

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 4	Week 6 Beginning: 4/22/24
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 1	
M o n d a y	Notes:	<p>Objective: Review all relevant anatomy and injuries for the shoulder to prepare for a test.</p> <p>Lesson Overview: Unit 13. Lesson 1-5 Kahoot</p>	<p>Academic Sports Med CTE Standards:</p> <p>6.6 6.7 2.2 2.3</p>
T u e s d a y	Notes:	<p>Objective: Prepare for and take shoulder test</p> <p>Lesson Overview: Shoulder test.</p>	<p>Academic Sports Med CTE Standards:</p> <p>6.6 6.7 2.2 2.3</p>
W e d n e s d a y	Notes:	<p>Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments.</p> <p>Lesson Overview: L 3 Sprains and Strains L 4 Fractures and Dislocations</p>	<p>Academic Sports Med CTE Standards:</p> <p>1.2 3.2</p>
T h u r s d a y	Notes:	<p>Objective: Differentiate between chronic injuries and unique lower leg issues; and their mechanisms, signs, symptoms and treatments. Use effective questioning techniques to gather pertinent information. Justify appropriate evaluation techniques using organizational tools. Accurately record data to evaluate injury.</p> <p>Lesson Overview: L 5 Chronic and other injuries L 6 Injury evaluation of lower leg</p>	<p>Academic Sports Med CTE Standards:</p> <p>6.1 3.2 1.2</p>

F r i d a y	Notes:	<p>Objective: Test the knowledge of anatomical landmarks, actions of muscles and skills to wrap common injuries.</p> <p>Lesson Overview:</p> <p>Assessments on elastic wraps and taping techniques</p>	<p>Academic Sports Med CTE Standards:</p> <p>5.5 6.4 6.5</p>
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