

Name: Colton Merrill, ATC, CPT		Grading Quarter: 1	Week Beginning: August 12,
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 2	
Monday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Select appropriate tape for Achilles tendon wrapping 2. Demonstrate proper taping for an Achilles tendon strain. <p>Lesson Overview:</p> <p>L 4 Achilles taping -</p> <p>L 5 Knee Taping</p>	<p>Academic Standards:</p> <p>5.5</p> <p>5.8</p>
Tuesday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> 1. Define terminology. 2. Diagram correct taping for the wrist and hand. 3. Demonstrate and apply the correct taping techniques for wrist and hand. <p>Lesson Overview:</p> <p>L 6 Advanced tape wrist and Hand</p> <p>Lesson 7 - Review</p>	<p>Academic Standards:</p> <p>5.5</p> <p>5.8</p> <p>10.3</p>
Wednesday	Notes:	<p>Objective:</p> <p>Describe wrapping the hip for an adductor strain.</p> <p>Which direction to start a wrap around the athlete's trunk.</p> <p>Lesson Overview:</p> <p>Lesson 8 - Taping Practical</p> <p>Misc. Taping and bandaging .pptx</p> <p>Think pair share with your group when you are done.</p>	<p>Academic Standards:</p> <p>5.5</p> <p>5.8</p>

Thursday	Notes:	<p>Objective:</p> <p>Describe wrapping the shoulder for stability.</p> <p>Shoulder Spica</p> <p>Shoulder sling and swath</p> <p>Lesson Overview:</p> <p>Lesson 8 - Taping Practical</p> <p>Misc. Taping and bandaging .pptx</p> <p>Think pair share with your group when you are done.</p>	<p>Academic Standards:</p> <p>5.5</p> <p>5.8</p>
Friday	Notes:	<p>Objective:</p> <p>Describe wrapping of a finger.</p> <p>Describe proper use of a Sams splint.</p> <p>Lesson Overview:</p> <p>Lesson 9 splinting and bandaging</p>	<p>Academic Standards:</p> <p>5.8</p> <p>5.5</p>