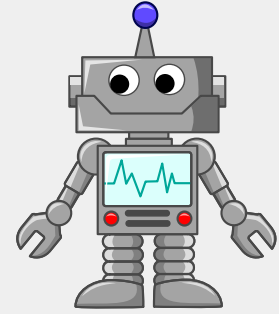
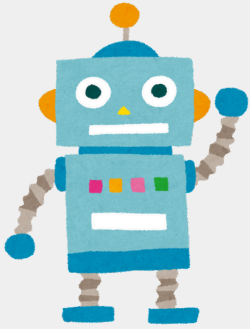


To live a creative life, we must lose our fear of being wrong.
~Anonymous



Alone we can do so little; together we can do so much.
~Helen Keller

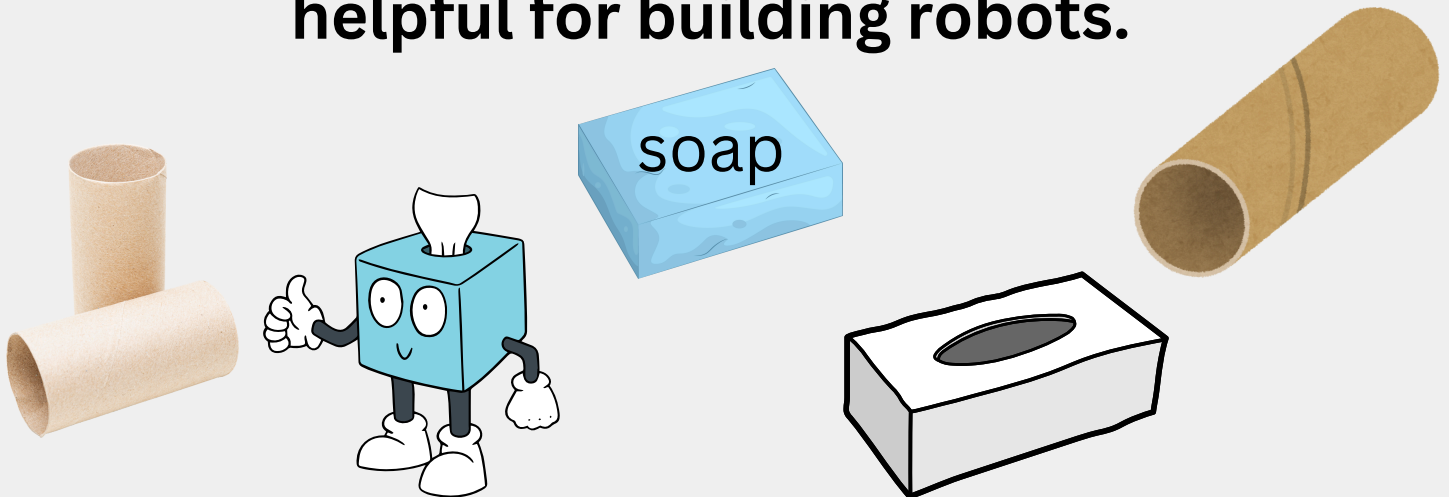
During Innovation class, all students will be designing and creating robots in teams to go along with our school wide read of the book, The Wild Robot Escapes.



For this project to be a success, we need your recyclables!



The innovation studio needs tissue boxes of all sizes and shapes, toilet paper and paper towel tubes, bar soap boxes, and anything else you think may be helpful for building robots.



Simply send in items with your students! Thank you for your support!



Sandown North

Play Group

AFTER SCHOOL PROGRAM
ON WEDNESDAYS FROM
330PM-415PM

Fun-Filled Play for Young Minds

Our Afterschool Play Group offers children play-based activities to foster social and emotional development. Through interactive games and free play, children learn essential skills while having fun.

There's still room!



To Sign up Contact:

Sandra.Gurczak@timberlane.net

Laura.Yacek@timberlane.net

DATES:



~~Feb 5 & 12~~

~~March 5, 12, 19, & 26~~

April 9, 16, & 23

May 7, 21 & 28



SANDOWN PTA NEWSLETTER

**MARCH
2025**

MARCH MEETING RECAP

Our March meeting kicked off with a special guest, Sandra Allaire, the Assistant Superintendent of Schools from Timberlane. She shared valuable insights about the school budget and addressed many of our questions concerning the warrant articles. We truly appreciate these opportunities for face-to-face discussions with TRSD, which feel more personal than district meetings.

During **Principals Minute** Principal Yacek presented a 10-week incentivized reading program, 'One School, One Book' that will roll out on Friday 3/14 that will bring students together as they read the same book and earn rewards. Stay tuned for that! There will be some great opportunities to win prizes for the students and the adults that help them along with their reading goals.

Last month the PTA join forces with our art teacher, Mrs. Currier, to have each student create Eric Carle themed pieces that we will send off Square1Art. You'll be sent information to order your little artists masterpieces on a variety of products with proceeds being split between Sandown PTA and Mrs. Currier for additional art supplies next year!

While we are on the topic of art, a much-anticipated event is coming up on April 5th, **Paint with the PTA** is back! This will be held at the rec center with two sessions to choose from, so reserve your spot now because space is limited. (Visit SandownPTA.com for the link to reserve now!)

This April we are participating in the **five Below** donation program. Shop between April 12th-19th, presenting our form at checkout, and they'll donate 10% of your total to the Sandown PTA! Forms will be sent home with students and are available at SandownPTA.com.

Bingo for Books planning is underway! We'll see you on May 30th for that family friendly event. Come play the game, enter raffles, and have some fun! Every kid will leave with books and we'll even have a selection for the grown ups too! We will begin collecting gently used books on April 28th.

Finally, we started discussing and planning one of our favorite weeks of the year, **Teachers Appreciation!** We've selected our theme "If You Give A Teacher A Cookie" and will have Signups when we get closer to May 5th. If you'd like more information, to make a donation, or to inquire about volunteering reach out to us at SandownPTA19@gmail.com or check our website: www.SandownPTA.com

2025 Raffle Calendar

Raffle calendars are available for \$10, offering chances to win summer camp weeks, gift cards, and admission vouchers. Top-selling students from each school can become Assistant Principal for a day, and the class with the highest sales wins a pizza or ice cream party. Share the fundraiser with friends and family, and make sure they include student info for the sale credit.

SCAN HERE



Drawings begin April 1st, good luck!

www.SandownPTA.com | SandownPTA19@gmail.com

IMPORTANT DATES

April 1:

Raffle drawings begin

April 7:

PTA Meeting - 6pm @ Central

April 5:

Paint with the PTA

May 5-9:

Teachers Appreciation Week

May 30:

Bingo for Books

Happy Retirement

Mr. Zig!

