

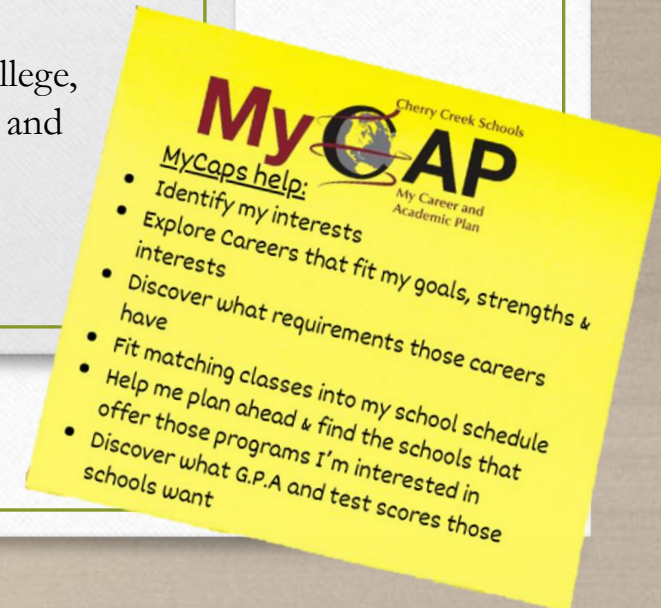
Expanding your Options

Taking your “MyCAP”
to the next level~

Remember, your “MyCAP” can help lead you to:

FREE College classes/credits, programs that can pay for your FIRST year in College, possible internship placements, diploma recognitions, attending the CCIC/CCP, and more!

YOU are the most important part of your journey!



What Interests you?

Interested in...try these electives

*Use this as a starting point, see the Registration guide for all suggestions

- | | |
|-----------------------|-------------------------------|
| Film & Video | Video Production & OTV |
| Sewing | Fashion |
| Decorating | Interior Design, Tech Theatre |
| Art or Ceramics | Drawing & Painting, 3D Art |
| Photography | Photo |
| Computer Art | Graphic Design |

- | | |
|--------------------------|-----------------------------------|
| Aerospace & Flight | Drone Pilot, Machining, Astronomy |
| Architecture | Comp Aided Design, Engineering |
| Mechanics | Auto, Aviation Maintenance |
| Building | Construction, Product Design |

- | | |
|---------------------|-------------------------------------|
| Investigation | Forensics |
| Communication | Languages, Debate, Creative Writing |
| Journalism | Newspaper, Yearbook, Broadcasting |
| Leadership | STUCO, AVID |

- | | |
|------------------------|---|
| Computer Science | AP Comp Sciences, Cybersecurity, AI |
| Website's | Web Site Develop. |
| Robotics | Technology Projects, Robotics & Automated Systems |

- | | |
|--------------------------------|---------------------------------|
| Performing | Choirs, Theatre's, Production |
| Learning an Instrument | Piano |
| Continuing an Instrument | Band's, Orchestra, Music Theory |

- | | |
|-------------------|--|
| Health Care | Intro to Health Care, Nursing (cert.), CPR, Patient Care, Clinical Med Assit, Surgery Tech, Epic Med. Careers, Pharm.Tech, Physical/OT Therapy |
|-------------------|--|

- | | |
|-----------------------|--|
| the Environment | Environmental Science, Geology |
| Medical | Intro to Sci Research, Biotech, Microbio |
| Animals | Zoology |

- | | |
|-----------------------|---|
| Dance | Gymnastics |
| Sports | Team (group), Individual (partner) Sports |
| Strength & tone | Weight Training, Body Works |
| Swimming | Swimming |
| the Human Body | Anatomy, Health |

- | | |
|-------------------------------|---|
| Cooking | Culinary Essentials, Baking & Pastry |
| Traveling & Tourism | Resort & Event Management |
| Business | Intro to Business's, Legal Enviro of Business, Entrepreneurship |
| Making & managing money | Personal Finance, Economics, Marketing, Accounting, Internship |

