

FEBRUARY 2026

LUNCH 9-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
 GROUND BEEF (2 OZ.)
 WG SEASONED SPAGHETTI (1 CUP)
 BUTTER SPINACH (1 CUP)
 APPLESAUCE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. VEGGIE BURGER (2 OZ.)

3
 STEWED DICE CHICKEN (2 OZ.)
 WGSEASONED RICE (1 CUP)
 SLICED BEETS (1 CUP)
 MIXED FRUIT (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. STEWED TOFU (4.4 OZ.)

4
 WG PEPPERONI/VEGGIE PIZZA (4.6 OZ.)
 STEAMED CARROTS (1 1/4 CUP)
 SLICE PINEAPPLE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. WG CHEESE PIZZA (4.6 OZ.)

5
 BAKED CHICKEN DRUMSTICKS W/GRAVY (2 OZ.)
 GARDEN HARVEST BROWN RICE (1 CUP)
 (INCLUDES GREEN PEPPER, RED PEPPER &
 CELERY)
 STEWED KIDNEY BEANS (1 CUP)
 CINNAMON APPLESAUCE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED FAT
 FREE MILK (8 OZ.)
ALT. BAKED TOFU W/GRAVY (4.4 OZ.)

6
 HAMBURGER W/CHEESE (2 OZ.)
 WG BUN (1 EA.)
 POTATO WEDGE (1 CUP)
 TROPICAL FRUIT SALAD (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. VEGGIE BURGER (2 OZ.)
 CONDIMENTS: KETCHUP PC

9
 BBQ MEAT BALLS (2 OZ.)
 WG MACARONI (1 CUP)
 GLAZED CARROTS (1 1/4 CUP)
 PINEAPPLE CHUNKS (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. VEGGIE BBQ MEATBALLS (2 OZ.)

10
 TURKEY ROAST W/GRAVY (2 OZ.)
 MASHED POTATOES (1 CUP)
 WG BREAD STICKS (2 SLICES)
 MIXED FRUIT (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. TOFU W/GRAVY (4.4 OZ.)

11
 GROUND HAMBURGER SLOPPY JOE (2 OZ.)
 WG BUN (1 EA.)
 SEASONED GREEN BEANS (1 CUP)
 SLICE PEACHES (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
**ALT. VEGGIE SLOPPY
 JOE (VEGGIE BURGER) (2 OZ.)**

12
 SWEET & SOUR DICE CHICKEN (2 OZ.)
 STIR FRY BROWN RICE (1 CUP)
 STEWED VEGETARIAN BEANS (1 CUP)
 PEARS HALVES (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. SWEET & SOUR TOFU (4.4 OZ.)

13
 TUNA SALAD (2 OZ.)
 WG BUN (1 EA.)
 BUTTERED BROCCOLI (1 CUP)
 MANDARIN ORANGE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED FAT
 FREE MILK (8 OZ.)
ALT. VEGGIE BURGER (2OZ.)

HOLIDAY



16

17
 BBQ DICE CHICKEN (2 OZ.)
 WG RICE (1 CUP)
 GARLIC WG SLICED BREAD (1 SLICE)
 SEASONED SPINACH (1 CUP)
 MANDARIN ORANGE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. BBQ TOFU (4.4 OZ.)

18
 GROUND BEEF MEATLOAF W/ GRAVY (2 OZ.)
 WG BROWN RICE (1 CUP)
 STEWED VEGETARIAN BEANS (1 CUP)
 SEASONED CARROTS (1 1/4 CUP)
 TROPICAL FRUIT SALAD (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED FAT
 FREE MILK (8 OZ.)
**ALT. VEGGIE BURGER (2OZ.) MAYO/KETCHUP PC
 (1 EA.)**

19
 WG CHEESE /PEPPERONI
 PIZZA (4.6 OZ.)
 MEXICAN GREEN BEANS (1CUP)
 100% FRUIT JUICE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. CHEESE PIZZA (4.6 OZ.)

20
 MEATBALL SUB (2 OZ.)
 HOTDOG BUN (1 EA.)
 MOZZARELLA CHEESE (1/8 CUP)
 SHREDDED CHEESE (1/8 CUP)
 POTAO WEDGE (1 CUP)
 CINNAMON APPLESAUCE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED FAT
 FREE MILK (8 OZ.)
ALT. VEGGIE MEATBALL SUB (2 OZ.)

23
 DICE CHICKEN W/ALFREDO SAUCE (2 OZ.)
 WG SPAGHETTI (1 CUP)
 MIXED VEGETABLES (1 CUP)
 SLICE PEACHES (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. TOFU IN ALFREDO SAUCE (4.4 OZ.)

24
 WG PEPPERONI /CHEESE PIZZA (4.6 OZ.)
 GLAZED CARROTS (1 1/4 CUP)
 SLICE PINAPPLE 1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. VEGGIE PIZZA (4.6 OZ.)

25
 STEWED GROUND TURKEY (2 OZ.)
 SEASONED WG MACARONI (1 CUP)
 STEWED VEGETARIAN BEANS (1 CUP)
 APPLESAUCE (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED
 FAT FREE MILK (8 OZ.)
ALT. VEGGIE MEATBALLS (2 OZ.)

26
 MEATBALL W/ SPAGHETTI SAUCE (2 OZ.)
 WG SPAGHETTI (1 CUP)
 BUTTERED SPINACH (1 CUP)
 PEARS HALVES (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED FAT
 FREE MILK (8 OZ.)
**ALT. VEGGIE BURGER W/ SPAGHETTI SAUCE
 (4.4 OZ.)**

27
 HAMBURGER (2 OZ.)
 WG BUN (1 EA.)
 SEASONED CORN (1 CUP)
 TROPICAL FRUITS (1 CUP)
 1% WHITE MILK OR ASSORTED FLAVORED FAT
 FREE MILK (8 OZ.)
ALT. TOFU (4.4 OZ.)
 MAYO/KETCHUP PC (1 EA.)