

# KM Middle School Lunch Menu

December  
2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily  
on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Roasted Beef Hot Dog on a Bun  French Fries Vegetable Bar Canned Fruit Bar Canned Fruit Bar Choice of Milk	<b>2</b> Italian Pasta Bake Garlic Toast  Roasted Broccoli Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>3</b> Chicken Potstickers Chicken Fried Rice  Kung Fu Carrots Vegetable Bar Fresh Fruit Bar Fresh Fruit Bar Choice of Milk	<b>4</b> Beefy Nachos w/Cheese Sauce  Salsa Spiced Pinto Beans Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>5</b> Homemade Cheese Pizza  California Blend Vegetable Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk
<b>8</b> Cheeseburger Fries  Other Vegetable Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>9</b> Chicken Bacon Ranch Melt  Roasted Broccoli Other Vegetable Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>10</b> Crispy Chicken Tenders Whole Grain Dinner Roll  Potato Wedges Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>11</b> Creamy Macaroni & Cheese Whole Grain Dinner Roll  Roasted Carrots Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>12</b> <b>HOM: Clove</b> Philly Flatbread  Black Beans Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk
<b>15</b> Cheese Bosco Sticks Marinara Sauce  Steamed Green Beans Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>16</b> Classic Cheeseburger Kettle Potato Chips  Roasted Corn Vegetable Bar Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>17</b> Beefy Nachos w/Cheese Sauce  Black Beans Red/Orange Vegetable Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>18</b> Baked Ham Whole Grain Dinner Roll  Garlic Mashed Potato Corn Red/Orange Vegetable Canned Fruit Bar Fresh Fruit Bar Choice of Milk	<b>19</b> Cooks Choice  Glazed Carrots Red/Orange Vegetable Canned Fruit Bar Fresh Fruit Bar Choice of Milk
<b>22</b> <b>No School</b>	<b>23</b> <b>No School</b>	<b>24</b> <b>No School</b>	<b>25</b> <b>No School</b>	<b>26</b> <b>No School</b>
<b>29</b> <b>No School</b>	<b>30</b> <b>No School</b>	<b>31</b> <b>No School</b>	<b>1</b>	

## PRICES

Student Meal	Free
Adult Meal	\$5.25
Premium Adult Meal	\$5.50
2nd Student Meal	\$5.25
Milk	\$0.60

## EXTRA INFO

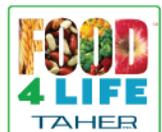
Milk choice of 1% or chocolate, is included with your Lunch.  
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

## HARVEST OF



## THE MONTH

Menus and nutrition  
our app  
Taher Food4Life®



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