

Bemidji Area Schools E-Learning Materials - Preschool

Expectations for E-Learning

Teachers will provide additional communication to parents and students by 8:00am. Teachers will be available for a supplemental 30 minute Google Meet Session at 9:30 AM, 11:30 AM, and 1:30 PM to allow multiple students in a family a chance to be online with their teacher. Students will enter the Google Meet using the teachers classroom code provided to the students either through email or Google Classroom. Teachers will also be available by email or their preferred communication method throughout the day to answer questions.

Home Learning Directions for Families/Caregivers:

1. Complete one activity from each column on the board per E-Learning Day. Each board has several activities to choose from.
2. Return one half sheet for each E-Learning Day with a parent/caregiver signature to be marked present for attendance on that date.
3. Teachers will offer online opportunities during each E-Learning Day for students who wish to participate. Online Opportunities can be found on our Bemidji Early Childhood YouTube channel:
<https://www.youtube.com/@bemidjiearlychildhood5808>
4. Logging into online opportunities is optional, but encouraged. Attendance will be marked by the teacher if students join online. It is recommended that students also complete an activity from each column on these boards in addition to the online participation.
5. These boards are only used on days the superintendent designates as E-Learning Days. They are not intended to replace instruction your child misses due to absence/illness on a regularly scheduled school day.

Extra copies of these E-Learning boards can be found on your child's school website.

Bemidji Area Schools Preschool E Learning Board - Day ONE_____ (note date here)

- Students should choose at least **one** activity from each subject area column (Cognitive Math, Cognitive Reading, Fine & Gross Motor, Social/Emotional and Self Care)
- Circle the activities completed and have the caregiver/parent sign the bottom of the form.
- Students please return this sheet to your teacher **within 2 days of the ELearning Day** to be marked present for that date.

Cognitive Math	Cognitive Reading	Fine & Gross Motor	Social/Emotional	Self Care
Count all the doors and windows in your house.	Have a grown-up read your favorite story to you.	Write your first and last name three times with three different colors.	Make four emotions in a mirror. (Examples: happy, sad, angry, and afraid)	Brush your teeth and wash your hands while singing the ABC's.
Find the following shapes around your house: circle, triangle, rectangle, and square.	Sing a song. (Examples: Wheels on the Bus, ABC's, 5 Little Monkeys)	Draw a picture of yourself.	Practice turn taking by playing a game. (Examples: Hide-n-seek, Candyland, Memory)	Practice putting on your outside clothes (snow pants, jacket, boots, hat, mittens) by yourself.
Sort items of your choice (Examples: socks, legos, snacks) by color or size.	Find the capital letter of your first name around your house.	If it is warm enough outside, go sledding OR stay inside and have a dance party with a stuffed animal.	Tell your grown-up what makes you happy at home and at school.	Put 10 toys away.

Student Name _____ Parent/Caregiver Signature _____ Date _____

Bemidji Area Schools Preschool E Learning Board - Day TWO_____ (note date here)

- Students should choose at least **one** activity from each subject area column (Cognitive Math, Cognitive Reading, Fine & Gross Motor, Social/Emotional and Self Care)
- Circle the activities completed and have the caregiver/parent sign the bottom of the form.
- Students please return this sheet to your teacher **within 2 days of the ELearning Day** to be marked present for that date.

Cognitive Math	Cognitive Reading	Fine & Gross Motor	Social/Emotional	Self Care
Find 10 different items in your house. Line them up from smallest to biggest.	Play I Spy for colors and shapes.	String cheerios or pasta (or other round cereal/snack) on a piece of string, pipe cleaner or ribbon.	Read a story. Answer some of these ?'s that pertain to the story—How did it make you feel? How do you think that character is feeling? When have you felt the same way as the character?	Pick out clothes to wear today that match: (Example: blue shirt/blue pants). Practice getting dressed on your own.
Find 6 items of two different colors and make an ABABAB pattern.	Read a story about animals. Name 5 animals that live in the ocean, jungle, woods, or desert.	Draw your favorite animal.	Draw 5 faces that show different emotions (Examples: sad, happy, angry, excited)	Brush your teeth in the morning and before bed.
Have a grown-up write the numbers 1-12 on a piece of paper. Roll 2 dice and cross off the number your dice add up to. Keep rolling until all 12 numbers are crossed off.	Circle the letters of your name that you find on a newspaper or magazine page.	Draw 5 big shapes (circle, square, triangle, heart, oval, diamond, rectangle, etc.) and cut them out with a child sized scissors.	Practice these yoga moves: Cat—get on your hands and knees and arch your back. Butterfly— sit with your feet together and flap your knees gently like a butterfly.	Help your grown-up sort the laundry. *Match the socks or separate the darks and lights.

Student Name _____ Parent/Caregiver Signature _____ Date _____

Bemidji Area Schools Preschool E Learning Board - Day THREE_____ (note date here)

- Students should choose at least **one** activity from each subject area column (Cognitive Math, Cognitive Reading, Fine & Gross Motor, Social/Emotional and Self Care)
- Circle the activities completed and have the caregiver/parent sign the bottom of the form.
- Students please return this sheet to your teacher **within 2 days of the ELearning Day** to be marked present for that date.