- | | |
|---------------------|--|
| Mental Health | Relationships, Sources of Strength, Behavior Tech, Psychology, Psych of Sports |
| Cosmetology | Cosmetology (hair, esthetician) |
| Law & Safety | Criminal Justice & Law, Political Sci |
| Education | Child Development, Future Educator Apprenticeship, Peer Ambassadors |

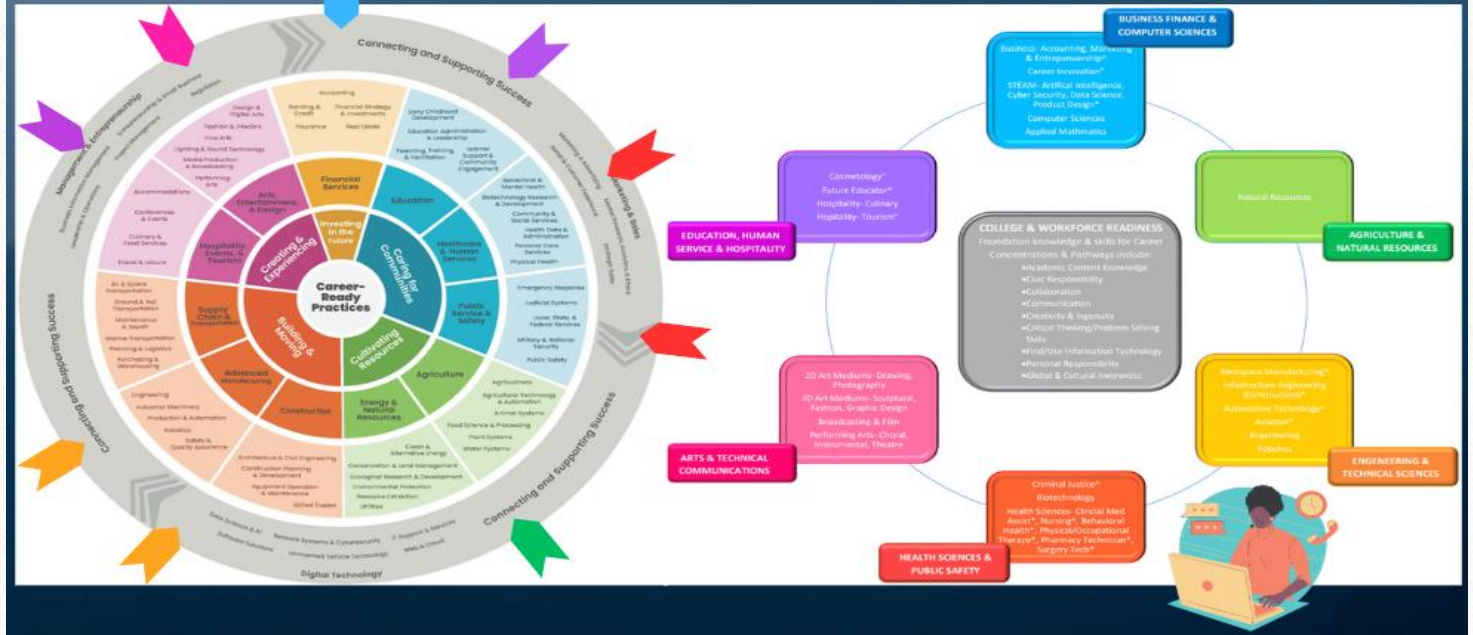
Focus on what you have discovered

Remember to match your interests to your classes!

The Career Pathways you are finding work together with the Career Clusters we have!

These are the "CTE Career Clusters" you will see in your Naviance Career Search results. When you do your searches, your results will give you examples in these different fields. Explore what people in these fields do, how they spend their time, what they are paid and what type of education/training they need to have with in each job title you find that matches your search

This map matches the Colorado Career Clusters. These are some of the Career Concentrations and Pathways within these fields that Overland offers. Which classes would you like to take? What fields are you interested in? Where do your strengths meet your interests? Use your "MyCap" to help plan and explore!

