



School Wellness Policy Committee Meeting

Approved MINUTES

Wednesday, April 2, 2025

4:00 PM - 6:00 PM

Welcome Center, Large Conference Room

Chair: Jennifer Bault, Director of STEM (7-12) and Health & Human Performance (K-12)

Present

Hudson Stanonik, *Member*

Mikki Duran, *Member*

Diane Wittman, *Member*

Natalee Brzack, *Member*

Brianna Tetzlaff, *Member*

Jennifer Czerwinski, *Member*

Jennifer Bault, *Chair*

Diane Wittman, *Member*

Katie Johnson, *Member*

Kari Sturtevant, *Member*

Jacqueline Kimball, *Member*

Patti Garvey, *Minutes*

Absent

Cortney Dvorachek, *Member*

Lauren Hanson, *Student*

Katie Johnson, *Member*

Mike Maddaloni, *Member*

Jacque Smedberg, *Member*

Jennifer Czerwinski joined us at 5:17pm

**Although Board members may be in attendance as observers at this meeting, no Board of Education resolutions will be approved nor will Board members be involved in committee voting.*

Call to Order

Jennifer Bault (JB) called the meeting to order at 4:03pm. Discussion on number of attendees/participants. Per Holly Burr, we have met the appropriate guidelines of 50% committee members present to proceed with the meeting. Meeting officially called to order at 4:11pm, with 7 participants.

Approval of Draft Minutes from March 18, 2025 Meeting

Minutes approved by acclamation.

Community Input

There was no community input.

Review of Current Wellness Policy

- **Concessions** We started where we left off at the last meeting, with “Concessions.” Discussion regarding time of policy as it relates to the start/end of the school day.

Motion carried for Concessions section.

- **Teacher-to-Student Incentive** Discussion ensued that teacher-to-student incentives are happening in our schools, with food and treats. Mention of behavior data being directly related to wellness, and how

incentives are tied to food, and the emotional connection that is made with food. Staff can/should use the Smart Snack Calculator. There are other programs in the district that incentivize participation and behavior. Some schools give kids lucky charm bars, pop tarts, etc but can't bring in popcorn for a movie. Some popcorn can be used. Are we feeling supported by top leadership to enforce our policy? It was suggested that a Professional Development training/education take place in the future. Also perhaps a committee newsletter, informing staff what health options are available.

Motion to change policy as written and discussed. Motion carries 4/3, by acclamation.

- **Student Nutrition Section** Discussion regarding this wording. Concern that kids eat unhealthy food such as Fruit Loops, raisins, etc. Foods must be at least 80% whole grains. Chartwells strives for 100% whole grains, reduced sugar, reduced fat, reduced sodium. Discussion on 'sometimes' foods and 'always' foods. There are also many options during the week that are no sugar. No Changes.
- **Parent Education** No Changes.
- **AASD School Wellness Committee Section** Discussion regarding length of service for committee members. Verbiage added to 4 year terms. Motion carried by acclamation.
- **Nutrition Standards** Vending machines are not mentioned in this policy. Motion to add wording 'vending.' Motion carried by acclamation.
- **Chart** This chart almost exactly replicates the Smart Snack calculator. Suggestion that all wording be consistent, i.e. weight standards vs. calories. Motion to approve the left and right side of the chart. Motion carried by acclamation.
- **Examples of Items That do NOT Meet Requirements** Suggested to have fortified drinks removed from this list. Caffeine is the most abused 'drug' for youth and developing brains. We must educate as to why not to do it. The American Medical Association, etc, would not recommend caffeine for students. Discussion ensued regarding students that come to school with coffees, and that some schools are actually selling coffee. We need to have practice that supports policy. Schools do not have to allow the coffee into classrooms. If a drink does have caffeine, it should comply with the Smart Snack calculator. A coffee food truck was just approved at a high school that sells/promotes caffeine sales during the day. We have to educate on the change. Policy supports practice and practice supports policy.

Motion made to take caffeine out of it. Motion denied by acclamation.

Motion to accept new language re: caffeine; Motion to add changes for beverages/fortified. Motion carried 5/3 by acclamation.

Motion to forward all changes by JG/JK. Motion carried by acclamation.

Action Item: Motion to Approve Forwarding of Any Changes of the Wellness Policy to Board of Education

Motion carried by acclamation.

Review Action for Healthy Kids

SHI data will be changed based on the proposed changes. May have been helpful to go over this first. Some schools received funds from DPI ranging from \$100-\$500 based on their SHI report card.

SHI Tool approved by acclamation.

Other business

None. Next meeting will be Fall 2025, TBD.

Adjourn

Motion to adjourn at 6:15pm. Meeting adjourned by acclamation.