

Sophomore Exploring

Your Job as a Sophomore:



#1- Know your Info

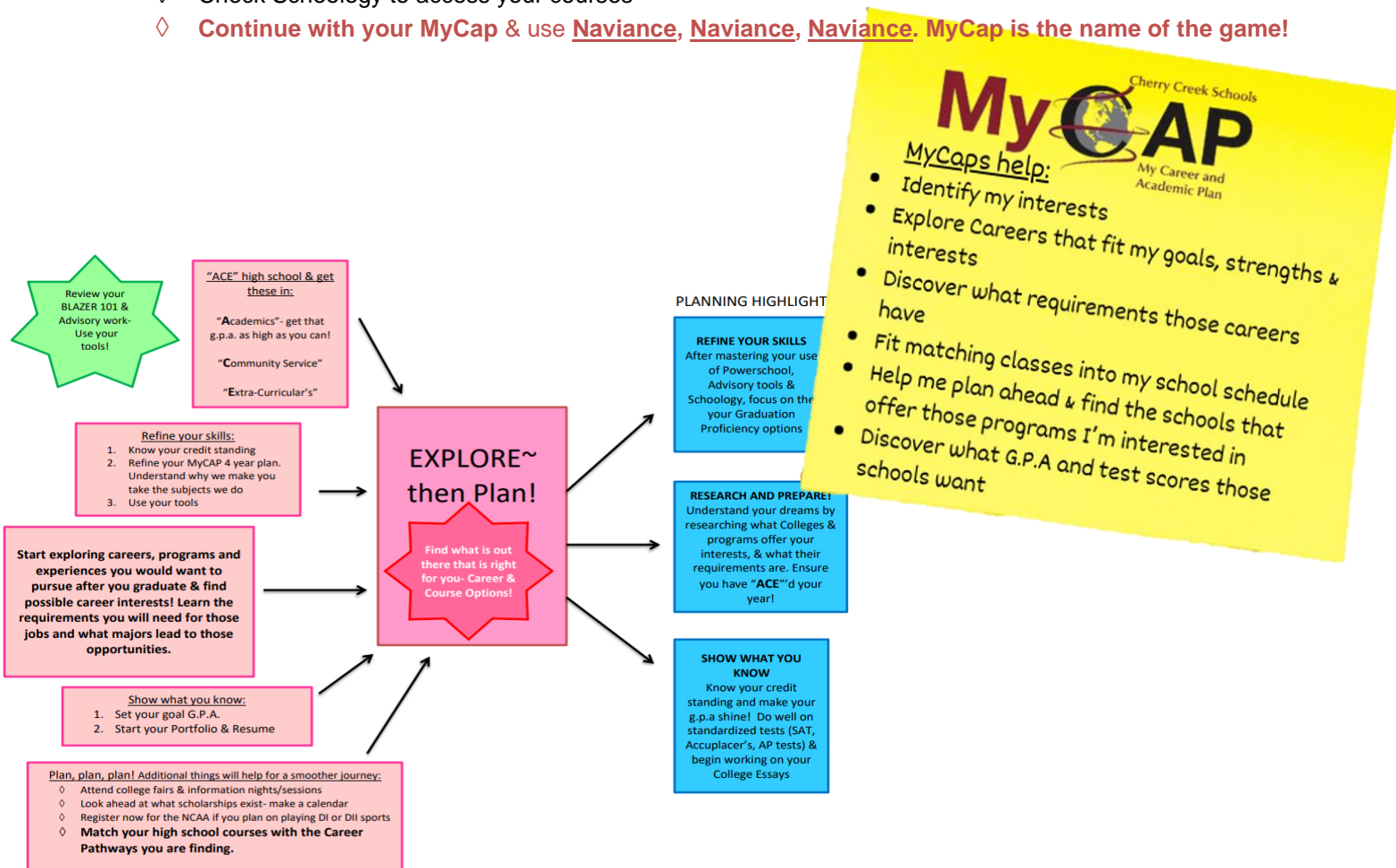
- ◇ Set your goal G.P.A.
- ◇ Know your transcript & credit standing
- ◇ Know what “ACE” gaps you need to fill (*Academics, Community Service, Extra-Circular’s*) & don’t be afraid to try something new!

#2- Immerse yourself in YOU (your MyCap in Naviance!)

