

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 2	Week 2 Beginning: 3/25/2024
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 1	
M o n d a y	Notes:	<p>Objective: Learn how to properly tape the ankle and injuries of the lower extremity.</p> <p>Lesson Overview: Ankle taping 101 (1).pptx Misc. Taping and bandaging .pptx -</p>	Academic Sports Med CTE Standards: 5.5 6.5
T u e s d a y	Notes:	<p>Objective: Study for unit 10 ankle foot and lower leg test. Take Unit 10 test</p> <p>Lesson Overview: Unit 10 Study Guide</p> <p>Unit 10 Test</p>	Academic Sports Med CTE Standards: 2.2 6.5
W e d n e s d a y	Notes:	<p>Objective: Recognize relevant skeletal anatomy of the knee Recognize relevant muscular anatomy and corresponding functions for the Knee</p> <p>Lesson Overview: L1 Knee.pptx L2 Muscular Anatomy.pptx</p>	Academic Sports Med CTE Standards: 2.2 6.5
T h u r s d a y	Notes:	<p>Objective: Differentiate between common injuries and their mechanisms, signs, symptoms and treatments.</p> <p>Lesson Overview: L 3 Sprains and Strains (2).pptx L 4 Fractures and Dislocations</p>	Academic Sports Med CTE Standards: 2.2 6.5

F r i d a y	Notes:	Good Friday	Academic Sports Med CTE Standards:
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