SANDOWN NORTH NEWS

April 2025 MONTHLY NEWSLETTER Issue 8



A Message from Principal Yacek

Dear Families,

The third trimester is a busy time of year and we are in full swing planning for the end of the school year events. For the month of April, we started our Crazy 8's math clubs and Girls on the Run, which is well attended by students in multiple grade levels. It has also been a month full of music concerts performed by our own Sandown North students. Grade 4 students had the opportunity to visit the NH State House and Grade 5 students showed their learning of science concepts and skills during the NHSAS Science Assessment.

We are halfway through our One School, One Book reading of the Wild Robot Escapes. This has truly been a wonderful collaborative activity with local community. Thank you families for your support and engagement in the book reading.

The month of May brings new and exciting events and celebrations. We are looking forward to hosting a Grade 1 Parent Night for our incoming students for the 25-26 school year. Grade 2 and Grade 4 students will be participating in field trips and we will have two authors visiting our school for presentations. Grades 3-5 will be taking the Reading and Math NHSAS assessments. On May 23rd, we will have our annual Memorial Day event beginning at 9:00am. Parents are welcome to join us for this event. Be sure to check out our calendar of events in this newsletter, as it will be a busy month!

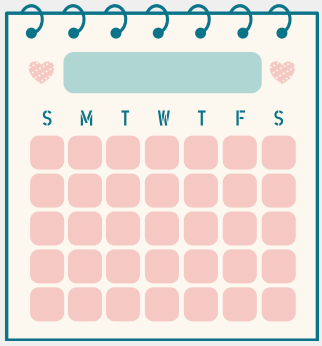
I hope that everyone enjoys Spring Break next week and we look forward to seeing everyone back at school on Monday, May 5th!

Thank you for sharing your children with us each and every day. If you ever have any questions or concerns, please do not hesitate to reach out!

Yours In Education,
Mrs. Yacek, Sandown North Principal

Mark your Calendar

Upcoming Dates:



- May1-2 Spring Break Cont.
- May 6 Grade 4&5 SAS Testing, Crazy 8's Math Club, & G.O.T.R.
- May 7 Grade 4&5 SAS, SN Play Club, Author Visit Grades 1 & 2
- May 8 Grade 4&5 SAS, G.O.T.R
- May 12 Lion's Club Vision Screening
- May 13 Grade 3 SAS Testing, Crazy 8's Math Club, & G.O.T.R.
- May 14 Early Release at 1pm.
- May 15th Grade 3 SAS, Grade 2 Field Trip to Town Hall, G.O.T.R.
- May 16 Grade 3 SAS
- May 19 Gizmo Grades 2 & 3
- May 20 Crazy 8's Math Club & G.O.T.R.
- May 21 Author Grades 3 & 4 & SN Play Club
- May 22 Grade 1 Parent Night & G.O.T.R.
- May 23 Memorial Day Celebration
- May 26 No School Memorial Day
- May 27 Crazy 8 Math Club & G.O.T.R.
- May 28 SN Play Group 4th Grade 4 See Science Center Trip
- May 29 G.O.T.R.











Report to PARENTS

Spring Into a Fresh Home: Deep Cleaning Tips For Families

As the days grow longer and the weather warms up, spring is the perfect time to refresh your home. For families, having a clean and disinfected living space can create a more positive home environment for your kids and helps to prevent the spread of illness-causing germs—at home and in the classroom. Springtime marks a great opportunity to tackle household spring cleaning projects and create a fresh environment for your family.

Here are five effective ways to make your home sparkling clean this season:

Tackle a Major Cleaning Project

Have a cleaning task that keeps getting pushed aside? Now is the perfect time to take it on! Whether it's organizing storage spaces, sorting through old belongings, or giving your floors a good polish, focusing on one big task can make a noticeable difference.

Plus, completing that long-overdue project will feel like a major accomplishment!

Focus on High-Touch Surfaces

Throughout the year, frequently touched surfaces can collect germs and bacteria. Use Lysol® Disinfecting Wipes to disinfect doorknobs, light switches, and remote controls. These areas are often overlooked but can harbor germs that may contribute to illness.

Give Your Fridge a Fresh Start

Keeping your refrigerator clean and organized makes meal prep easier and ensures food safety.



- Remove everything from your fridge and discard expired food.
- Wipe down shelves with a disinfectant cleaner and wash bins with warm, soapy water.
- Wipe the outside of the refrigerator with a disinfectant cleaner, and give your magnets a quick wipe, too!

Refresh Upholstery and Soft Surfaces

Couches, rugs, and pillows can trap dust mites and bacteria. Vacuum soft surfaces and use Lysol® Disinfectant Spray to kill 99.9 percent of illness-causing viruses and bacteria your family comes in contact with every day, when used as directed.