- ◇ From the MyCap work you did ACQUIRING your fit and identifying your strengths remember to start with the end in mind: what type of career/subject of studying is interesting to you & what type of education will you need. In Naviance you should have done the “Strengths Explorer” and started your “4 year plan”
- ◇ Now it is really about following your strengths and EXPLORING what you love! Do the “Career Interest Profiler” and discover what Career Pathways have to offer and require
- ◇ Fit your High School classes to what Careers you are finding and EXPLORE and EXPAND in our Career Concentrations. In Naviance, you will update your “4 year plan”.
- ◇ Start assembling your “Portfolio” and create a working “Resume”

#3-Refine your skills by using your tools:

- ◇ Check Powerschool at least once a week to monitor your standing & progress
- ◇ Check Schoology to access your courses
- ◇ **Continue with your MyCap & use Naviance, Naviance, Naviance. MyCap is the name of the game!**

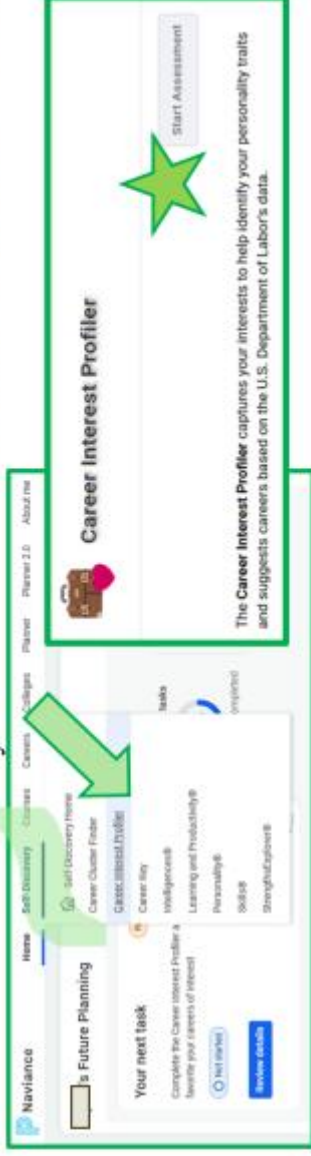


Naviance MyCap Tasks

How to Log on:



TASK #1- Take the Career Interest Profiler & explore your results
 -from the Self Discovery tab → “Career Interest Profiler” & hit Start Assessment



The Career Interest Profiler captures your interests to help identify your personality traits and suggests careers based on the U.S. Department of Labor's data.

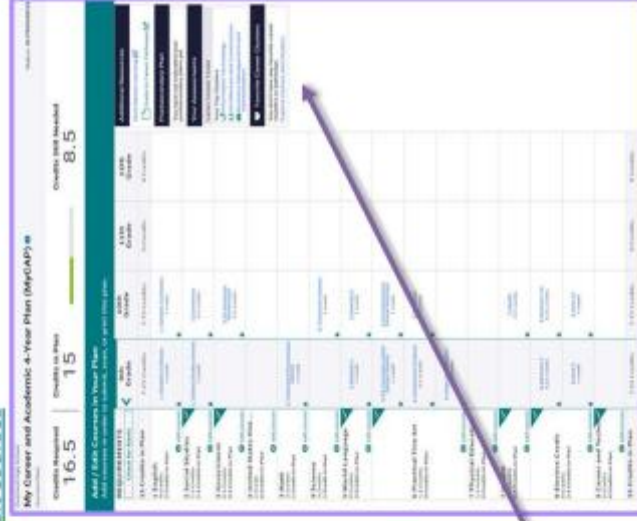
TASK #2- Update your 4-year plan to include the courses you have taken so far
 -from the Courses tab → “Manage Course Plans” & select the MyCap Plan



TASK #3- Create your Portfolio & Resume to be ready for applications
 -from the About Me tab → “Portfolio” & select + Add entry Add your information into the categories. Select your favorites from TASK #1



Go through EACH subject category → hit + edit courses
 Find your classes in EACH grade to select, scroll down → hit ADD COURSES TO YOUR PLAN or SAVE CHANGES
 scroll back up → hit Save and Close



Go to the next category until you have finished.
 For subjects without drop downs, or to add additional cores (in elective category), select from “List 1”, add the grade level you took/plan to take in and save.
 (online classes & waivers can not be added here)

There are also suggested pathways given your career survey results that will help give you ideas of what class would be good for you in your MyCap planning!

After updating your portfolio categories, refresh your Resume
 -from the About Me tab → “Resume” & select + Manage in EACH category to add your information
 You can change the “Summary” statement as needed
 Hit Hit to save & download



Example:

