

EDDINGTON SCHOOL NEWS

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Announcements

Dismissal:
Please notify the office and your child's teacher of any dismissal changes **BEFORE 2:00 pm** (except in cases of emergencies). This helps us get everyone home safely!



Parents:
Please be sure to send a change of clothing into school with your child. Thank you

Parent/Teacher Conferences will take place on Monday, Nov. 24 and Tuesday, Nov. 25 from 1:00-6:00 p.m. Please make sure you're signed up!

Parent Volunteer Application
Parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day must fill out the volunteer form every school year. Please click on the link below to access the application. Please note a background check will be completed and you must be approved before volunteering. Return completed forms to Kelly in the office.



WINTER CONCERT

WEDNESDAY, DECEMBER 10, AT 2:00 P.M.

CHRIS GREELEY DAY OF SERVICE

EDDINGTON ELEMENTARY SCHOOL WILL BE RUNNING A FOOD DRIVE FOR THE CHEFS PANTRY IN HONOR OF CHRIS GREELEY DAY. THE FOOD DRIVE WILL RUN FROM NOVEMBER 1ST-NOVEMBER 21ST. HAVE YOUR CHILD BRING IN ITEMS TO HELP LOCAL FAMILIES!

CHEFS will take:
non-perishable items
cereal
canned goods
pasta
laundry detergent
dish soap
pet foods
toiletries



DRIVE-THRU BOTTLE DRIVE

You drive up, we'll unload them for you!!

DROP-OFF DATE
NOVEMBER 22, 9-2

DROP-OFF LOCATION:
STOMPERS REDEMPTION
23 Main Rd, Holden, ME 04429

Turn your empties into something amazing!
Every can and bottle makes a difference!
Help Support the girls of GIRL SCOUT TROOP 1621
Let's recycle for a purpose!

SCHOLASTIC BOOK FAIR

Eddington School Book Fair!

Location: Eddington School Library
Tuesday, December 9 — Open during the school day
Wednesday, December 10 — 8:00-3:30
Stories & Songs Family Event! Stop by the library before or after the Winter Concert (1:00-3:30 PM) to shop the Book Fair and celebrate the season with stories, songs, and school spirit!
Thursday, December 11 — Open 8:00 AM-12:00 PM

Book Fair Highlights: Spin-the-Wheel prizes / Scavenger Hunt / Raffles / Family Event

Ways to Support Our Book Fair!

Shop Online: Can't make it to the fair in person? No problem! Shop online anytime between 12/8 to 12/21, and your purchases still benefit our school library.

Set Up an eWallet: Skip the cash! Create a Scholastic eWallet — a safe, digital payment option that lets your child shop the fair easily. Family and friends can even add funds, and leftover balances convert to a Scholastic gift card for future use!

Donate to Share the Fair: Help every student experience the joy of new books! Donations made through Share the Fair go directly to our school to support teachers, classrooms, and students in need.

Scan the QR code to shop online, set up an eWallet, or donate today!

Did You Know?
40-55% of sales come back to Holbrook in Scholastic Dollars! Every purchase helps us buy books, upgrade our library, and support teachers and students.
Your shopping = more books, better spaces, and more opportunities to read!

Questions or need more info?
District Librarian: Nicole Hogan
Email: nhogan@rsu63.org

RSU #63 PTG INVITES YOU TO A

Holiday Family Dance Party

HOLDEN SCHOOL GYM
SATURDAY 12/13
2PM - 4PM
DON'T MISS HOLDEN GARDEN CLUB'S GARDEN AGLOW TO FOLLOW AT 4PM

The Holden Garden Club Presents, "Garden's Aglow"

Saturday, December 13th 4:00-5:00 PM

Join us in the garden behind Holden Elementary School after the PTG Christmas dance, for our annual "Garden's Aglow" event. We will have hot chocolate, and a free book per garden. (while supplies last)



Required Immunizations

Immunization requirements for school entry are:

PreK
• 4 DTaP
• 3 Polio
• 1 MMR
• 1 Varicella

Kindergarten
• 5 DTaP
• 4 Polio
• 1 MMR
• 2 Varicella

7th grade Immunization requirements:
• All of the above plus
• 1 Tdap
• 1 Meningococcal Conjugate Vaccine (MCV)

Medical exemptions must be signed by your PCP

Students must have proof of vaccination before starting school

Bangor Public Health provides vaccines for children.