Reach High and Hidden Areas

Some areas of the home can be easily forgotten, especially those above eye level. This week, take time to wipe down ceiling fans, clean air vents, and wash curtains to improve air quality. Moving furniture to remove buildup underneath can also help keep your home fresh.

naesp National Association of Elementary School Principals

Source: Lysol Here For Healthy Schools

HEALTH NEWS

April 2025

Spring Seasonal Allergies

With spring and warmer weather coming, you know what that means... pollen! With the arrival of the spring season often comes symptoms of seasonal allergies for some kids.

Allergy symptoms

Symptoms could include: Runny/stuffy nose, sneezing, itchy throat, throat clearing, coughing, post nasal drip, fatigue and itchy, burning, or watery eyes. Allergy symptoms can impact quality of sleepy and ability to focus in school.

Treating Seasonal Allergies

If you know your child struggles at this time of the year with these symptoms, start appropriate medications to manage them. If your child has these symptoms, but you've never talked to your provider about allergies, this is a good time to do that.



What is Autism?

Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication. According to the Centers for Disease Control, autism affects an estimated 1 in 36 children and 1 in 45 adults in the United States today

Contact Info

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April Curriculum Update

Grade 1



During math, first graders are working on partitioning shapes into halves and fourths. In writing, students are beginning informational books. They are writing about topics they are experts on, such as cheetahs, space, and the zones of regulation. First graders are also working on spelling and reading words with r-controlled vowels and vowel teams.



Grade 2



April has been a fun and productive month! Our students are hard at work creating their own informational texts, which will soon be published into a class book — we can't wait to share their amazing work! In math, students have been introduced to units of measurement and are having a great time measuring various items around the classroom. In phonics, they've begun exploring irregular spellings, expanding their understanding of how words work in fun and challenging ways

Grade 3

This month, 3rd grade worked hard on improper fractions and mixed numbers. We are continuing to dive deeper into multiplication and division. In writing, we are working hard on writing paragraphs and identifying the main idea of a passage. In reading, 3rd grade is diving deeper into vocabulary and morphology. We started our magnets, motion and forces unit.

Grade 4

In 4th grade, students have been learning to add, subtract and multiply fractions, place fractions on number lines, use line plots and are starting the study of decimals and measurement soon. In science, we continue our study of energy. In social studies, we reflected and wrote about our field trip to the state capitol and we continue our U.S. regions unit. In writing, we have completed opinion essays and are recording podcasts with Mrs. Difeo using those essays. What a unique and exciting experience it's been!

April NEWS



Grade 5

Spring has sprung in the 5th grade! In we've merged reading and social studies and have been focusing on reading histories and accounts of life in the early 13 colonies. In Science, we are continuing our study of chemical reactions. In math, we are diving into fractions.



School Counseling Team

Sam Houlihan
School Counselor
Samantha can be reached at 603-887-8505 ext. 7525 or at samantha.houlihan@timberlane.net



Leah Poulin
School Social Worker
Mrs. Poulin supports students and families at both Sandown North and TLC at Sandown Central and spends half of her time in each building. She provides individual and group counseling and acts as the link between home, school, and community resources. Leah can be reached at 603-887-8505 ext. 7546 or at leah.poulin@timberlane.net.

UA NEWSLETTER

April 2025

LIBRARY



First Grade has continued with author studies
Second Grade is still working on Our Community
Third Grade has been learning about non-fiction text features and using Destiny, our online card catalog
Fourth Grade learned about NH government before our field trip to the State House, the resumed the unit on regions of the US.
Fifth Grade has been learning about internet safety
All classes have been doing Earth Day lessons and activties.

ART



This month as part of our One Book One School school-wide project we learned about *The Wild Robot* artist and illustrator Peter Brown. We saw a video that discusses his artistic journey since the age of five and then students created various characters from the series. Characters include Roz, Brightbill, Fink, Chitchat and Longneck. Various materials were explored including aluminum foil, charcoal, and watercolor.

MUSIC



The March/Spring Music Madness brackets are in the final rounds as classes vote on staff-submitted songs, with students sharing personal connections to the music.
Activities linked to The Wild Robot Escapes include trivia, creative movement, Would You Rather?, and videos of robots playing musical instruments.
Other highlights:
🎶 Grades 1-2 are enhancing music literacy through spring-themed rhythm and movement, focusing on "tuneful, beatful and artful" musicianship.
🎶 Grade 3 students are refining recorder skills, learning new notes, and adding expressive elements to vocal and instrumental pieces.
🎶 Grades 4-5 are creating a "Soundtrack of My Life" playlist to capture personal experiences, followed by designing an album cover.

INNOVATION



All students continue to apply the Engineering Design Process as they ask, imagine, plan, create, and improve to complete and present various challenges appropriate to their grade level such as:

- The Wild Robot Escapes inspired Loose Part Art
- Loose Parts Draw & Write
- Loose Parts Bunnies
- Various Plastic Egg Challenges
- Iggy Peck Architect inspired Building Challenges
- Domino and Card Building Challenges
- Snow Castle Challenge

All students continue to develop their collaboration, communication, creativity, and critical thinking skills.

HEALTH/PE



This month we finished with playing some pickle ball with 3-5th grade. while the 1st and second graders got to use the parachute for some fun new games.