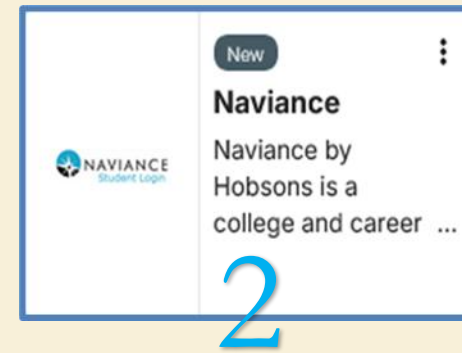


Let's update your 4 Year plan & build your Resume

Back to Naviance!

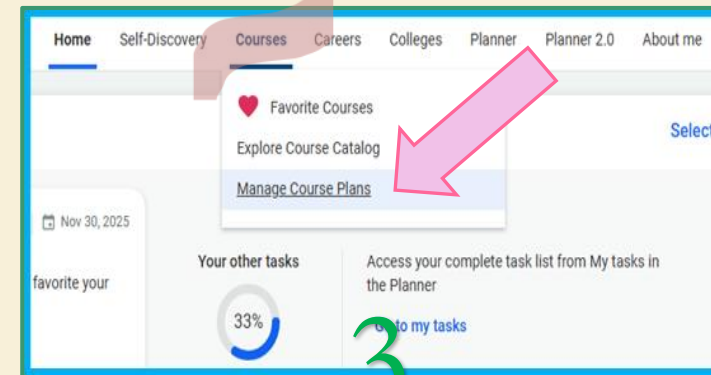
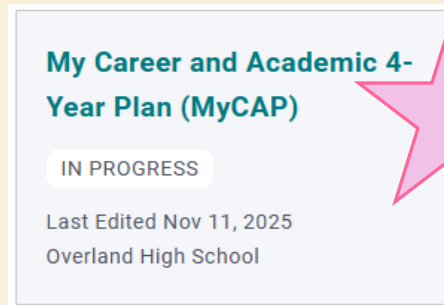


1st- Log on to your MyCherryCreek



2nd- Find & select the Naviance tile

3rd- from the Courses tab → “Manage Course Plans”
→ select the MyCap Plan



Update your current classes & add next years in

Your 4 year plan is something you will update each year during registration to keep it fresh and current with your goals

1. Go through **EACH** subject


category → hit 

2. Find your classes in **EACH** grade &

Select the course →

scroll **down** & hit  or

1 *AP English Literature And Composition
1 Credit

 **2**

3. scroll back **up** & hit 

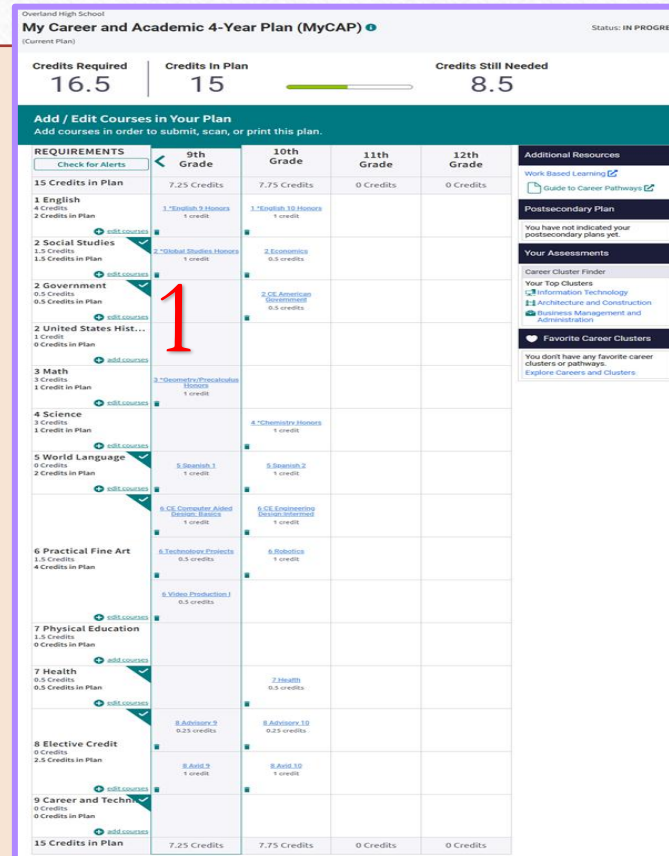
1 ENGLISH

To graduate from any CCSD high school, a student must successfully pass 4.0 credits of English coursework. Please select at least 1.0 credit for each grade level that is CP level or honors/CE/AP. Any other English course would be in addition to the 4.0 required toward graduation.

