

Stakeholder Information

Ouachita Parish encourages a healthier school environment. Our District Wellness Committee is composed of district leaders, administrators, school nurses, cafeteria staff, students, parents, teachers and community members. The purpose of the committee is to bring together representatives from the schools and surrounding community who can help us decide, communicate, and implement healthier policies and practices. As a healthy living advocate, your input is particularly important, and we would be honored to have you as a District Wellness Committee member.

- Research shows a strong link between a young person's practice of healthy habits, including a good diet and regular physical activity, and an improvement in their overall life outcomes.
- Research also shows that schools can be places for motivating students to lead healthy lifestyles and staff can be role models for showing students how to adopt and maintain healthy behaviors.
- When kids are physically active, they perform better academically, have better attendance and their behavior improves. That's why our school is creating a healthier generation where students, teachers, and staff eat better, move more

If you would like the opportunity to be considered to participate on the district wellness committee.

Please contact

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