

Lunch Menu

FMES

December 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Lucky Tray Day! Tuesday	Wednesday	Thursday	Friday
1 Cheesy Stuffed Bread Sticks Tomato Sauce Unflavored 1% Milk Fat Free Chocolate Milk Mixed Fruit Steamed Broccoli	2 Chicken & Cheese Quesadilla Sautéed Corn & Black Bean Salsa Seasoned Rice Mixed Fruit Fresh Baby Carrots Unflavored 1% Milk Fat Free Chocolate	3 Yard Bird Classic Chicken Sandwich Green Beans Dinner Rolls Fresh Orange Unflavored 1% Milk Fat colate	4 Cheeseburger Oven Baked Fries Unflavored 1% Milk Fat Free Chocolate Milk Roasted Parmesan Butternut Squash	5 Classic Cheese Pizza Unflavored 1% Milk Fat Free Chocolate Milk Caesar Salad
8 Fluffy Whole Grain Pancakes Egg Patty Syrup Oven Baked Fries Applesauce Unflavored 1% Milk Fat Free Chocolate Milk	9 Nachos Grande Side of Beans Salsa Applesauce Unflavored 1% Milk Fat Free Chocolate Milk	10 Crispy Popcorn Chicken Brown Rice Applesauce Unflavored 1% Milk Fat Free Chocolate Milk Sweet Corn	11 Homemade Baked Pasta with Cheese Homemade Garlic Bread Applesauce Unflavored 1% Milk Fat Free Chocolate Milk	12 Classic Cheese Pizza Side Salad Applesauce Unflavored 1% Milk Fat Free Chocolate Milk
15 Homemade Mac & Cheese Steamed Peas Dinner Rolls Fat Free Chocolate Milk Unflavored 1% Milk	16 Nachos Grande Black Beans Mild Salsa Mixed Fruit Unflavored 1% Milk Fat Free Chocolate Milk	17 Chicken Nuggets Oven Baked Fries Fresh Baby Carrots Celery Fat Free Chocolate Milk Unflavored 1% Milk	18 BBQ Chicken Sandwich Baked Beans Fresh Apple Unflavored 1% Milk Fat Free Chocolate Milk	19 Classic Cheese Pizza Steamed Broccoli Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk
22 Veggabol Fiesta Rice Unflavored 1% Milk	23 Taco Hot Dog Unflavored 1% Milk	24 Baked Chicken Unflavored 1% Milk	25 Two Cheese Grilled Unflavored 1% Milk	26 Cheese Pizza Unflavored 1% Milk
29 Unflavored 1% Milk	30 Unflavored 1% Milk	31		

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Price

First Lunch: no cost 2nd Meals
FMES \$3, HFIS \$3.25 Adult: \$5.09
(\$5.25 with tax) Milk: \$0.85
If you have any questions or would like more information, please contact your Food Service Director
Kathy Coakley 845-446-4914

Vegetarian extv2890 Made With Natural Ingredients Pork Smart Choice Made With Organic Ingredients

Daily Lunch Offerings:

Fresh Vegetable sides
Grab and Go Sandwiches - Turkey/Ham with Or Without Cheese on WG breads, Entree Salads: Chicken Salads, Garden Salads with Cheese (all served with WG Roll).

A variety of Fresh Fruits and Vegetables available daily.

Apples, Oranges, baby carrots.