COULD YOUR CHILD HAVE TYPE 1 DIABETES?

Toilet
Thirsty
Tired
Thinner

If your child is going to the bathroom more frequently, has increased thirst, is more tired than usual or losing weight, it could be a sign they have Type 1 Diabetes. If not diagnosed early enough, Type 1 Diabetes can be fatal. Don't delay - if your child is experiencing any of the 4Ts, visit your doctor immediately for a simple test.

Type 1 Diabetes is commonly mistaken for:
the flu • strep throat • growth spurt • UTI

MAKE P-PODS @MAKEPODS MAKE_PODS MAKEPODS.ORG

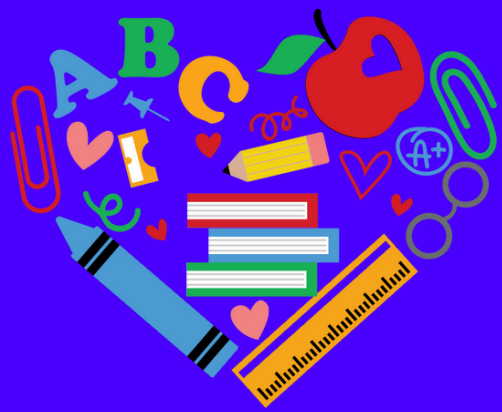
P-PODS
Approved and patented for Diabetes.

RSU 63 App Now Available!

Download the RSU 63 app today to ensure you are always aware of the most important news, announcements, calendar events, and you have access to the most current community directory.

Go to the Apple App Store or Google Play and search for RSU 63

Download on the App Store | GET IT ON Google Play



PRINCIPAL'S CORNER

[Newsletter Incentive](#)



Nov. 21, 2025

[Chris Greeley Community Service Day, Nov. 21](#)

We wrapped up our food drive today. Thank you, again, for the overwhelming support of our Community Service project to benefit the CHEFS food pantry. The folks at CHEFS were so thankful for all of the donations, it brought tears to their eyes. What a true meaning of kindness!!

Our students also enjoyed an afternoon visit from Holbrook Middle School students, as they read books to them in small groups.

[Parent/Teacher Conferences, November 24 & 25 and Early Dismissal](#)

If you haven't signed up for parent/teacher conferences with your child's teacher, please reach out to them or call the office as soon as possible. Students will be dismissed at 12:00 noon on both days to accommodate the conferences.

[No School November 26 - 28](#)

There is no school Wednesday, Nov. 26 through Friday, Nov. 28.

[Frogtown Puppeteers Performance, December 3](#)

On Wednesday, December 3, Eddington students will travel by school bus to the Holden School to watch [The Legend of Sleepy Hollow](#), put on by the Frogtown Puppeteers. It should be a fun-filled, exciting time for all!

[Cold Weather is Here!](#)

Please remember to dress your child appropriately for the cold weather. Generally, the students will go out to recess unless it is raining or if it is very cold. It is important to send your child with a hat, mittens/gloves, jacket, snowpants and boots.

[Planned Absences](#)

Please contact your teacher or the office to request a Planned Absence form if your child will be out of school on a scheduled trip for 3 days or longer. Thank you!

[Eagle Stickers](#)

A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a weekly prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking how they earned it! The winner of this weeks' drawing is: Rylie Deloge.

Have a good evening,

Mrs. McLean
Principal

Newsletter word of the week: kindness



Curriculum Corner



November 2025

The Maine Discovery Museum in Bangor is right in our backyard and offers great exhibits and events for kids of all ages. They foster an atmosphere of play and hands-on activities to ignite curiosity and inspire learning. They have a STEM program that aligns to Next Generation Science Standards and they collaborate with Maine organizations in the field of science to provide a practical application to help motivate students.

