Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 4	Week 5 Beginning: 4/15/24
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 1	
Monday	Notes:	Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments Recognize relevant muscular anatomy for the hip and thigh Lesson Overview: L 2 Hip Muscles. L3 Strains of Hip L 4 Fractures, dislocations, contusions and chronic injuries.	Academic Sports Med CTE Standards: 2.2 2.3 6.1
Tuesday	Notes:	Objective: Review everything over the hip and prepare for a test over the Hip Lesson Overview: Review everything in unit 12 over the hip. Complete study guide	Academic Sports Med CTE Standards: 2.2 2.3 6.1
Wednesday	Notes:	Objective: Test over then hip Recognize relevant skeletal anatomy for the shoulder. Lesson Overview: Start unit 13 the shoulder L 1 Shoulder Skeletal Anatomy	Academic Sports Med CTE Standards: 2.1 2.2 2.4
Thursday	Notes:	Objective: Recognize relevant muscular anatomy for the shoulder Differentiate between common injuries and their mechanisms, signs, symptoms and treatments. Lesson Overview: L 2 Shoulder Muscular Anatomy. L 3 Shoulder Sprains and Strains	Academic Sports Med CTE Standards: 2.1 2.2 2.3 6.1

Friday	Notes:	Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments. Lesson Overview: L 4 Shoulder Fx and Dislocations.	Academic Sports Med CTE Standards: 2.2 2.3 2.4 6.4