Credits Required: 4 | Requirement Credits: 1/4 | Credits Still Needed: 3

1 English Courses Currently in Your Plan | 

1 *English 9 Honors
1 Credit | Grade 9



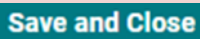


Overland High School
My Career and Academic 4-Year Plan (MyCAP) (Current Plan) Status: IN PROGRESS

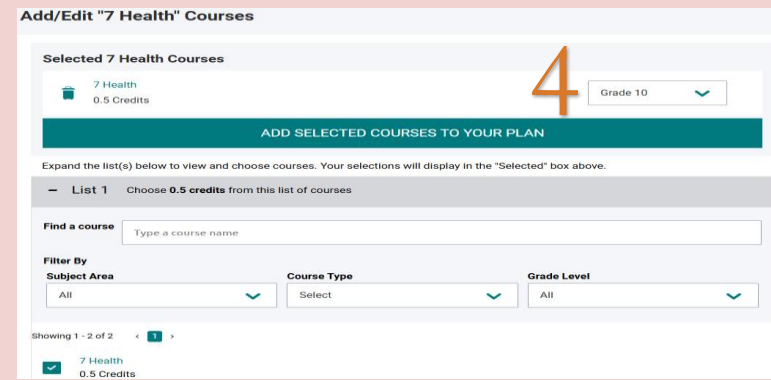
Credits Required: 16.5 | Credits In Plan: 15 | Credits Still Needed: 8.5

Add / Edit Courses in Your Plan
Add courses in order to submit, scan, or print this plan.

REQUIREMENTS	9th Grade	10th Grade	11th Grade	12th Grade
15 Credits in Plan	7.25 Credits	7.75 Credits	0 Credits	0 Credits
1 English 4 Credits 2 Credits in Plan	1 *English 9 Honors 1 credit	1 *English 10 Honors 1 credit		
2 Social Studies 1.5 Credits 1.5 Credits in Plan	2 *Social Studies Honors 1 credit	2 *Economics 0.5 credits		
2 Government 0.5 Credits 0.5 Credits in Plan		2 *CE American Government 0.5 credits		
2 United States Hist... 1 Credit 0 Credits in Plan				
3 Math 3 Credits 1 Credit in Plan	3 *Geometry/Trigonometry Honors 1 credit			
4 Science 3 Credits 1 Credit in Plan		4 *Chemistry Honors 1 credit		
5 World Language 0 Credits 2 Credits in Plan	5 Spanish 1 1 credit	5 Spanish 2 1 credit		
6 Practical Fine Art 1.5 Credits 4 Credits in Plan	6 CE Computer Aided Design, Jewelry 1 credit	6 CE Engineering Design/Inventive 1 credit		
7 Physical Education 1.5 Credits 0 Credits in Plan	6 Technology Projects 0.5 credits	6 Robotics 1 credit		
7 Health 0.5 Credits 0.5 Credits in Plan	6 Video Production I 0.5 credits	7 Health 0.5 credits		
8 Elective Credit 0 Credits 2.5 Credits in Plan	8 Advisory 9 0.25 credits	8 Advisory 10 0.25 credits		
9 Career and Techn... 0 Credits 0 Credits in Plan	8 Adv 9 1 credit	8 Adv 10 1 credit		
15 Credits in Plan	7.25 Credits	7.75 Credits	0 Credits	0 Credits

4. For subjects without drop downs, or to add additional cores (in elective category), click open "List 1"  List 1 → Select the course(s) → Select the grade level you took/plan to take in & hit  scroll **up** & hit 

(online classes & waivers can not be added here)




Add/Edit "7 Health" Courses

Selected 7 Health Courses

7 Health
0.5 Credits

Grade 10



Expand the list(s) below to view and choose courses. Your selections will display in the "Selected" box above.