You can find daily programming on their online calendar, but did you know they have an after school STEM Club for grades kindergarten through high school? From robotics to digital storytelling, kids have so many ways to engage. And, every other Friday night is just for middle schoolers, which sounds so cool! This is a drop-off program where students hangout and play in a creative, fun atmosphere. On Saturdays there's a career exploration program, and in March the museum hosts the Maine Science Festival (<https://www.mainediscoverymuseum.org/mainesciencefestival>)

Admission is \$14 per person and free with membership. Participating public libraries offer up to 4 free passes per visit, so check that out. And, for those with SNAP and EBT cards, tickets are only \$5. Log on to their website to learn more: <https://www.mainediscoverymuseum.org/visit>

With the holidays and school breaks just ahead, it might be a good time to do some exploring.

Sheila Caldwell

Interim Superintendent of Schools and Director of Curriculum and Instruction



Dodie's Corner

Hello RSU #63 Families!

During Eagle Time this week, we started our new Social Problem Solvers Curriculum by reading the first book, Hidden Rules and Expected and Unexpected Behaviors Pirate Adventure, written by R. Hendrix, K. Zweber Palmer, N. Tarshis, and M. Garcia Winner. Evan, Ellie, Jesse, and Molly go on a high seas adventure. They board a pirate ship and learn the hidden rules of being part of a pirate crew. They explore expected/unexpected behaviors when sailing on the ship and looking for buried treasure. When the kids are figuring out the hidden rules, everyone on the ship feels okay/good and has good thoughts. This means they can keep moving toward their goal of finding treasure. We then played an expected/unexpected behavior game.

In all grades, we finished our time together with a Swab the Deck, Danny GO movement break, and a Jelly Fish Breathing Meditation for kids. I have attached a family letter to help you practice identifying hidden rules and expected/unexpected behaviors at home. I also attached the movement and meditation activities.

Thanksgiving is coming! I am so excited to spend time with my family and friends! I hope you are all looking forward to some quality time together.

Sincerely,

Ms. Dodie, LMSW/CC

[Hidden Rules Family Letter.pdf](#)

[Swab the Deck! 🧼🚩👤 | Pirate Clean Up Song | Danny Go! Songs for Kids](#)

[Jelly Fish Breathing Exercise for Kids | Improve Focus & Concentration | Yoga Guppy.](#)





NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 SCHOOL PICTURE RE-TAKES	5	6	7	8
9	10  PTG Fundraiser at Miguel's Restaurant 4:00-9:00 pm	11  VETERANS DAY NO SCHOOL	12	13	14	15
16	17	18	19 SCHOOL BUS EMERGENCY EXIT PRACTICE AT 10:00 AM 	20	21 Chris Greeley Day of Service End of Trimester	22
23	24 Early Dismissal at Noon Parent/Teacher Conferences 1:00 - 6:00 pm SCHOOL BOARD MTG. AT HOLBROOK 6:30 PM	25 Early Dismissal at Noon Parent/Teacher Conferences 1:00 - 6:00 pm	26 NO SCHOOL	27 HOLIDAY NO SCHOOL 	28 NO SCHOOL	29



DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 FROGTOWN PUPPETEERS SHOW AT HOLDEN SCHOOL	4	5 Progress Reports sent home	6
7	8	9	10  WINTER CONCERT 2:00 PM	11	12	13 PTG Holiday Family Dance Party Holden School Gym 2:00-4:00 pm
14	15 	16	Scholastic Book Fair in Library Dec. 9 - 11 		19	20
21	22	23	24	25	26	27
VACATION - NO SCHOOL						
28	29	30	31	1	2	
VACATION - NO SCHOOL DEC. 24 - JAN. 2						



