

# KM HS Breakfast Menu

December  
2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily  
on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Chocolate Chip Brekkie ,WG  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>2</b> Cinnamon Cream Cheese Filled Bagel  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>3</b> Bacon Breakfast Pizza  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>4</b> Mini Eggo Waffles  Cocoa Puffs Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>5</b> Plain Long John  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk
<b>8</b> Cinnamon Cream Cheese Filled Bagel  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>9</b> Pancake on a Stick,WG  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>10</b> Coffee Cake  Cinnamon Toast Crunch Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>11</b> Sausage Breakfast Bagel  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>12</b> Plain Long John  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk
<b>15</b> Chocolate Chip Brekkie ,WG  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>16</b> Cinnamon Cream Cheese Filled Bagel  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>17</b> Bacon Breakfast Pizza  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>18</b> Cinnamon Roll  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>19</b> Cooks Choice  Choice of Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk
<b>22</b> <b>No School</b>	<b>23</b> <b>No School</b>	<b>24</b> <b>No School</b>	<b>25</b> <b>No School</b>	<b>26</b> <b>No School</b>
<b>29</b> <b>No School</b>	<b>30</b> <b>No School</b>	<b>31</b> <b>No School</b>	<b>1</b>	

PRICES

Free For Students  
 Adult Meal  
 Premium Adult Meal

EXTRA INFO

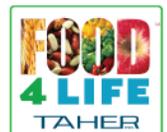
Milk choice of 1% or chocolate, is included with  
 your Lunch.  
 For any questions or comments contact Vicky  
 Kroll FSD at v.kroll@komets.k12.mn.us  
 or 507-634-4462

HARVEST OF



THE MONTH

Menus and nutrition  
 our app  
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