

## Substance Use Prevention And Recovery (SUPR)

*We provide clinical  
treatment interventions  
and recovery support  
services to people  
struggling with a wide  
range of substance use  
disorders.*

- Build a network of support
- Treat the underlining issue
- Manage impulses
- Relapse prevention skills
- Develop skills needed to achieve lasting recovery

### Clinical Services Provided:

- Adult outpatient
- Adult intensive outpatient
- Individual counseling, group, and family therapy
- Adolescent outpatient (ages 12-18)
- Adolescent intensive outpatient (ages 12-18)
- Substance use prevention & recovery child & adolescent (C&A SUPR) parent group

**847.524.8800**

*Kenneth Young Center accepts Medicaid and commercial private insurance.*

*All clinical services are provided by licensed clinicians specializing in alcohol and drug counseling. Clients are treated using the MATRIX approach, a comprehensive treatment model that integrates evidence-based techniques.*

### Recovery Support Services (No Cost)

- SMART Recovery Support Groups
  - Youth and Restorative SMART Recovery
  - LGBTQ+
  - Men's
  - Adult
  - Friends and Family
- In School SMART Recovery for Youth
- Individual and Group Overdose Education
- Free Narcan Training and Supplies
- Free Fentanyl Testing Strips
- Harm Reduction and Recovery Education
- HIV Testing, Counseling, and linkage to care



**"Discover a new way of living."**

**224.229.7456**

**recoveryresources@kennethyoung.org**

Funding for these services are provided in whole or in part by a State Opioid Response (SOR) grant (T1081699) to the Illinois Department of Human Services. Division of Substance Use Prevention & Recovery (IDHS/SUPR) from the US Department of Health & Human Services, Substance Abuse & Mental Health Services (NHS/SAMHSA) and the office of Adolescent Health (OAH).





## Recovery Support Services

***We organize, educate, and engage communities by providing support and opportunities to build resiliency and thrive.***



### Services Provided:

- SMART Recovery Support Groups
  - Adult
  - Friends and Family
  - LGBTQ+
  - Youth
  - Men's SMART Group
  - Restorative Student School Groups
  - Coming Soon - Women's SMART Group
- Narcan Training and Supplies
- Fentanyl Testing Strips
- Harm Reduction and Recovery Education



**"Recovery is a new way of living."**

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