EDDINGTON ELEMENTARY SCHOOL NOVEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 French Toast Sticks Bacon Vege. Baked Beans Fruit Milk	4 Chicken Fried Rice Bowl Mixed Vegetables Fruit Milk	5 Sloppy Joe on WG Roll Green Beans Fruit Milk	6 Cheese WG Pizza Carrot Sticks Fruit Milk	7 Ham & Cheese on WG Roll Cucumbers Fruit Milk
10 Pancakes Sausage Vege. Baked Beans Fruit Milk	11 HOLIDAY NO SCHOOL	12 Baked Ziti Breadstick Cucumbers Fruit Milk	13 Cheese WG Pizza Carrot Sticks Fruit Milk	14 Chicken Patty on WG Roll Potato Stars Fruit Milk
17 Emoji Waffles Sausage Vege. Baked Beans Fruit Milk	18 Hot Turkey with Gravy on a Biscuit Stuffing Green Beans Fruit Milk	19 Tater Tot Casserole With Beef & Cheese Mixed Vegetables Fruit Milk	20 Cheese WG Pizza Carrot Sticks Fruit Milk	21 Hot Dog on WG Roll French Fries Fruit Milk
24 Bacon, Egg & Cheese Burritos Vege. Baked Beans Fruit Milk *Early Dismissal	25 Turkey & Cheese Sandwich Chips Apple Milk *Early Dismissal	26 NO SCHOOL	27 HOLIDAY NO SCHOOL	28 NO SCHOOL

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
 Milk for cold lunch is .50 cents/each.
 WG = Whole Grain
 Menu is subject to change without notification.



EDDINGTON ELEMENTARY WEEKLY BREAKFAST MENU 2025-2026

MONDAY

MUFFIN OR CEREAL
FRUIT
MILK

TUESDAY

BAGEL OR CEREAL
JUICE
FRUIT
MILK

WEDNESDAY

BREAKFAST BAR
OR CEREAL
FRUIT
MILK

THURSDAY

YOGURT OR CEREAL
FRUIT
MILK

FRIDAY

BAGEL OR CEREAL
JUICE
FRUIT
MILK

myschoolbucks.com

View Current Balances
 Receive low balance email alerts
 Add money to your student accounts
 Set It & Forget It... automatic payments
 Register for your FREE account today!

A service of Heartland Payment Systems, Inc. A service fee is charged only when a payment is made.

HAPPY BIRTHDAY

Mason Hand
Aiden Congdon
Michaela Congdon
Olivia Gadoury
Christian Cyr
Hazel LaCroix

Nov. 3
Nov. 5
Nov. 8
Nov. 24
Nov. 27
Nov. 27

PreK
PreK
Kindergarten
Kindergarten
Kindergarten
First Grade



NEWSLETTER INCENTIVE

Last week's newsletter incentive winner is Ezra Whitney
in Mrs. DeRoche's class!

DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.

CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM'S FAMILY WEBPAGE!

PRE-K

KINDERGARTEN

1ST GRADE



Seesaw



Seesaw



ClassDojo

STAFF EMAILS

Front Office

Mrs. McLean: smclean@rsu63.org

Mrs. Smith: kjsmith@rsu63.org

Nurse Bickford: dbickford@rsu63.org

Classroom Teachers

Pre-K:

Ms. Leland: aleland@rsu63.org

Mrs. Davis: kdavis@rsu63.org

Kindergarten:

Mrs. Alley: jalley@rsu63.org

Mrs. DeRoche: bderoche@rsu63.org

First Grade:

Mrs. Poland: jpoland@rsu63.org

Mr. Seip: jseip@rsu63.org

Additional Services

Special Services: dfarrell@rsu63.org

Speech Therapy: kkaram@rsu63.org

Occupational Therapy: rhiggins@rsu63.org

Literacy Intervention: hsaucier@rsu63.org

Specialists

Art: hallen@rsu63.org

PE: msagehorn@rsu63.org

Music: cstecher@rsu63.org

Spanish: mnorris@rsu63.org

Library: rgideon@rsu63.org

School Counselor: dsmith@rsu63.org

