




Michigan City Area Schools 2025-2026 Winter Little Wolves Menu

Office of Food Services • 1100 S. Woodland Ave. • Michigan City, IN 46360 • (219) 873-2131
 www.mcas.k12.in.us/food • Chef Britney Rodriguez, Director • Visit us on Facebook 
All MCAS Students receive Breakfast and Lunch at No Charge. All meals include low fat milk.



Cycle Week 1

MONDAY

Popcorn Chicken
Mashed Potatoes
Corn
Mixed Berry Cups

TUESDAY

Rotini
Garlic Bread
Green Beans
Fresh Broccoli
Diced Pears

WEDNESDAY

Breakfast for Lunch
Pancake Bites ★
▲ Diced Ham
Scrambled Eggs
Garlic Redskin Potatoes
Fruitable
Hot Cinnamon Apples

THURSDAY

Turkey Sub
Chips
Baby Carrots
Cucumber Slices
Ranch Dip
SideKick Frozen Slush Cup

FRIDAY

★ Stuffed Crust Pizza
Cheese or Pepperoni
Super Salad
Sweet Heat Baked Beans
Apple Slices

Cycle Week 2

MONDAY

Chicken Leg
Dinner Roll
Mashed Potatoes
Roasted Cinnamon Maple Carrots
Strawberries

TUESDAY

BBQ Quesadilla
Corn
Cucumber Slices
Mixed Berry Cups

WEDNESDAY

Beef Hot Dog
Seasoned Waffle Fries
Sweet Heat Baked Beans
Orange Wedges

THURSDAY

Nachos
Taco Meat &/or Cheese ★
Salsa
Side Salad
Applesauce

FRIDAY

★ Cheesy Garlic Bread
Marinara Sauce
Steamed Broccoli
Side Salad
Sliced Peaches

Cycle Week 3

MONDAY

Chicken & Waffle
Sweet Potato Fries
Fruitable
Hot Cinnamon Peaches

TUESDAY

Teriyaki Beef Dippers
Veggie Fried Rice
Roasted Cinnamon Maple Carrots
Applesauce Cup

WEDNESDAY

Chicken Sandwich
Potato Smiles
Sweet Heat Baked Beans
Pumpkin Applesauce

THURSDAY

Chili
Tortilla Chips
Steamed Broccoli
Cherry Tomatoes
Apricot Cups

FRIDAY

★ Macaroni & Cheese
Cheez-Its
Side Salad
Baby Carrots
Blueberries and Strawberries

Fuel Up With Breakfast!

Weekly Menu

Monday ★
Froot Loop Waffles

Tuesday
Sausage Pizza Bagel

Wednesday
Turkey Ham & Cheese
on Croissant

Thursday
Pumpkin Bread ★

Friday ★
Cheese Pizza Bagel

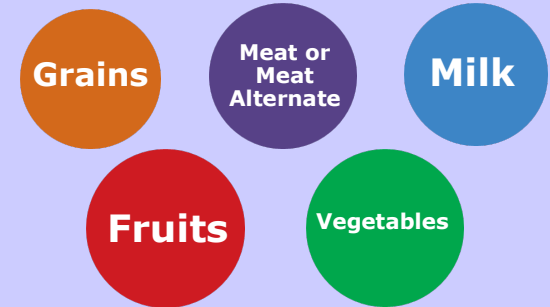
*Breakfast includes 100%
juice, fruit & low fat milk.*

*Kellogg's® Reduced Sugar/
Whole Grain*

*Cereal offered as a second
choice every morning!*

What Makes a Meal?

Choose at least 3 colors to make a full meal!



One item must be a 1/2 cup fruit or vegetable!

- ★ Meatless Entrée
- ▲ May Contain Pork
- May Contain Nuts



AVAILABLE AS A SECOND CHOICE ENTRÉE
INCLUDES THE REGULAR MENU SIDE DISHES AND MILK
 ★ Sunbutter Sandwich Combo-Monday, Wednesday, Friday
 ★ Yogurt Combo-Tuesday, Thursday

December

M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

January

M	T	W	TH	F
		1	2	
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

February

M	T	W	TH	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

Each day students are entitled to one free breakfast and lunch meal due to the USDA's Community Eligibility Provision Act.

A la cart items are available for purchase in some buildings. Funds can be added to student accounts at <https://linqconnect.com/main>.

