



# Michigan City Area Schools 2025-2026 Winter Elementary Menu

Office of Food Services • 1100 S. Woodland Ave. • Michigan City, IN 46360 • (219) 873-2131  
 www.mcas.k12.in.us/food • Chef Britney Rodriguez, Director • Visit us on Facebook   
 All MCAS Students receive Breakfast and Lunch at **No Charge**. All meals include low fat milk.



## Cycle Week 1

### MONDAY

Mashed Potato Bowls  
 Popcorn Chicken  
 Shredded Cheese  
 Mashed Potatoes w/Gravy  
 Corn  
 Mixed Berry Cups

### TUESDAY

Rotini  
 Garlic Bread  
 Green Beans  
 Fresh Broccoli  
 Diced Pears

### WEDNESDAY

Breakfast for Lunch  
 Pancake Bites ★  
 Diced Ham  
 Scrambled Eggs  
 Garlic Redskin Potatoes  
 Fruitable  
 Hot Cinnamon Apples

### THURSDAY

Turkey Sub  
 Chips  
 Baby Carrots  
 Cucumber Slices  
 Ranch Dip  
 SideKick Frozen Slush Cup

### FRIDAY

★ Stuffed Crust Pizza  
 Cheese or Pepperoni  
 Super Salad  
 Sweet Heat Baked Beans  
 Apple Slices

## Cycle Week 2

### MONDAY

Chicken Leg  
 Dinner Roll  
 Mashed Potatoes/Gravy  
 Roasted Cinnamon Maple Carrots  
 Strawberries

### TUESDAY

BBQ Quesadilla  
 Corn  
 Cucumber Slices  
 Mixed Berry Cups

### WEDNESDAY

Beef Hot Dog  
 Seasoned Waffle Fries  
 Sweet Heat Baked Beans  
 Orange Wedges

### THURSDAY

Nachos  
 Taco Meat &/or Cheese ★  
 Salsa  
 Side Salad  
 Applesauce

### FRIDAY

★ Cheesy Garlic Bread  
 Marinara Sauce  
 Steamed Broccoli  
 Side Salad  
 Sliced Peaches

## Cycle Week 3

### MONDAY

Chicken & Waffle  
 Sweet Potato Fries  
 Fruitable  
 Hot Cinnamon Peaches

### TUESDAY

Teriyaki Beef Dippers  
 Veggie Fried Rice  
 Roasted Cinnamon Maple Carrots  
 Applesauce Cup

### WEDNESDAY

Crispy Chicken Sandwich  
 Potato Smiles  
 Sweet Heat Baked Beans  
 Pumpkin Applesauce

### THURSDAY

Chili  
 Tortilla Chips  
 Steamed Broccoli  
 Cherry Tomatoes  
 Apricot Cups

### FRIDAY

★ Macaroni & Cheese  
 Cheez-Its  
 Side Salad  
 Baby Carrots  
 Blueberries and Strawberries

## Fuel Up With Breakfast!

### Weekly Menu

**Monday** ★  
 Froot Loop Waffles

**Tuesday**  
 Bacon Breakfast Pizza

**Wednesday**  
 Turkey Ham & Cheese  
 on Croissant

**Thursday**  
 Pumpkin Bread ★

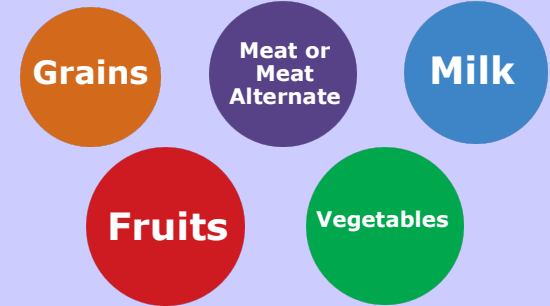
**Friday**  
 Breakfast Pizza Bagel

*Breakfast includes 100% juice, fruit & low fat milk.*

*Kellogg's® Reduced Sugar/ Whole Grain Cereal offered as a second choice every morning!*

## What Makes a Meal?

Choose at least 3 colors to make a full meal!



One item must be a 1/2 cup fruit or vegetable!

- ★ Meatless Entrée
- ▲ May Contain Pork
- May Contain Nuts

### LEAD THE PACK



AVAILABLE AS A SECOND CHOICE ENTRÉE  
 INCLUDES THE REGULAR MENU SIDE DISHES AND MILK  
 ★ ○ PBJ Sandwich Combo-Monday, Wednesday, Friday  
 ★ Yogurt Combo-Tuesday, Thursday

### December

M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

### January

M	T	W	TH	F
		1	2	
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

### February

M	T	W	TH	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

Each day students are entitled to one free breakfast and lunch meal due to the USDA's Community Eligibility Provision Act.

A la cart items are available for purchase in some buildings. Funds can be added to student accounts at <https://linqconnect.com/main>.