Cognitive Math	Cognitive Reading	Fine & Gross Motor	Social/Emotional	Self Care
Sort your crayons, markers and/or colored pencils by size or color.	Sing your favorite song in a silly voice.	Do jumping jacks and count how many you can do.	Read a story and act it out using your stuffed animals.	Dress yourself in winter-themed items (hat, mittens, coat and boots) and use them to sing your own version of “head, shoulders, knees, and toes” –do the actions.
Do a puzzle.	Come up with words that rhyme with hat OR snow.	Hop and jump to your favorite music.	Work together with your grown-up to create something– a house out of legos, a picture, a meal, etc.	Have a Screen-FREE day–(no tv or computers). Play games, read books, make art, etc. instead.
Wad up a piece of paper to use as a ball. Play a game of wastebasket basketball and count how many shots you can make.	Read a story with a grown-up. Who was your favorite character in the book and why?	Roll, squeeze, twist and build with Play Doh OR Stack, build and create things with blocks/legos.	Do one household chore for your family.	Listen to slow, calming music and take a 30 minute rest.

Student Name _____ Parent/Caregiver Signature _____ Date _____

Bemidji Area Schools Preschool E Learning Board - Day FOUR_____ (note date here)

- Students should choose at least **one** activity from each subject area column (Cognitive Math, Cognitive Reading, Fine & Gross Motor, Social/Emotional and Self Care)
- Circle the activities completed and have the caregiver/parent sign the bottom of the form.
- Students please return this sheet to your teacher **within 2 days of the ELearning Day** to be marked present for that date.

Cognitive Math	Cognitive Reading	Fine & Gross Motor	Social/Emotional	Self Care
Help your grown-up make a meal by measuring the ingredients. Which ingredient was the most? least?	Read a book under a table. *Use a flashlight if you have one and turn out the lights.	Stack plastic, styrofoam or paper cups. Make patterns (if you have more than one color cup) or lines and shapes out of them.	Do a job together with your grown-up such as setting the table or cleaning up toys. How does it make you feel to be helpful?	Take a bath and play in the tub. *Fun idea: Put shaving cream on the tile walls of the tub area and draw pictures or write letters & numbers.
Put snow in a glass and mark its height. Let it melt and measure it again. Talk about why the snow was so much taller.	Read a rhyming book. Think of other words that rhyme.	Draw different lines on a piece of paper (curved, straight, jagged, etc.) and practice cutting along each line.	What does it mean to be kind? What are some things that you do for your friends or family that show kindness?	Eat a healthy snack. (Example: fruit or veggies). With your grown-up make a list of healthy foods you could pack in your lunchbox next week.
Sort toy animals by different characteristics such as land and sea animals.	Go to the cupboard and spy letters of your name that are found on the cans and boxes of food.	Pretend to be a waddling duck, stiff-legged robot, galloping horse, soaring plane, or whatever you can imagine.	Play a board or card game. Practice taking turns.	Stretch and take 10 deep breaths with your eyes closed.

Bemidji Area Schools Preschool E Learning Board - Day FIVE _____ (note date here)

- Students should choose at least **one** activity from each subject area column (Cognitive Math, Cognitive Reading, Fine & Gross Motor, Social/Emotional and Self Care)
- Circle the activities completed and have the caregiver/parent sign the bottom of the form.
- Students please return this sheet to your teacher **within 2 days of the ELearning Day** to be marked present for that date.

Cognitive Math	Cognitive Reading	Fine & Gross Motor	Social/Emotional	Self Care
Walk around your house and look for numbers that you recognize. Practice writing the numbers on a piece of paper.	Cut out pictures from a newspaper or magazine. Tell a story based on the pictures.	Draw a silly monster or animal on a piece of paper. Split it into sections with a number in each area. Write a code using colors and numbers (e.g., 1 = orange). Look at the number in each section and use the correct marker to color it in.	Draw a rainbow using red, orange, yellow, green, blue and purple. Place your finger on the red and trace the line while taking a deep breath in. Move to the next color and trace the line while breathing out. Repeat for all the colors.	Brush your teeth. Afterwards, name words that rhyme with brush and floss.
Write numbers 1-10 on index cards or pieces of paper. Gather a pile of pennies and choose a card. Place the correct number of coins on the card to match the number.	Go on a scavenger hunt in your house for things that start with the letter C.	Practice writing the letters of the alphabet that you know. Upper and lower case.	Do a random act of kindness for someone. How did it make you feel?	While getting ready for bed, sing a song about going to bed.
Use colored blocks or toys to make simple patterns.	Look at a calendar. Have a grown up help you read or identify the days of the week and the months of the year.	Gather 2 bowls and a sponge. Fill 1 bowl with water and leave the other empty. Soak a sponge in the water and then squeeze out the sponge into the other bowl.	Call a friend or relative and check in with them to see how they are doing.	Take a rest today. Lie down for 20-30 minutes with your eyes closed.