List 1 Choose 0.5 credits from this list of courses

Find a course

Filter By

Subject Area: All | Course Type: Select | Grade Level: All

Showing 1 - 2 of 2

7 Health
0.5 Credits

Go to the next category until you have finished.

Remember the OHS Pathways & CP/CCIC Pathways

These 4 year plans can help guide you if you are interested in completing a set pathway as you customize your MyCAP
 4 Year Plan for OHS/CP/CCIC/CTE Pathway's CCCIC only Pathway Options

CAREER CONCENTRATION PATHWAYS

Pathway	What year can you START?	9	10	11	12	+ Supportive Studies
ENGINEERING & TECHNICAL SCIENCES						
Aerospace Manufacturing*		Manufact. Fund, CNC Machining	Man. Fund 2, CNC Machine 2			Technology Projects
Infrastructure Engineering*		Construction 1	Construction 2			
Automotive Technology^	Consumer Auto	Auto 1 & 2	Auto 3, High Performance			
Aviation- Maintenance*		Gen. Air Maint. 1	Gen Air Maint 2, Airframe 1-3	Airframe 4		
Aviation- Flight *		Aviation Fundamentals, Drone Pilot				
Engineering	Computer Aided Design	Engineering Design	Architectural Design			Senior Project/Intern.
Robotics	Technology Projects	Robotics				Senior Project/Intern.
HEALTH SCIENCES & PUBLIC SAFETY						
Criminal Justice^			Criminal Justice 1 & 2	2 Soc. Electives		APPsych, Forensics, Genetics, Journalism, Pol.Sci., SOAR
Biotechnology	Intro to Sci Research	AP Bio, Adv. Sci Research		Biotechnology		Anat/Phys, Epic Med., Forensics, Genetics, Microbio.
H. Sciences-Clinical Med. Assist*	Intro to Healthcare	Healthcare Foundations	Clinical Medical Assist	Adv. Clinical Med. Assist		Anatomy & Physiology, Health Care Foundations, Medical Terminology, Patient Care Tech, Child & Adolescent Behavior, Epic Medical Careers, Interpersonal Relationships, Genetics, Psych. of Sports, Sources of Strength, CPR for professionals
H. Sci- Nursing & Patient Care^	Intro to Healthcare	Intro to Health Sci A, Patient Care Tech	Intro to Health Sci B, CNA	CNA/Adv. Nursing		
H. Sciences- Behavioral Health*			Behav. Health Teach	2 Soc. Electives		
Health Sciences- PT/OT Therapy*			Intro to PT/OT	2 Soc. Electives		
H. Sciences- Pharmacy Tech.*				Pharm Tech, 2 Soc. Elect.		
Health Sciences- Surgery Tech*			Surgery Technician			
ARTS DESIGN MANUFACTURING & TECHNICAL COMMUNICATIONS						
2D Arts- Drawing & Design	Drawing & Painting 1 & 2	Draw/Paint. 3, AP Studio Art 2D	AP Studio Art Drawing			AP Art History, CE Digital Photo 2
2D Arts- Photography	Photography 1 & 2	Photo 3 & 4, AP Studio Art 2D				
3D Arts- Sculptural Engineering	Beg 3D Art, Int. 3D Art	Adv. 3D Art	AP Studio Art 3D			AP Art History, AP Studio Art 2D, CE Digital Photo 2,
