

Gyeonggi Suwon International School Menu

<December>

	Mon(12.1)	Tue(12.2)	Wed(12.3)	Thu(12.4)	Fri(12.5)
Korean Menu	Grilled Sweet Pumpkin & Smoked Duck 1,2,4,5,12 Steamed Rice/Multigrain Rice Kimchi Soup 1,4,5,7,12 (ES-Bean Paste Soup) 1,4,5,12 Japchae 1,4,5,12 Seasoned Green 1,4,5,12 White Kimchi/Radish Kimchi 7,12	Stir-Fried Chicken 1,4,5,12 (ES-w/ Soy Sauce) 1,4,5,12 Steamed Rice Seaweed Soup 1,4,5,12 Stir-Fried Ham & Potato 1,2,4,5,8,12 Pickled Radish 17 White Kimchi/Kimchi 7,12	Assorted Fish Cake Hot Pot 1,4,5,8,12,13 (ES-Assorted Fish Cake) 1,4,5,8,12,13 Steamed Rice Kimchi Pancake 1,4,5,7,12 (ES-Corn Pancake 1,4,5,12) & Soy Sauce 4,5 Stir-Fried Mushroom & Paprika 1,4,5,12 Chili Pepper 17 (ES-Braised Beans) 4,5 White Kimchi/Kimchi 7,12	Korean Meatballs 1,4,5,8,10,12,13 Wild Aster Rice/Steamed Rice Soft Tofu Stew 1,4,5,12,15 (ES-Soft Tofu Stew) 1,4,5,12 Roasted Seaweed & Soy Sauce 4,5 Bean Sprout Spicy Noodle 1,4,5,12 (ES-Bean Sprout Noodle) 1,4,5,12 White Kimchi/Radish Kimchi 7	Ham & Kimchi Mayo Rice 1,2,4,5,8 (ES-Ham Mayo Rice) 1,2,4,5,8 * Mayonnaise 1,4 * Teriyaki Sauce 4,5,12,15 Bean Paste Soup 1,4,5,12 Sweet Fried Chicken 1,4,5,10,12 Mung Bean Sprouts 1,4,5,12 Broccoli w/ Sesame Seeds 1,4 White Kimchi/Raidsh Kimchi 7,12
Inter-national Menu	Pad Thai 1,2,4,5,7,8,12,15 Spring Rolls 4,5 Thai Fried Vegetables 1,4,5,12,15 (ES-Thai Fried Vegetables) 1,4,5,12,15	Pork Quesadilla 1,2,4,5,8,10,12 * Sour Cream 2 & Salsa Sauce 10,13 Fried Potato 4,5 & Ketchup 10 Mexican Corn 2,4 Cherry Ade	Chicken Tender Omelet Rice * Chicken Tender 1,2,4,5,12 * Omelet Rice Sauce 1,2,4,5,10,12,13,15,17 Miso Soup 1,4,5,12 Eggplant & Onion 1,4,5,12,15	Baked Curry Chicken 1,2,4,5,10,12,13,15 (ES-Baked Curry Chicken) 1,2,4,5,10,12,13,15 Steamed Rice Sautéed Vegetables 1,4,5,12,15	Aglio e Olio 1,4,5,12 Pepperoni Slice Pizza 1,2,4,5,10,12 Green Beans & Onion 1,4,5,12,15
	Mon(12.8)	Tue(12.9)	Wed(12.10)	Thu(12.11)	Fri(12.12)
Korean Menu	Myeongdong Style Kalguksu 1,4,5,12,13 Steamed Rice Steamed Dumpling 2,4,5,8,13 & Soy Sauce 4,5 Stir-fried Fish Cake 1,4,5,12 (ES-Stir-fried Fish Cake) 1,4,5,12 Garlic Stem Salad 4,5 (ES-Garlic Stem Salad) 4,5 White Kimchi/Kimchi 7,12	Braised Spicy Pork 1,4,5,8,12 (ES-w/ Soy Sauce) 1,4,5,8,12 Steamed Rice/Multigrain Rice Pollack Soup 1,4,5,12 Stir-Fried Pumpkin 1,4,5,12 Mung Bean Jelly Salad White Kimchi/Kimchi 7,12	Stir-Fried Chicken 1,4,5,12 (ES-Stir-Fried Chicken) 1,4,5,12 Steamed Rice Red Chili Paste Soup 1,4,5,12 (ES-Bean Paste Soup) 1,4,5,12 Stir-Fried Anchovies 1,4,5,12 (ES-Stir-Fried Anchovies) 1,4,5,12 Radish Salad 1,4,5,12 White Kimchi/Radish Kimchi 7,12	Spicy Stir-Fried Rice Cake 1,4,5,12 (ES-w/ Soy Sauce) 1,4,5,12 Kimbap-Style Fried Rice 1,2,4,5,8,12,18/Steamed Rice Udon Soup 1,4,5,12 Assorted Fries 1,4,5,12 (Fried Seaweed Roll 4,5,13/Fried Sweet Potato 4,5) Pickled Radish 17 White Kimchi/Kimchi 7,12	Seollung-tang 1,4,5,12,13 Steamed Rice Korean Meat Balls 1,2,4,5,8,12,13 & Ketchup 10 Braised Soybeans 4,5 Braised Tofu 1,4,5,12 (ES-Braised Tofu 1,4,5,12) White Kimchi/Radish Kimchi 7,12
Inter-national Menu	Roast Pork 1,4,5,8,12 * Sauce 1,2,4,5,10,12,13,15,17 Steamed Rice Mushroom & Onion 1,4,5,12,15,19 Cream of Carrot Soup 1,2,4,5,12	Spicy Chicken Burger 1,4,5,10,12 (ES-Chicken Burger) 1,4,5,12 Fried Potato 4,5 & Ketchup 10 Gherkin	Chashu Ramen 1,4,5,8,12 Octopus Balls 1,4,5 Pickled Ginger & Rakkyo 17	Cream Lemon Chicken 1,2,4,5,12 Steamed Rice Mixed Vegetables 1,2,4,5,12	Pork Vindaloo 1,2,4,5,10,12,13,15 Turmeric Rice 2/Steamed Rice Pita Bread 4 Mixed Vegetables 1,2,4,5,12