Sandown North

First Grade Parent Information Night

Date:
Thurs May 22

Time:
6:00pm-7:00pm







The Sandown North Staff would like to welcome parents of incoming first grade students to an informational night. Please join us to learn all about grade one and what your children should expect for the 2025-2026 school year! We hope to see you there!





ELEMENTARY INSTRUMENTAL

DISTRICT CONCERTS

CONGRATULATIONS TO OUR STUDENT MUSICANS!





CONGRATULATIONS STUDENT MUSICANS

HONORS CONCERT





STRINGS





BAND



CHORUS



This month students helped to create an inspirational school mural (located inside the front entrance of the school.) The mural highlights STAR behavior as a model we use schoolwide.

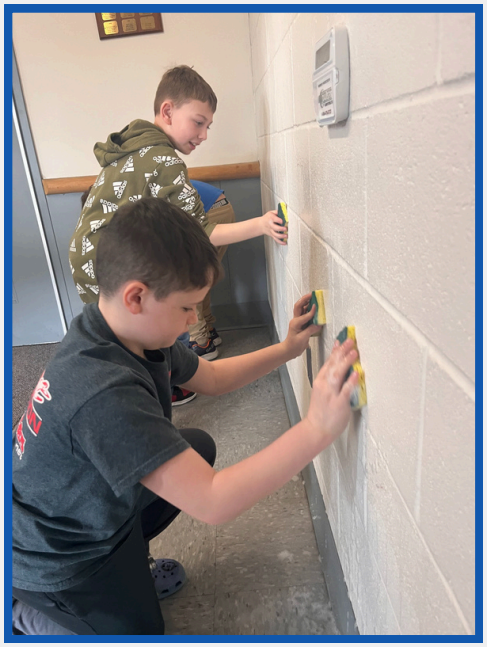
Safe, Trustworthy, Respectful and Responsible are among the positive words featured.

The following classes helped create it:

Grade 4 Albright helped prepare the walls

Grade 5 Mittica and Grade 5 Esposito helped to trace and paint the stars.

We are so proud of all the hard work students put in













The art room is still looking for discarded plastic toys! Our plan is for all 5th graders to complete a unique upcycled sculpture, but in order to achieve this we need more plastic toys. We are in need especially for larger plastic cars and trucks to serve as a "base" for our sculpture(See picture). So far roughly half of Mrs. Esposito's class has done a great job with phase one of the project.

Thanks in advance,

Mrs. Currier











First through fourth graders have been enjoying play time inside and out during Wednesday afternoon play club!





















SANDOWN PTA NEWSLETTER

APRIL 2025

April Meeting Recap

This month's meeting kicked off with a special guest from the **Sandown Lions Club**, Erica Olsen, who is also a paraeducator from North. We discussed opportunities for collaboration on future events aimed at supporting Sandown students and their families.

Our Principal Minute included positive feedback from Mrs. Yacek regarding the **One Book, One School** reading program. Mr. Hamel introduced the boys True North Running Club and shared he is looking for 4-5 coaches, if you are interested reach out to him. Mrs. Rivers shared about the growing success of the **preschool playgroup** being led by Mrs. Goodman at Central.

Raffle Calendar drawings are currently in progress, and it's been a delight to reach out to award prizes and express our gratitude to our wonderful community for their ongoing support of our initiatives.

The **Paint with the PTA** event was a hit! We had two full sessions and loved getting to see the incredible artistry from our students.

The **Scholastic Book Fair at Central** is approaching quickly, scheduled for April 14-18th. The PTA will again be running this event, and we invite families to shop during Pre-K night. Don't forget to stop by and say 'Hi!'

Planning for **Teachers Appreciation Week** is in motion! To keep it a surprise for teachers, we won't share too many details here. However, if you're interested in helping or donating, we would love to fill the teachers' lounges with K-cups, creamers, baked goods, and gift cards for giveaways. A SignUpGenius will be posted soon, but feel free to reach out if you'd like to get involved in this year's celebration of our amazing staff!

MEETING

JOIN US!
May 5, 6:00pm
Sandown North

Fundraisers

Hannaford: We're thrilled to announce that the East Hampstead location has selected our group to benefit from the proceeds of their 'Hannaford Helps' reusable grocery bags throughout April!

Square1Art: A flyer was recently sent home with student artwork that is now available on a variety of items that make great gifts! Proceeds from these sales will benefit the Sandown Art Department and Sandown PTA.

FiveBelow: Sandown PTA will once again be the recipient of a FiveBelow donation based on total sales from 4/12-4/19 if you present our flyer at checkout. (*Flyers available at SandownPTA.com)*

A Look Ahead

APRIL:
Hannaford Helps Bag Fundraiser
Spring Flower Scavenger Hunt
Square1Art Ordering Open!
FiveBelow Fundraiser
Scholastic Book Fair - Central

May 5-9:
Teachers Appreciation Week

May 9:
Unplugged Family Game Night (Central)

May 30:
BINGO for Books (North)