3D Arts- Fashion/Comm. Design	Fashion 1, Fashion 2		AP Fashion/Studio Art 3D			Interior Design 1, Interior Design 2, Web Designs
3D Arts- Graphic Design	Graphic Design 1 & 2	Graphic Design 3, Adv. Graphic (4)	AP Studio Art			Tech Projects, CE Digital Photo 2, Web Designs
Broadcasting & Film	Video Prod. 1 & 2	OTV Broadcast Journalism	Advanced Video Production			Piano, Music Theory, AP Music Theory
Performing Fine Arts- Choral	Overland Singers, Plainsmen, Trebelarias	Concert Choir, Jewell Ave Jazz	Cecilians, Nine Mile Jazz			
P.F. Arts- Instrumental Band	All bands- audition placed					
P.F. Arts- Inst. Orchestra	String Orchestra, Concert Orchestra	Overland Symphony				
Performing Fine Arts- Theatre	Theatre 1, Musical Theatre Tech Theatre	Theatre 2	Theatre 3, Advanced Acting			
EDUCATION, HUMAN SERVICES & HOSPITALITY						
Cosmetology^			Cosmo 1	Cosmo 2, Esthetics		
Future Educator^			Future Educator 1 & 2			Peer Mentorship
Hospitality-Culinary Arts^	Culinary Essentials 1, Baking/Pastry 1	Baking/Pastry2, ProStart1&2	Prostart 1 & 2, CTE Internship	CTE Internship		
Hospitality- Tourism *	2 OHS Fine Arts Electives	Resort & Event Management	Hospitality Leadership Exp.			
BUSINESS FINANCE & COMPUTER SCIENCES						
Business- Accounting	Personal Finance, Intro to Business	Legal Enviro of Business, Accounting 1	CE Accounting 2			AP Macro & Micro Economics, CE Intro to Business Salesforce
Business- Marketing	Personal Finance, Intro to Business	Legal Enviro of Business, Marketing 1	CE Marketing 2			
Business- Entrepreneurship*	Intro to Business	Project Management for Entrep. 1 & 2	Manag for Entrep. 3, CTE Cap			
Career Innovations^	CE course elective	Work Based Learning CTE	Apprenticeship/Internship	CE Core course		SEE YOUR COUNSELOR FOR OPTIONS
Artificial Intelligence*	Intro to Comp Prog or AP Computer Sci	Artificial Intelligence 1 & 2	Stats			Tech Projects, Amazon Web Services
Cyber Security*	Intro to Comp Prog or AP Computer Sci	Cybersecurity 1 & 2				Amazon Web Services
Data Science*	Intro to Comp Prog or AP Computer Sci	Data Science 1 & 2	CTE Capstone IT			
Product Design & Fabrication*		Product Design 1-3	Product Design 4			Computer Aided Design
Computer Science	AP Comp Science Principles	AP Computer Science A	Data Struct.			Web Development, Web Design Foundations
Applied Mathematics	AP Comp Science Principles	AP Computer Science A	AP Calc AB/BE, DFQ	AP Stats, Liner Algebra		
AGRICULTURE & NATURAL RESOURCES						
Natural Resources	Environmental Club Participation		AP Enviro Science	CE Geology		AP Biology, Microbiology, Zoology