<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple * This menu can be changed depending on its ingredients

Gyeonggi Suwon International School Menu

<December>

	Mon(12.15)	Tue(12.16)	Wed(12.17)	Thu(12.18)	Fri(12.19)
Korean Menu	Spicy Sausage Stew 1,2,4,5,7,8,10,12,13 (ES-Sausage Stew) 1,2,4,5,8,10,12,13 Multigrain Rice/Steamed Rice Fish Cutlet 4,5 & Tartar Sauce 1,4 Braised Potato 1,4,5,12 Steamed Broccoli & Vinegar Red Pepper Paste 4,5 White Kimchi/Radish Kimchi 7,12	Stir-Fried Pork 1,4,5,8,12 (ES-w/ Soy Sauce) 1,4,5,8,12 Steamed Rice Bean Paste Soup 1,4,5,12 Seasoned Bean Sprouts 1,4,5,12 Cabbage Wrap & Ssamjang 1,4,5,12 Kimchi/Kimchi 7,12	Grilled Squid Bibimbap 1,4,5,12,14 (ES-Grilled Squid Bibimbap) 1,4,5,12,14 Bean Sprouts Soup 1,4,5,12 Buckwheat Crepe 4,5,8,16 (ES-Buckwheat Crepe) 4,5,8,13,16 Steamed Egg 1,4,5,12 Stir-Fried Pumpkin 1,4,5,12 White Kimchi/Raidsh Kimchi 7,12	Spicy Braised Chicken w/ Kimchi 1,4,5,7,12 (ES-w/ Soy Sauce) 1,4,5,12 Steamed Rice Sujebi Soup 1,4,5,12 Stir-Fried Mushroom 1,4,5,12,19 Seasoned Tofu & Green 1,4,5,12 White Kimchi/Kimchi 7,12	Cheese Seasoning Chicken 1,2,4,5,12 Kimchi Fried Rice 1,2,4,5,7,12 /Steamed Rice Bean Paste Soup 1,4,5,12 Fried Sausage & Rice cake 1,4,5,8,10,12,13 Radish Pickle 17 White Kimchi/Radish Kimchi 7,12
Inter-national Menu	Pork Chop Steak 1,2,4,5,10,12,13,15,17 Steamed Rice Cream of Potato 1,2,4,5,12 Butter Corn 1,2,4,5,12	New York Hot-Dog 1,2,4,5,8,13 Wedge Potato 4,5 & Ketchup 10 Mac & Cheese 1,2,4,5,8,12 Cream of Sweet Pumpkin Soup 1,2,4,5,12	Honey Sriracha Chicken 1,2,4,5,10,12,13 (ES-Honey Sriracha Chicken) 1,2,4,5,10,12,13 Steamed Rice Sprouts & Bacon 1,4,5,8,10,12,13	Japanese Pork Rice Bowl 1,2,4,5,8,12 Agedashi Tofu 2,4,5 Eggplant & Onion 1,4,5,12,15	Mix Pasta 1,2,4,5,8,10,12 Garlic Bread 1,2,4,5,13 Butter Spinach 1,2,4,5,12 Cream of Mushroom Soup 1,2,4,5,12,19
Korean Menu					
Inter-national Menu					

<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

* This menu can be changed depending on its ingredients

Gyeonggi Suwon International School Menu

<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

<Food Allergy Notice>

1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken
 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

* This menu can be changed depending on its ingredients