



## Olentangy Schools Food Service Breakfast Program

Olentangy Schools is proud to offer breakfast each school day as part of the National School Breakfast Program, which ensures that all students have access to a balanced and nutritious meal to start their day.

### **Breakfast Availability**

Breakfast is available daily at every Olentangy school building. Each school may have different times and locations for breakfast service, so please check with your child's school for specific details.

### **What's Included in Breakfast?**

Each breakfast includes four items:

- Entrée (counts as two items):
  - Either a whole grain-rich item (e.g., pancakes),
  - OR a protein item (e.g. cheese omelet),  
OR a grain + protein combo (e.g., muffin and yogurt)
- Fruit, vegetable or juice\*
- Fat-free or low-fat milk

**Students may select all 4 items but must select at least 3 items to qualify as a complete meal.**

**\*Students may select up to 2 servings of fruit, vegetable, or juice as part of their breakfast, but must select at least 1 serving.**

### **Grab-and-Go Convenience**

To make things quick and easy, breakfast is served in a “grab and go” style, so students can pick up their meal and head to class or a designated eating area. The current breakfast menu is available on the district's Food Service [website](#).

### **Special Dietary Needs**

Alternative menu options are available for students with medically documented food allergies or special dietary requirements. Please contact the Food Service office for assistance.

### **Cost and Payment**

- Breakfast costs \$1.50
- Students use their meal accounts to pay. Please ensure funds are available in your child's account.

### **Free & Reduced-Price Meals**

If your child qualifies for free or reduced-price lunch, they are also eligible to receive breakfast at no cost. If you believe your family may qualify, applications for free or reduced-price meals can be found on the district [website](#) or you can submit an application online at <https://olentangy.familyportal.cloud/> click on “apply for benefits” to apply as a guest or log into your family portal account and click on “benefits” to submit an application.

If you have questions about the school meals program, contact the Olentangy Food Service office at 740-657-4053/5057 or [olsd\\_lunchaccount@olsd.us](mailto:olsd_lunchaccount@olsd.us).

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