*= CCIC/CCP pathways ^=Can be OHS or CCIC/CCP pathways ^=CTE pathways

THE PATHWAYS

ADVANCED MANUFACTURING

Fabrication I Production I Machining



BUSINESS SERVICES

Entrepreneurship I Business Marketing
Project Management



HEALTH & WELLNESS

Pharmacy Tech I CNA I OT/PT
Behavioral Health Tech



HOSPITALITY & TOURISM

CCICafé I ProStart
Event Planning I Resort Management



IT & STEAM

Cybersecurity I Data Science I Drones
Product Design I Virtual Reality I Robotics



TRANSPORTATION

Auto Maintenance & Light Repair
Aviation Maintenance



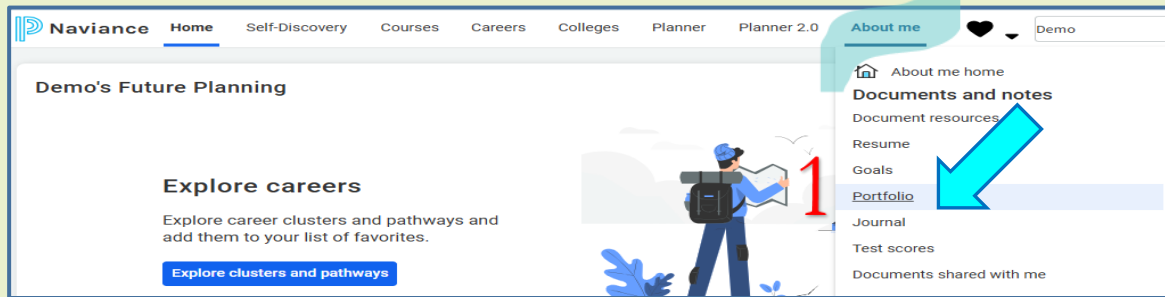
INFRASTRUCTURE ENGINEERING

Building Trades I Construction Management
Big-Build Concept

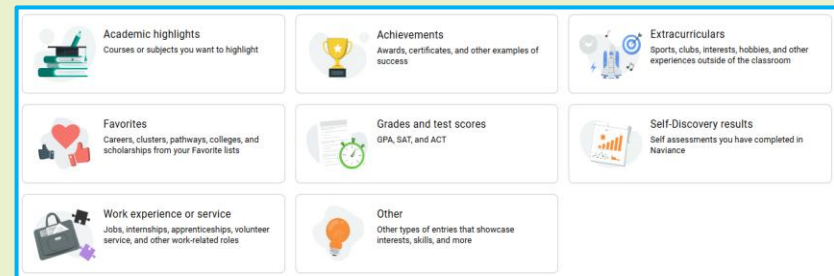


Begin your Portfolio

Start adding in your “ACE” information (*Academics, Community Involvements, Extracurricular's*)




2
3



1. Go to the About Me Tab → “Portfolio” →

2. Select **+ Add entry** & add into each category.

3. Start by adding in the Favorites category to highlight your favorited Career Pathways. 

4. When you open a category, add in your information & hit **Next** to save

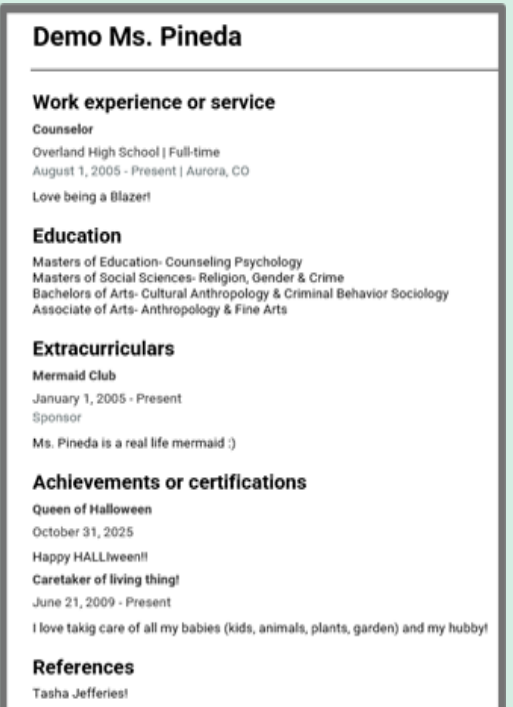
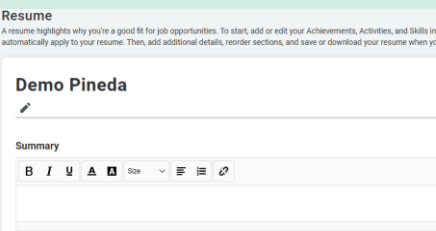
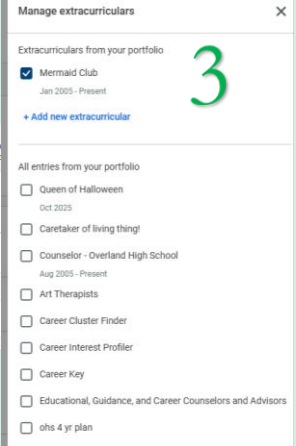
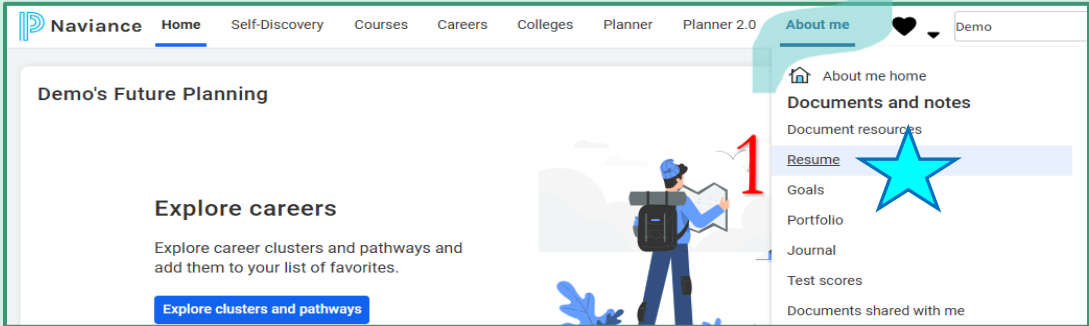
4

