



Rice Elementary Specialist Choice Board

Choose any 3 activities and initial



Do Jumping Jacks to your favorite song all the way to the end.

Go on a listening walk. Notice the sounds that make a beat.

Invent a new car and draw it.

Listen to a favorite musician and tell an adult why you like his/her music.

Draw a picture of your house. Use as many details as possible.

Perform 5 Yoga poses for 30 seconds each.

Trace your hand and fill it with 5 different patterns.

Teach a song from music class to someone at home.

Build a house with many rooms using legos/blocks.

Play a game that requires strategy.

Build a fort and do exercises in it.

Make something artistic & colorful out of food and then eat it.

Practice drawing notes on a staff in the snow or with chalk.

Build a tin foil boat. How many coins will it hold before it sinks?

Go outside for 20-30 minutes and write or record your nature observations.

Time yourself jumping rope.

Make an imaginary playground using legos/ blocks.

Make slime!

Design, create and fly paper airplanes.

Set up targets and time yourself how long it takes to knock them down.

Play a game that uses math skills.

Draw a self-portrait and color it.

Interview and question a senior citizen about their school life. .

Write a letter to the editor.

Read a book about a certain time period or historic event.

Go on a walk.

Interview a person that works in public service.

Listen to your favorite music for 20 minutes.

Create a musical instrument out of household items and play it with a song.

Listen to a history or current events podcast.

Build a paper airplane and see how far you can throw it.

Create your own body percussion and share it with someone at home.

Shovel a neighbor's sidewalk or driveway.

Write a letter to a family member and send it.

Create a new logo for the "Storm".