A screenshot of the 'Add entry' form. It has three tabs: 'Entry type' (selected), 'Details', and 'Related capabilities'. The 'Entry type' tab is 'Required'. The form includes a text field for 'Other' (required) with the value 'Dance Instructor-Business Owner/Operator', 'Start date' (8/1/2000), 'End date' (7/1/2011), and an 'Ongoing' checkbox. A rich text editor for 'Description' (required) contains the text 'Owner, performer, CEO and lead instructor of Enchant Belly Dance'.

Build Your Resume

Using your Portfolio information, start a working resume ahead of any applications you may be doing (work, internships, scholarships, etc.)

Example:



1. From the About Me tab → “Resume” The Summary section can be filled out to the specific reason for the resume (e. job, college app, etc.) For now, leave it blank

2. scroll down & Select **+ Manage** in EACH category

3. Add in your items from your portfolio You can create more categories under “other”

4. Save and download

What comes next?

After EXPLORATION comes PLANNING. Looking ahead, what options are there after high school, what steps come next, how does Planning fit into Preparation & Culmination?

Begin with the end in mind:

- What are your goals, values and wants?
- What are your interests, abilities, classes you like, your learning style?



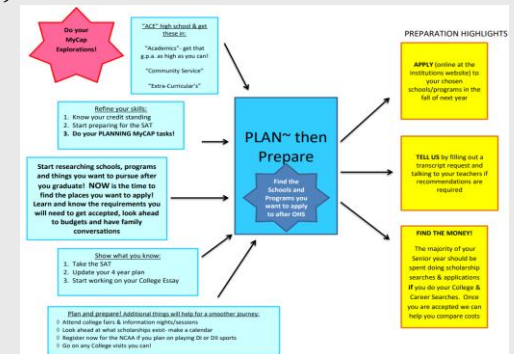
Identify your interests, then:

- **Explore** Careers that fit your results
- **Discover** what requirements those jobs have
- Fit similar classes into your current MyCAP
- **Plan** ahead and find the schools that offer those programs
- Remember what G.P.A and test scores those schools want

Next Step!

WHAT LIES BEYOND HIGH SCHOOL?

- Academic Degrees- College or University?
- Industry Certificates- Vocational or Technical School?
- Service- Military or Missions?
- Travel or Community Service- A “Gap” Year?
- Apprenticeship, Internships, Work?



The World Needs You!



Overland has the BEST kids,
so let yourselves shine!

Remember, how you present yourself is how you are perceived

Always lead with your professional skills

Your appearance (uniforms, appropriateness) Timeliness (coming prepared) Participation (active, follow through) Quality in Performance (punctuation, neat work)

Always be aware of your body language

Attentiveness to others (eye contact, listening, responding) Acting Engaged (siting, head up, facing people) Body Contact (handshakes, hands to self)

Always leave a positive lasting impression

Greetings (Say hi and bye to all) Language (know your audience-politeness) Stand by your Character (this is what people believe about you!)

**Your Thoughts = Your Words = Your Actions =
Your Habits = Your Character = Your Destiny**

Want more?

Personality quizzes are fun- find your unique self, the world needs you!

- <https://test.careeraddict.com/tests/interests>
- <https://www.careeraddict.com/choosing-a-career>
- <https://www.truity.com/>
- <http://www.humanmetrics.com/cgi-win/jtypes2.asp>

